

Fourth Day News

Washington Cursillo Movement

Informing, Enlightening, and Building Community

Secretariat Corner



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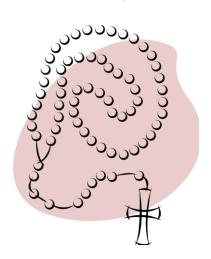
A CURSILLISTAS REFLECTION ON THE GIFT OF LENT

Springing into New Life: Praying Lent for God's Grace

For it is by grace you have been saved, through faith; and this is not from ourselves, it is a gift of God...-Ephesians 2:8

I embrace the gift of a new season of Lent. I welcome the chance to prayerfully examine my relationship with God and to make adjustments to keep it fresh and growing. I welcome the chance to prayerfully reflect upon my commitment made during my Cursillo weekend; that is, to lead a life of piety, study and action and be worthy of my calling. Lent provides me an opportunity to renew this commitment each year.

Lent gives you the same opportunity. Lent is not necessarily about doing more things, but rather about bringing more love to the things we do. Please join me in renewing our Cursillo commitments to Brother Jesus. This is an exciting time for our Movement with two Cursillo weekends on the horizon: one men's and one women's. We need faithful followers, committed to prayer and service, and to bringing God a new harvest of souls.



We are called to "bloom where we are planted" - bringing Christ's love to those people and places that are a part of our everyday lives. As you go through Lent. Holy Week, and Easter look at the people worshipping with you. Is there anyone who would benefit from attending a Cursillo? Is there someone in your parish, job etc., who want to know Brother Jesus better? Are there parishioners who come, but never seem to feel the love and the grace? Are there people who want to do more, but they can't seem to take the next step toward leadership? All of these folks are possible candidates for Cursillo.

During this Lenten season, let us remember that we are called to make a friend, be a friend and bring that friend to Christ. Let us use this time to pray and discern God's will in our lives. May God bless our community as we travel this Lenten journey and rise again to resurrection life in the 4th Day.

Ultreya, Jackie DeMesme-Gray Lay Director

Grace and Gifts

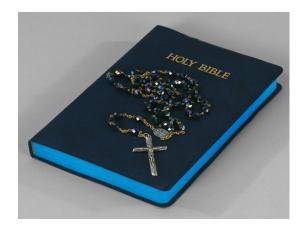
During the Lenten Season

My Mother use to have me come by on Ash Wednesday when she couldn't make it to mass and she would take my head in her hands and rub our foreheads together and transfer ashes from, my head to hers. This exchange always caused me to remember the word's Paul wrote in 2 Cor. 5:21, "God made him who had no sin to be sin for us, so that in him we might become the righteousness of God". My Mother always encouraged me to do better than my best, to be what God has called me to be.

The Church gives us in the season of Lent, the time and the opportunity to work towards that goal. Before I would leave my Mother would ask the question, "what are you doing for Lent?", and in anticipation of the question, I would spend my Ash Wednesday thinking about the answer to the question. I share with you some options and suggestions for Lent in case your Mom is like my Mom.

De Colores, Deacon Bobby White, Spiritual Advisor





To do list for Lent

- Fast one day a week.
- Start a prayer "rhythm." Say a prayer every time you brush your teeth or check you're Facebook (the last one may have some of us praying a lot!).
- Read a chapter in the Bible a day (The Gospel of Mark is a good book to start with).
- Give up Pepsi or sweets. Give the money you save to a charity.
- Spend ten minutes a day in silence and begin every morning with prayer.
- Journal every day.
- *Give up Facebook, twitter and/or TV.*
- Say one nice thing to someone each day and/or write an encouraging note to someone.
- Pray for others on your way to work or school. Take prayer walks once a day in God's creation.
- Commit to volunteering at the church or another service ministry.



My Fourth Day

This retreat was an experience for me... from being a co-sponsor for my Sister Sylvia "Candy" Taylor, to live the weekend all over again through her, to the Ultreya that followed. It was such a revelation the entire trip... Like a journey that never ends... (Ain't that good news!).

