



September-October 2009

Fourth Day News

Washington Cursillo Movement

Informing, Enlightening, and Building Community

Why Cursillo?

There are many religious orders in the Catholic Church. There are the Franciscans, Dominicans, Carmelites, Benedictines, Augustinians, Salesians and Jesuits, to name a few. Each of their spiritualities came about as a result of either special grace and insights gifted by God to the founders, or as the result of a special calling from God.

All of the great spiritualities under the umbrella of our One, Holy and Apostolic Church share one central thing in common: they are not to be lived out by individuals alone, but to be shared between fellow travelers in life.

The grace at the core of the different orders of our church is found in the sharing of each individual spirituality's insights and grace with others. The key for these orders and the key for us are found in the sharing, and in the accountability that living a life of faith with others gives us.

And who are our fellow travelers in life, but friends? This is why "Make a friend, be a friend, and bring a friend to Christ" is such an important slogan in our Movement. All of us making our way on the road to the New Heavenly Jerusalem must share our faith in order to live our faith. For faith unshared is a lost opportunity for salvation.

A very interesting thing about the saints is that they often lived out their faith surrounded by a core group of friends in Christ. St. Francis of Assisi had St. Clare, Brother Leo, Brother Juniper, Giles, Brother Ruffino, and Brother John the Simple. These saintly souls gathered around St. Francis as the Franciscan spirit caught fire in their hearts, and as the Franciscans and the Poor Clares orders were founded.

St. Ignatius of Loyola had as his companions St. Francis Xavier; St. Peter Faber, a Genevan Savoyard; James Laynez; Alonso Salmerón, and Nicolás Bobadilla, Spaniards; and Simón Rodríguez, a Portuguese.

St. Teresa of Avila had as companions St. John of God, St. John of Avila, and St. John of the Cross, to name a few. In each case, where you find one saint, you find others living out their faith in "small groups" – living out their faith in the larger context of their orders, like "Ultreys" and being guided by spiritual directors who encouraged them along their journeys. What else is this, but Cursillo!

So when I am asked, "Why Cursillo?" my answer is very clear to me.... "It is the method of the saints!" Make a friend, be a friend and "Live" a friend to Christ!"

De Colores!

Jim Caldwell, Men's 160th, Table of L.I.F.E. (Living in Faithful Expectancy)

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Secretariat Corner

The Splendor of Being Christ, and the Joy of Communicating It

"They were all gathered in one place" (Acts 2:1)

Our Interior Tripod: Piety (Heart), Study (Intelligence) and Action (Will)

My heart radiates with joy from attending the 19th Cursillo National Encounter and the IV World Ultreya in Anaheim, California. I was graced to accompany two Secretariat members, Ann Batiste and Joyce Davis. As I joined 650 cursillistas at the National Encounter and 4,000 cursillistas at the World Ultreya, I experienced many grace-filled encounters of self, Christ, and others. I was blessed to witness how the tiny seed planted in Spain 50 years ago bloomed into a beautiful tree laden with fruits of the Holy Spirit.

The theme was *"The Conversion of Saint Paul"*. We reflected on the life of St. Paul, as our Patron Saint, and how his piety, study, and action are inspirations to follow. *Like us*, God chose St. Paul and endowed him with gifts, befriended him, and through the Holy Spirit called him into ministry (Prescursillo). *Like us*, St. Paul experienced a personal encounter with self, Christ, and the Church (Cursillo). And, *like us*, he became Christ's apostle and shared his life of piety, study and action in community with others (Postcursillo).

St. Paul had a zeal for the glory of God before and after his conversion (Piety). He studied and, after his conversion on the road to Damascus, spent three years in reflection of his faith (Study). His letters showcase his work as a tireless evangelizer (Action). As we convened in friendship groups, we reflected on St. Paul and how he lived what is fundamental for being a Christian: *piety*, our love for God and His love for us; *study*, applying ourselves to discover this love; and, *action*, sharing God's love with all we meet.

May we continue to walk in the footsteps of St. Paul and produce much fruit for the Kingdom of God. May we remember to *make a friend, be a friend and bring that friend* to Christ as sponsors

...Christ is counting on us! God bless, and Ultreya! Jackie DeMesme-Gray, Lay Director

Focus Article

Cursillo School of Leaders

"How shall I make a return to the Lord for all the good He has done for me?"

Psalm 116:12

Our Relax and Reflect with Jesus Retreat was held on July 24-26, 2009 at the Mattaponi Retreat Center, and was led by Father David Knight. This year's theme was "Immersed in Christ: Buoyed Up by the Five Promises of Baptism." Fifty-four Cursillistas attended, including seven babe chicks.

