

The Challenge . . .

The Cursillo is an encounter with Christ.

Cursillo pronounced “kur-see-yo” is a movement that promotes the spiritual revitalization of our world. The Cursillo Movement is a movement of the Church. It has the same apostolic purpose as the Church herself. And as Pope Paul VI told us, “the Church exists to evangelize.”

Cursillo awakens a consciousness of power and the mission to become a leader in the work of Christian renewal, with the support of Christian community. Are you ready?

Where did Cursillo Start?

Cursillo de Cristiandad or “short course in Christianity” is the full name for Cursillo. This movement of the laity within the Catholic Church started in Majorca, Spain in the 1940’s.

The founders, who were dedicated in helping Catholics to know Christ better, wanted to give the laity a renewed spirituality and a clearer understanding of how Christ can work through them.

The Cursillo movement came to the United States in 1957 where the first weekend was held in Texas. It was conducted entirely in Spanish.

The Cursillo movement and its method are highly encouraged by the Catholic Church.

Upcoming Washington DC Cursillo Weekends

Women’s Cursillo

September 2020
223rd Women’s Cursillo
Weekend Coordinator: Dr. Sue
Numrich
Liaison:

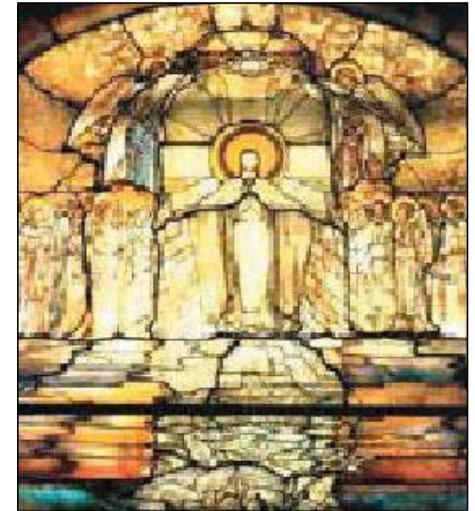
Men’s Cursillo

To Be Determined
224th Men’s Cursillo Weekend
Coordinator:
Liaison:

For more information
www.washdc-cursillo.org

Cursillo

An Encounter with Christ



**Discover the Cursillo
Movement of the
Archdiocese of
Washington DC**

Enhance your Spiritual life.

**Embrace a unique method of
finding, forming, and sustaining
lay leadership in the Church.**

**Energize your Spirituality
Through Cursillo**

Cursillo

**An Encounter with Christ
– Are You Ready?**

Think about it. In today's messed-up, crazy world, can Christianity really penetrate the areas of secular life? Can it live there? Can it grow there? Can it transform the world into an environment worthy of God's grace and love?

The Cursillo Movement thinks so. Cursillo does not preach a new type of spirituality, but teaches a method through which one's spirituality may be developed, lived and shared in every area of human life.

Cursillo will give you the tools you need to live your faith in your daily life experiences and situations. It will nurture a Christian Community – a community who will share in your faith journey. It will enrich and strengthen your relationship with God; and it will teach you a method to persevere on your spiritual journey.

So, what does Cursillo entail? Let's take it apart.

It Begins with a Weekend

Known as the 3-Day Weekend, your experience will begin on a Thursday evening and continues into Sunday. The weekends are not co-ed. This allows you to concentrate on yourself and not be distracted.

There are several talks given during the weekend designed to help you consider what it means to be truly Christian.

The three days are interspersed with music, laughter, prayer, discussion, reflection and silence. Mass is celebrated each day (except Thursday evening).

There is nothing dull about a Cursillo weekend. It is a joyous workshop in the fundamentals of our beautiful Catholic faith where everyone becomes part of a living community. It is an encounter with Jesus Christ.

The 3-Day weekend allows you to experience your Catholic faith more fully. You will discover an enhanced relationship with God.

Discussions and talks, led by a team of Catholic lay people and spiritual advisors will emphasize:

- ***the meaning of grace and the Sacraments***
- ***the need for prayer and ways of living life in union with God***

It Continues by Sharing

Cursillo provides a method to help sustain and nurture you on your spiritual journey. They are Group Reunion, Ultreya, and Spiritual Direction.

Group Reunion: A Group Reunion is a weekly gathering of from 3-6 friends who share their enthusiastic faith in Jesus Christ. Each person shares his/her life experiences in the areas of piety, study and action.

By spending 30 to 60 minutes together each week, these friends lend support to one another to renew and sustain their apostolic commitment and enthusiasm.

Ultreya: This is the gathering of all the groups in one area (usually monthly). This gathering builds a broader-based Christian community and helps the group reunions retain their outward focus. The participants share their lives in Christ and their witnesses often inspire the lives of others.

Spiritual Direction: Ideally, this is individual spiritual guidance between you and a qualified spiritual director.

How to Participate

To participate, you must have a sponsor who is active in Cursillo, and using the Cursillo method. The sponsor will prepare you for the weekend, and answer any questions.

Your sponsor should also help you find a Group Reunion (where you live or work) and introduces you to the Ultreya in your area.

For More Information Contact

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Washington Cursillo Movement