I am sure like so many others we wish we can do it just one more time... but I have accepted the fact that in order to experience again, I must join a team...shortly before the weekend. I found out that I was a co-sponsor and realized during the sponsorship it was a wonderful encounter with Jesus as well. You know that when you see the candidate on Opening Night and you get that last glance at her/him you are like a mother of whom you just sent your child to experience something that without a doubt is going to change their life. And then for me I was into "now I need to do my part" to do all that was done for me through palancas for my sister and all the other sisters. I for some reason did it but I didn't meet Him as I thought.... God just showed up and blessed me, cleaned me and loved on me.

Then on the following meeting at St. Theresa's Ultreya, lead by Charles and Erin Wiley, I saw the light! I sat there and observed people bringing a friend and I thought, wow, for some reason it never dawned on me to bring a friend to the meeting, but I can say this time it was about me, I was in a dark place and the meeting was all about me and I needed to be there, I was just holding on. Oh but Christ, of who provides my needs... looked down and grabbed me and said "that's enough my child, come to me"... I could not see His face yesterday.

Someone said "You know when I come to this Ultreya, when I enter this room I can't explain it but its love, it feels like love, it's love... And right as she said it God's love just came into me and just lifted me... I was able to cry and let it out and I knew God understood... as the song went Sunday, "Help me through the darkness thy Face to See, Lead me oh Lord lead me"...

As scripture was read last night and it was the reading for the day... I think it was James 1, I knew without a doubt if I had read the reading for the day - before I started my day - then I would have been prepared. I am lead this 4th day and I am walking with Jesus... I spent some time with Him before I came out and now being filled with the word... being in the Word, has made a big difference in my life today.

To face the day... I am grateful for the graces bestowed on me to keep me yet another day... but this time... I know and I am...

De Colores

Sheila Williams, 199th Women's Cursillo Church of the Incarnation



God Is Counting On Us

Recently I had an obligation to fulfill but experienced lots of inner turmoil, things were going on within me that were blinding me spiritually and I truly did not believe that I could fulfill this obligation. I made tons of excuses, poor self image, I had 'me' all in the mix not realizing that this obligation was not about 'me' but about being obedient to God's will.

During my mind battles, Grace allowed me to remember hearing on my weekend that there is a Grace bank, and that Grace is like the ocean and can and would never run dry. Grace is always available to us and it is free, we only need to withdraw. The deposit has already been made and the debt has been paid in full. Wow!!

As time grew closer to saying yes I turned to prayer. God's grace invited me to look deep within. Once that process began, I recognized humility, true confession and total surrender. I had to accept that God's plan was already set and He was not going to change His plan because I was making 'this' about me and about who I was (or think I was), side-stepping that this obligation was about 'Him'. As Grace allowed me to spill myself, clean myself, free myself, I began to understand and was fully able to accept that I had to use a particular gift which was given through His Grace. Through His amazing Grace once again, my eyes were opened, my spirit was freed, and my tongue became loose where I could praise, glorify, magnify and thank Him for who He is in my life. Like the waves in the ocean, Grace continues to meet me where I am and wash me over and over.

De Colores

Jennifer Ferguson 199th Women's Cursillo St. Margaret of Scotland



MY WITNESS ON "THE STUDY OF THE CHARISM "

Dear Lord, let us give a prayer of praise and thanksgiving for the many gifts of grace and charisms you shower down upon us each day. We thank you for we know that you offer them lovingly and generously. The one condition is that we must share them with others so that we may grow a plentiful harvest in your name; it is with grateful hearts that we remain the loving and faithful recipients of your gift of grace to be seeded to others so that your garden will grow rich and bountiful. In Your name we say Amen.

ROM 12:6-8 Since we have gifts that differ according to the grace given to us, each of us is to exercise them accordingly: if prophecy, according to the proportion of his faith; if service, in his serving; or he who teaches, in his teaching; or he who exhorts, in his exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness

Chapter IV of this book states the following "It was indicated that a charism is a gift God gives to those He wants to but not for the one who receives it, but rather so that from Him the whole community and the Church benefit."

Reading this statement took me back to the closing of the Men's 194th Weekend in November of 2007. As I stood there answering the questions, "what was your closest moment this weekend and what do you plan to do with it?". I recall the exact words I used at that time... "This weekend is a gift and I have always believed that no gift is of any value unless it is shared with others. That is what I plan to do with it".