Since January, a chapter from Father Knight's book Reaching Jesus: 5 Steps to a Fuller Life has been discussed at our monthly School of Leaders meetings, in preparation for this retreat. Throughout our enlightened time together, Father Knight, in his uniquely spirited manner, elaborated on the tools we need to incorporate those steps as part of our daily, living paths to embracing Christ in his presentations of "Being Christ," "Being a Disciple," "Being a Prophet," "Being a Priest" and "Being a Steward of Christ's Kingship."

In the process, we shared our favorite bible verses, completed a rosary walk, and unwound through a meditation in movement. Quiet time was spent reflecting, walking, swimming, reading and sharing. We got to know each other better as we laughed, cried, sang, and, of course, ate, snacked, chewed and chatted. We enjoyed a rousing songfest complete with requests. There was time to receive pardon for our sins, pour our burdens into the surrender basket, and watch them go up in smoke after Sunday Mass. Our Grand Ultreya was graced with the witnesses of a Babe Chick and a Seasoned Cursillista. Finally, we were sent forth with special memories for each other, with the revelation of our prayer partners.

Our Retreat was a success due to the collective spirit of what Cursillo is really all about, which was felt from beginning to end. My gratitude is extended to all – too many to call by name – so, my litany of praise and thanksgiving is for our sisters and brothers in the Cursillo community of Washington who attended, wanted to come but could not, offered palanca, ran errands, copied the handouts, stuffed

the folders, got everybody registered, completed the name badges for lanyards, extended encouraging words, set up our spiritual environments, survived the bunk beds (upper and lower), the roving angels who hovered over the snack tables, kept the music going, put up the tables and chairs, carried luggage, assisted with the distribution of the "Cup of Your Life" and the prayer partners, sang in the choir and assisted at Mass, contributed to our appreciation/ birthday card for Bob, and those final helping hands who completed the final clean-up.

My closest moment came with the realization that seeing and feeling the Christ in each of you was His blessing to me.

DeColores!

Phyllis Winston
Co-chair, Cursillo School of Leaders

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The School of Leaders is beginning the process of identifying alternative locations for next year's Relax and Reflect Retreat. Please forward your suggestions to Joyce Davis at jmdavjan98@aol.com, or to Phyllis Winston at (202) 723-6756.

What Will Be My Legacy?

To my Brothers and Sisters in Christ

This is the first time I have felt inspired enough to witness to you via this media, but I hope it is not the last. One of the things I have come to realize in recent years is that God has willed that I, through my voice must touch others. As He has touched me so it is in answer to His call that I share this witness with each of you.

Last week I had intended to just stop in and view the body of Sandra Coles-Bell's beautiful daughter, Corrine Marie, pay respects to the family, and leave (as I was taking time away from work that morning). I arrived at the church very early. I went into the church before the casket was bought in. There could have been no more than five or six people inside at the time. Just the morning before, Father Kelly of St Martin's Church in DC, where I am a parish member, spoke of taking the time to tune out everything and tune into God. Give God some of that quiet time that is so often consumed by television, ipods, cell phones and computers; so I decided this was the most opportune time to do just that. I started to reflect on where I was in my life and what I can do to be what God wants me to be. Of course, in considering where I had to go, I had to reach

back and recall where I had been. That is what I did, replay my life as you would a film, but this time allowing God to be the editor and the projection man. What he wanted me to see was a more recent history, going back no more than the last decade or so.

Being there in Nativity Church may have been an impetus for some of my recollections, as I had attended Sunday services there during the early half of this past decade. I went there for just over six years at the encouragement of one of my closest friends in Washington at the time. It was Lafayette, who helped me find my way back into the church after I had taken a leave of absence from the church. Oh, I still had my belief in Christ and much of my early teachings in the Catholic Church, I had just felt I needed to take time away from the Church. I did so for nearly twenty years. I was now returning to Nativity after nearly four years of being a member of St Martin's.

Being back here was rather bittersweet for more reasons than just attending a funeral today. The last time I was at this church I was sitting on that "mourner's pew" to eulogize my friend Lafayette. It was after his death I came closer to Christ and as with everything, I believe God brings those people in your life when he feels you need them; and when their work is done he has them move on – and that is what he did with Lafayette. I began to attend church at St Martin's because it was a mere 10 minute walk from my home rather than the 2 buses it took to get across town to Nativity. It was at St Martins that I moved closer to the church both literally and figuratively.

First, I was inspired by Father Kelly and the warm and hospitable welcome I received from the St. Martins' Church family. Shortly after joining the parish, something I never did in the six years I attended Nativity, God brought Deacon Bobby White into the parish, and he introduced me to the Cursillo Movement, which I had never been aware of previously. He sponsored me for my weekend; the Men's 194th and in doing so he introduced me to many of you. Now I not only had a church family but I had a Cursillo family. You must understand I have lived at a considerable distance from my family for my entire adult life, and all that remains of my immediate family are two siblings. So I was now not only becoming fully engulfed in the Holy Spirit, but I now had a family there to welcome me.

I had now decided I wanted to stay for the funeral. It would give me a chance to hear Marvin and the choir sing, whom I had missed since I left Nativity. I

would also have the opportunity to hear Father Steve say Mass. I learned that this might be his last time there since he had been transferred out of the city and was there to say this Mass to honor Sandra and to remember Corinne. I always found Father Steve's homilies inspiring, but this one especially touched me. First he spoke of the young age at which God saw to take Corinne home. It made me think of the number of funerals I had attended this past year. This was the sixth in as many months. Yet this was different from all of the others; this was for a young woman who had only a short twenty years to experience her life, rather than the sixty to seventy something years most of the others had lived. Then Father Steve spoke of the legacy this young woman was leaving and the number of people she had touched. It made me think – what would be the legacy I would leave to others, how many lives had I touched in my 54 years?

Just as Deacon Bobby had touched me and brought me closer to Christ – can I say I have done the same for others? Just as Lafayette had left a living legacy in me, and had touched me and brought me closer to my church – will I be able to leave this earth when my time comes with those sitting at my funeral able to say that I have touched them and brought them closer to their church and Christ? What would be the legacy I leave them?

This morning as I rode the bus to work, one song kept playing in my head “Thank You Lord, thank You Lord, I just want to thank You Lord.” Thank You for all those who have reached out and touched me and brought me closer to You. In honoring them, I ask that you allow me the opportunity to reach out to others. I ask You to continue to bless me with the spirit, so that I may share that spirit with others. I ask You to keep bringing me closer to You, so that I might bring others to You, as well. I ask that you continue to allow me to be Your faithful and willing servant. Amen.

De Colores!

James Brightful, NE/SE Ultreya

My “Shack” Moment

I started my 4th day a year ago, February 2008 at the women's 195th weekend. This summer I had the great privilege of attending my first Relax and Reflect weekend, and I tell you, it was an experience I won't forget! It was everything it promised and more; I felt like I was making my weekend all over

again and, yet again, I did not want to leave when it was over. Father David Knight dropped “pearls of wisdom” on us throughout the weekend, and left us with not only a new way to look at baptism and its true meaning, but also inspired and encouraged us to really take a deeper look at our personal relationship with Christ and how we reflect and share that relationship with our fellow brothers and sisters.

On the way home with my daughter Sheronne, I started thinking about what took place during this weekend and why it was so special; and then it came to me: I was saying to her how nice it would be if we could make our “weekend” every weekend. We could deal with the “real world” five days a week and then return to the retreat to relax and reflect and experience what Cursillo is truly all about. Then it hit me... “I've been to the **Shack**”...The retreat was my weekend spent at the “**Shack**”!!!

Every time we all meet for Cursillo, no matter the event, it truly becomes a powerful, emotionally charged, spiritual time spent with my fellow Cursillistas. This time was no different. I was so filled by this weekend that I left dehydrated (who cries when they sing “Happy Birthday”? – and we had the privilege of celebrating two birthdays this weekend, so yes, I cried both times!!) Towards the end of the retreat during Ultreya, we had two powerful witnesses (more crying took place), one from a “Babe Chick” (Denise Arrington) and another from a “Seasoned” Cursillista (George Sullivan). Well, that started us on our way to what ended up being a most blessed event to end a retreat with. Prayer is a powerful action of God's love for us and our love for Him, and as we prayed with and for each other, we experienced all kinds of emotions. There were lots of tears, tears of joy, elation, pain, grief, sorrow and more, and with it came support, love, encouragement, compassion and understanding.

As I was thinking about all of this, it dawned on me that “Sarayu” (those who have already read “**The Shack**” know who she is) would have been elated to collect the tears in this room!! (This took me back for a moment to Saturday; during the period of “relaxation”, when I went outside and sat on the bench where the statue of St. Anthony of Padua was. Just as I was sitting and looking up at the sky, a gentle breeze came by. It felt like a gentle hug from God - my first encounter with “Sarayu”).