Just over 4 years later I can truly stand here today and say I have done just that. There were so many gifts of grace offered to me that weekend that I left there with arms full, heart full, spirit full, it was as if I had celebrated Christmas, my birthday and every other occasion that calls for receiving a gift. I left there lifted and full of the Holy Spirit and that is the Charism I read about, as I read this book.

So much of what happened that weekend touched me in a way that I had never been touched before, but no matter how personal the experience, I knew that this was something that must be shared with others. This was not something, which was to be kept locked away for safe- keeping. What I had received had to be passed to others; I was to pass it forward as it had been passed to me. While I could not be sure others would be touched as I was touched, I knew that I must take what I had been given and share it with others.

Up until that weekend I felt that religion and my faith was something that was just between God and me. Oh I grew up a cradle Catholic and was quite involved in the Catholic Church, but as I grew into my adulthood I began to feel less need to share my religion or faith with others. I was at the point where I did not even feel the need to join others in the communal celebration of the Mass. With few exceptions I stopped attending church on Sundays for nearly two decades. I felt I could talk to God and obey those commandments which I felt applied to me and that fulfilled my obligation. No I had no reason to think of the larger Church as a whole or even one other person actually. It was just all about me! I even recall listening to one of the Rollos talking about being an evangelist and thinking I don't need to wear my religion on my sleeve for others to see. If I wanted to be a missionary. I would have joined the priesthood.

That is until someone shared his Gift of Cursillo with me. What a gift it was, words cannot begin to describe what had suddenly been given to me. Of all the gifts given me the most important was the sudden realization that if I was to truly find joy in my religion and faith, then I couldn't keep it to myself any longer. Just as Christ walked up to those fishermen and called them to follow Him, I had been called too, I was to follow him, I had been appointed to be one of the "fisher's of men". I was to go forth and be like the "planter", I was to go forth and sow the seed of Christ's Gospel. Jn. 15:16 You did not choose me, but I chose you and appointed you to go and bear fruit-- that will last. Then the Father will give you whatever you ask in my name.

Reading this book makes me realize the significance of my appointment.

That I now have a responsibility to take the Charisms that God has gifted me and to use them to bring others to His promise. I was to be His tool, His words were to fall from my lips, and my actions are to be a compass to others. Yes reading this book has reminded me of the commitment I made standing before everyone at the close of my weekend. This book has reminded me laity, leadership, my environment, and evangelism are words that are now a part of my vocabulary. These words are words, which must be lived, they must be practiced, and they must become the template of my being.

JOH 15:11 I have told you this so that my joy may be in you and that your joy may be complete.

De Colores, James Brightful Men's 194th, NE/SE

And Now My Life Song Sings

"The whole assembly cried aloud, blessing God who saves those that hope in him." Daniel 13: 60

Sometimes in life we find that we lock ourselves away from life and live in our own self-pity. Community helps to break us out of this shell of ours. Community is something that is vital to the Christian Life. All people have been called to live together since the days Christ walked this earth. We are meant for each other, an assembly, a community of faith, a family of prayer. Through one another God saves us because we all hope in him. And now my life song sings.

Stefan Abresch Laurel Ultreya

In spite of a failing Pancreas, pain and suffering, Stephan finds the strength and love to give us his daily reflections in the grace that Christ gives him and through his generous gifts to our community. These reflections make my heart full of joy each day. De Colores my brother. (LARSK)



Message to the Fourth Day Community on the Charism of Sponsorship

Now there are varieties of gifts, but the same Spirit and there are varieties of ministries, and the same Lord. There are varieties of effects, but the same God who works all things in all persons. 1COR 12:4-6

But one and the same Spirit works all these things, distributing to each one individually just as He wills. 1COR 12:11

Charism:

The origin of the word "Charism" is found in the Greek word (jarisma), which in turn is derived from the verb jarissomal, which means to be kind and generous, give something.

An ancient papyrus contains this term to refer to the gifts offered to sailors.

A relationship exists between the jarisma and the Greek name Jaris which means "grace", this relationship does not exist in either of the two equivalent words in English "charism" and 'grace"

The scriptures and paragraphs above are taken from an early chapter of the book now being studied in the School of Leaders "Study of the Charism". One cannot help but relate this to the "Gift "or "Grace" that was their first experience of Cursillo, their Weekend. Yet if the term also refers to something that is given generously, why is it so many keep that Weekend experience to themselves.