Without giving away the story, the special moment of sharing in the pain of Ms. Coles-Bell for the great loss of her beloved daughter, and the outpouring of love given to her as she released and united with God in that room, is indescribable. Our individual relationship with her and she with each individual in that room created in that instance "One Body in Christ"... Isn't that what Cursillo is all about? Each individual relationship touching upon another and another and another bringing about the one body in Christ, and as you may remember, in "**The Shack**", bringing about the many colors of the rainbow.

If you have not read "**The Shack**" by William P. Young, I encourage you to read it: not only will you see things in a different light, but perhaps you will see "Cursillo" in a new light, as well. God bless you !

DeColores!

Denise Wilson – STA Ultreya

Thanks Be To God!

There was so much about the R & R Weekend to thank God for -- Fr. David Knight's touching and motivating presentations, the inspiring witness of the Cursillistas there (every single one!), the planning with enough time for reflection and relaxation.

Fr. Knight's "simple suggestions" were very helpful to me, and I wanted to implement them right away.... so the very first morning at home, when I made my bed, I put my Bible on top of my pillow to remind me to read one line before bedtime. That night I picked up the Bible and opened it randomly. Here is the "one line" I read:

"We must always give thanks to God for you, brothers and sisters, as is right, because your faith is growing abundantly, and the love of every one of you for one another is increasing."

That sentence so reflected what I experienced on the weekend... our love for God growing, and our love for each other

increasing! Thanks be to God for His goodness to us!!

Ginny Novak, Laurel Ultreya

ULTREYA LEADERS CORNER

GIVING A WITNESS TALK

You have been asked to give a witness at an Ultreya. You have accepted, perhaps willingly, or perhaps with hesitation. So what does this mean?

By accepting, you have agreed to share your life in God's friendship. Do not feel that you are "unworthy" or that you "have nothing important to say." Instead, be assured that God is the one calling, and He will not leave you alone. All of us are working to live the Fourth Day; and we all have failures and successes. As we live our lives striving to be good Christians, there are moments and experiences that can be shared. This is what a witness talk should be about.

A witness is not an instruction or an intellectual exercise, but a personal sharing of one's growing union with Christ. Your personal testimony of how Christ is working in you will help others in Ultreya deepen their commitments to Christ. This is the purpose of a witness talk, to give encouragement to all.

Here are some guidelines to follow in preparing your witness:

1. Your witness should be a living, personal experience, something that has happened as a result of your growth in Christ. Keep Christ in the picture.
2. Keep your witness concrete, practical and current, and about how you are living your Fourth Day. Do not be afraid to mention failures. We all have failures.
3. Keep your witness simple by concentrating on one or two points. Be descriptive enough to make your witness clear, but don't dwell on detail. Avoid biographical

history unless you are using it to make a point. Avoid “since I made my Cursillo...” statements. You are not reminiscing but presenting a “current” example of your personal journey.

4. **Keep the time to no more than 10 minutes!**
5. Speak informally, as to a friend (you are among friends). The witness is not a lecture or a formal address; it is a sharing of your life so that others may be encouraged by what you say.
6. Include Scripture, especially if it is appropriate to your witness.
7. Let the Holy Spirit work through you, and remember that, your witness **will** encourage others.

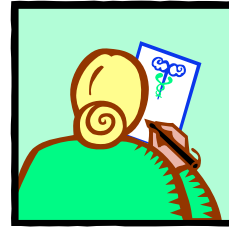
What the witness should NOT be:

- a “Cursillo-oriented” sharing (“ever since I made my Cursillo, I’ve...”);
- an emotional high (should not be all feelings);
- an extraordinary event, people can relate better to God in the ordinary circumstances of life;
- irrelevant to life, keep it down to earth;
- a propaganda message for a favorite cause or organization;
- an outpouring of troubles that ends in a call for help.

What the witness SHOULD be:

- sincere, personal, concrete and practical, a part of your normal life;
- centered on Christ and Christ’s working in your life;
- centered on the present, not something that happened long ago;
- informal, as if you are talking to a friend (you are talking to friends);
- short, no more than 5 to 10 minutes, simple, and enthusiastic.
- Prayerful – pray before, during, and after!

And, last but not least, don’t forget to begin with a simple prayer. **Ultreya!!!**



199th WOMEN'S CURSILLO

October 8-11, 2009

***Fill Us With Your Love, O Lord,
And We Will Sing For Joy!***

One of the guiding lights of my spiritual walk has been the little phrase "Life is what happens when you've planned something else." I thought all I was doing this summer was celebrating our 26th Wedding Anniversary and getting 19 family members from all over the country to Yellowstone for a week of celebrations - significant birthdays, college entries, Coast Guard enlistment, graduations, etc.

As I found out, God also had a plan that I would be coordinating the Fall Cursillo Weekend. Upon recovery from the shock of that realization, I began to pray - hard. Team Formation became a game of holy connect-the-dots. I just had to listen in new ways as it evolved. There was never a doubt that I wanted Ann Batiste (Ideal) to help me coordinate this adventure and, thankfully, she wanted that too. It has been a joy ride for us already.

I also found that God was calling folks, who had been serving him in other capacities, back into active duty in Cursillo, namely Linda Pohland as Musician, Wilma Koles as Head Angel and Fr. Paul Hill as Spiritual Director. To these Core members, He added Brother Richard McCann, our other Spiritual Director. Seeing them together, you would think they had known one another for years. Fr. Paul will present Prodigal Son (or Daughter), Sacraments and Obstacles. Brother Richard will present Know Yourself, Actual Grace, Habitual Grace and Life In Grace.

Wilma's Assistant Angels are Rosemary Reeves (Christ's Message To The Cursillista) and Sheronne "Happy Feet" Wilson (3 Glances Of Christ). These Table Leaders are also

newcomers - Rita Leclerc (Laity); Marnea Shamblin (Study); & Theresa Thomas (Leaders). Their seasoned companions on the journey are Annemarie Abresch (Figure Of Christ); Pat Wells (Action); Ernestine Wilford (Study Of The Environment); and the mother/daughter team of Lethia Kelly (Piety) and Kelli Baxter (Christian Community In Action).

And running to keep up – your dot-connecting Coordinator, Dorie Ranaghan (Total Security and The Cursillista Beyond The Cursillo).

Rather than have KKs, the Table Leaders are Prayer Partners and the Core Team is paired, as well. So... by Weekend time we will know one another very well.

We are from as far north as Damascus and as far south as Lusby and lots of places in between. We are grateful for the guidance of the Cursillo Committee and our liaison, John Brannigan.

Our theme is the Psalm response from Mass on Sunday, October 11th - "Fill Us With Your Love, O Lord, And We Will Sing For Joy!" He has and we are.

Dorie Ranaghan, Coordinator

196th MEN'S CURSILLO **November 5-8, 2009**

Traveling Disciples for Jesus

Editor's Note: It has truly been a long road for the men of the 196th Cursillo. Scheduled for last November, the men of the 196th have continued traveling as disciples for Jesus for an additional year. Finally, their efforts will come to fruition this November. Below is the slightly revised article about this wonderful team.

Saint Paul is fittingly the Patron Saint of Cursillo. As we all know, he traveled extensively evangelizing for Jesus.

As the 196th Men's weekend (originally scheduled for 6-9 November 2008), we hope to follow Paul's example as "Traveling Disciples" for Jesus. We have quite a band of Traveling Disciples. We have come together to share the Cursillo message from Laurel, Forestville, and Hyattsville, MD; Southeast and Northwest DC; and even Virginia.

We have two experienced Shepherds – Head Shepherd, Richard Urban and his assistant Paul Washington (also giving the Study talk). We have very dedicated table leaders. As table leaders, Vince Jordan (Ideal), first timer John Oliver (Layperson in the Church), and Joe Bowser (Piety) will lead and inspire us through their presentation of the Friday talks. On Saturday, table leaders Mike Downy and Maurice Anichebe will give the Action and Leaders talks. And finally on Sunday, table leader and first timer Brian Johnson will present the Study of the Environment talk.

We are blessed on our journey to have the very experienced Fr. Joe McCloskey as our Head Spiritual Director and the ever-gentle Deacon Bill Hawkins. They will give the meditations and Spiritual Director talks. The seasoned and talented John Hasson will lead us in song and handle the music on the weekend.

Mike Lillis is my assistant who is very dependable and never let's me forget anything. Mike will be giving the Christianity in Action talk on Sunday. Yours truly will be giving the Cursillista Beyond the Cursillo and Total Security talks on Sunday.

As you can see, we are blessed with a strong team who are ready and willing to be Traveling Disciples for Christ. Peace and De Colores!