One would think that we would be endlessly relating our Cursillo experience to anyone who would listen.

As a sponsor how better to live and share the Charism that is Cursillo. If you prize and value your "Weekend" experience as so many relate when they give witness, then what would keep you from sharing that opportunity with others. If you are truly living your Fourth Day to the fullest and reaping the benefits of the Charism that is Cursillo, then why would you deprive someone else of that opportunity? If you have grown your relationship with Christ by way of the Charism of Cursillo, why would you not offer the same to your friends and loved-ones? If we truly live to fulfill our promise as Cursillistas to "be a friend, make a friend and bring a friend to Christ", then why are we hesitant to bring that friend closer to Christ by way of our sponsorship?

Prior to each weekend now there is always such anxiety as to the lack of possible candidates. Several Weekends have been postponed and rescheduled due to the lack of candidates. If we were to live up to our commitment as Cursillistas there would be no way this would happen. If we were so moved by the Charism that is Cursillo, there is no way we would allow our friends and loved ones not to be a beneficiary of this gift. Being a sponsor is a Charism in and of itself, why would you want to deprive yourself of any Gift or Grace God has offered you. Think about the Charism, think about the Gift, someone is waiting for you to be their sponsor, please don't keep them waiting.

Pre-Cursillo and Fourth Day will be offering another workshop on Sponsorship the tentative date is to be August 18 in advance of the fall Women's and Men's Weekend; we hope to see you there.

De Colores

James Brightful Co-chair Fourth Day Committee Men's 194th, NE/SE

Preakness 2011

FUNd RAISER









Cursillo Washington Secretariat Needs Your Help at the 2012 Preakness!

Cursillo FUNd RAISER AND COMMUNITY BUILDER

The Washington Cursillo Movement has been blessed again this year by being asked to participate in another one day **FUN**draiser event at the 137th Preakness. The event will be held on **Saturday, May 19, 2012**, at Pimlico Race Course, Baltimore, Maryland. Cursillistas, we ask for your support! More information to follow.

Our Movement will receive \$75.00 for <u>each</u> volunteer and <u>all</u> of the tips that are collected. These monies will help defray our costs associated with National and Regional Cursillo fees and the operation of our Cursillo weekends, among other Cursillo expenses.

We <u>need</u> **60 volunteers** to cover this **FUN**draiser event: 50 volunteers to cover the beer stands with an extra 10 volunteers on hold should volunteers drop off. We are pleased to inform you that this year, the Men of St. Teresa (MOST) have kindly offered to take responsibility for overseeing the beer kegs and ice for our community working the Preakness to avoid the utilization of an outside group. T-shirts will be provided to each volunteer prior to the Preakness.

This one day event will require you to work from 7:00 am to 7:00 pm. Though there will be times for 10-15 minute food and bathroom breaks, you will be on your feet at least 90% of the time. We will be assigned to a large tent for Cursillo workers **only** where we will serve beer to the patrons. We **will not** be responsible for collecting any money at the beer stands for patrons will pay for their beer <u>before</u> coming to the beer stands. We must fill and refill mugs with beer as quickly as possible to keep the lines moving.

Your family members and friends are welcomed as volunteers, with the understanding that all

money paid to volunteers will be donated to Cursillo. Group Reunions are <u>encouraged</u> to participate and can be grouped together as they work.

We ask all **Ultreya Leaders** to poll their Ultreya for volunteers and acquire the following information from each volunteer: **name, birth date, phone number, social security number (volunteers may provide directly by phone, if preferred), and email address.** The requested information is needed to gain entry into the race track. Participating Ultreyas will be acknowledged in our Fourth Day News Letter.

Please forward your information to the following Secretariat members: **Gwen Sutton**, **FUN**draiser Chair, at gysmouse@verizon.net or 202-829-3451 and LaVerne Attiba, Secretary, at LaVerne.Atiba@yahoo.com or 202-494-0060 ASAP. Information is needed by **Friday**, **April 20**, **2012**.