Rich Gould, Coordinator

De Colores



Pat Schmidt
301-490-3624
Jean Hannigan
301-776-7496

LIST OF ULTREYAS

Assumption 12:30 pm, 2nd Sunday Assumption Church	TBD
Bowie-Lanham 8:00pm, 2nd Friday St. Edward's, Bowie	Al Dwyer 301-341-5076
Calvert County 7:30pm, 2nd Monday St. John Vianney Church Basement	Cassie & Joe Garcia 410-586-1944 Trudy & Joe Mihalcik 410-586-1674
Central PG County 7:30 – 3 rd Friday St. Joseph's, Largo	Bill Bell 301-437-1920 Theresa Bowser 301-390-1310
East of the River 7:30pm, 4th Friday OLPH 1st Portable Bldg	Jennifer Tilghman 301-982-0641 Pearl Baylor 301-894-8405 Rita Robinson 301-297-7769 Jocelyn Dugue 301-982-0641
Forestville 7:00pm, 2nd Sunday St. John's Church Hall Clinton, MD	John Geron 301-449-6654
Laurel 7:30pm, 3rd Friday St. Nicholas Church	Marion Gould 301-725-1568 Brinda Albert 301-490-9786

Montgomery County
7:30pm, 1st Saturday
1733 Metzert Road
Adelphi MD

Sue Numrich
301-946-0312

NE/SE
7:30pm, 1st Friday
St. Anthony's Chapel

Phyllis Winston
202-723-6756
Joseph Bowser
202-635-3733
Bernadette White

Our Lady
Queen of Peace
After 10:30 am Mass,
3rd Sunday
Room 1 Our Lady
Queen of Peace

Liz Blake
301-853-3029

St. Teresa of Avila
7:30pm, 2nd Monday
St. Teresa's Church
Undercroft

Kelly & Lamont Baxter
301-780 8815
Lethia Kelly
301-464-9438



Ultraya Weekend Repsonsibilities

<u>Ultraya</u>	<u>October Wknd</u>	<u>November Wknd</u>
Assumption	Desserts	Finger Foods
Bowie	Sandwiches	Desserts
Calvert County	Finger Foods	Sandwiches
Central PG	Sandwiches	Finger Foods
East of the River	Desserts	Sandwiches
Forestville	Finger Foods	Drinks
Laurel	Sandwiches	Desserts
Montgomery Cnty	Desserts	Helper Ultraya
NE/SE	Helper Ultraya	Finger Foods
Queen of Peace	Drinks	Desserts



EDITOR'S CORNER

Calling All Articles!!

Are you a writer?
Do you have thoughts, poems, prayers, or reflections to share? The Washington Cursillo Community wants to hear from you!!

Submit articles **at any time** to mjbfuzz@verizon.net AND annbatiste@hotmail.com

Nov-Dec Issue submissions are due **by 10 October 2009**.

Special thanks to Burma Hill and Linda Roberson, Assistant Editors

Our New Website!!

Our New and Improved Website is up, but still under construction!

Special thanks to Darah Means (formatter and designer) and Tom Arnold (web manager).
The new website is –

<http://www.washdc-cursillo.org/>

Check It Out!!!!

CURSILLO ANNUAL PICNIC

September 20, 2009

Hosted by Calvert Ultreya

St. John Vianney Catholic Church
105 Vianney Lane
Prince Frederick, MD 20678

2:30 pm **Cursillo Mass**
(All musicians encouraged to play!)

Immediately following Mass:
Installation of New Ultreya Leaders
Recommitment of all Ultreya Leaders

3:30 pm **Picnic and Great Eating!**
(Holy Sustenance as always at a Cursillo event!)
Sainly & just plain fun fellowship

Food - *Bring the meat or main dish you want to eat and also a dish to share. (NOTE: Grills will be available, so bring something to grill, if you desire.)*

Provided - *Cups and paper product; Water, iced tea and some sodas. Other drinks are encouraged.*

The more that come, the greater our fellowship!
See you there!

Directions

Take **Route 4 South** (Pennsylvania Avenue)
Stay on Rt. 4, past Upper Marlboro, past Dunkirk and into Prince Frederick

*****Wake up to signs when you get to Dares Beach Road, Route 402 in Prince Frederick, by the Safeway and Calvert Middle School!

In Prince Frederick, **Turn left** onto **Church Street (Route 231)** (Ford Dealership on right)

Go to **first stop sign**; **turn Right** onto **Main Street**

Go approximately **2 blocks**, **church on left**.

Picnic pavilion is past church and behind the parish