We need and will greatly appreciate your support! Please join the fun with our **Cursillo Preakness Team!**





22nd National Cursillo Encounter

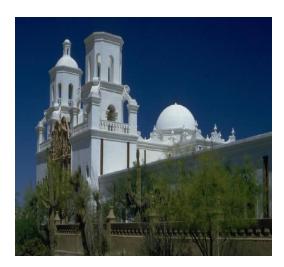
The National Cursillo Center is happy to announce the 22nd National Cursillo Encounter at XAVIER UNIVERSITY (XU), located at 3800 Victory Parkway, Cincinnati, OH, 45207.

The registration fee is \$385 per person.

SAVE THE DATE OF THE ENCOUNTER JULY 19 – 22, 2012!!!

The Encounter will be held a week earlier than previous Encounters due to scheduling conflicts with the Universities. Several Universities were contacted in attempts to keep the last weekend of July as the Encounter date but there were no openings. The Universities either have renovating projects in progress or there are summer camps or groups with standing reservations.

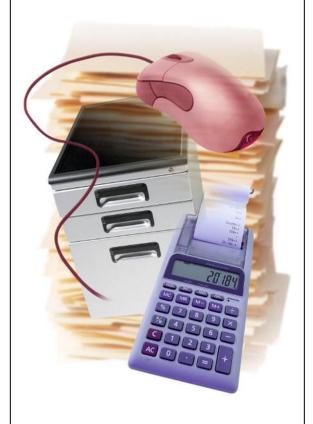
This is the second time that an Encounter will be held at XU. In 2003, 630 Cursillistas attended the National Encounter at XU. XU's Conference Facilitator is happy to welcome us back to their university.



SERVICE OPPORTUNITY

The Secretariat is in need of a Treasurer to serve a two-year term beginning immediately!

If you are interested in answering the call to serve the community and skilled in basic accounting/bookkeeping, please contact our Lay Director, Jackie, DeMesme-Gray at washcls@aol.com.



22nd National Cursillo[®] Encounter Registration Form Xavier University, Cincinnati, OH Thursday, July 19 – Sunday, July 22, 2012

Cost for the 22nd National Encounter is \$385.00

(Please use a separate Registration Form for each person)

(PLEASE TYPE OR PRINT LEGIBLY - THANK YOU - PLEASE FILL IN ALL THE BLANKS)

Last Name:	First Name:		
Address:			
City:	State:	Zip Code:	
Home Telephone:	Work:	Fax:	
E-mail Address:	Preferred Language:		
Diocese:	Region:		
Gender (Circle one): <u>Male</u> <u>Fe</u>	emale Specify: Bishop, Priest, Dead	con, or Religious	
If you wish to room with a specific accompany this form.	e person (spouse, friend, relative) <u>th</u>	en the other person's Registration Form must	
Roommate preference? (Circle On	e): Yes No If Yes, Name:		
Wheelchair/physically challenged:			
Do you wish to participate with the	e Encounter Choir? (Circle one):	Yes No	
Make checks payable to: Nationa	al Cursillo® Center		
Credit Card payment:	Circle one: MasterCard or	r Visa (No Discover or American Express)	
Credit Card Number:	Expiration Date:		
Name on Credit Card:			

Send this form and payment to:

National Cursillo® Center P.O. Box 799 - Jarrell, TX 76537

Telephone: 512.746.2020, Fax: 512.746.2030, e-mail: nationalcursillo.center@verizon.net

Full payment of \$385.00 per person and this form must be received by May 31, 2012 Registration cost received June 1 – June 30, 2012 is \$435.00 Unable to guarantee attendance after June 30, 2012!

There is a \$40.00 non-refundable fee for all cancellations through May 31, 2012. No refunds after May 31, 2012 – No exceptions! The National Cursillo[®] Center is responsible for the payment to the University regardless of cancellations.

THE SPRING GRAND ULTREYA CELEBRATION 2012

Spring Grand Ultreya Celebration is coming soon!

- Saturday March 24th 2012
- Our Lady of Victory Church
- 4835 MacArthur BLVD
- Northwest, Washington DC

Brother and Sister Cursillistas, the Montgomery County Ultreya is planning an exciting evening to celebrate spring and the coming of Easter. Come out and join us in a spiritual and fun-filled evening with the Cursillo community.

The evening will begin with a Mass at the regularly scheduled OLV celebration at 5:15pm with Father Foley as the Celebrant. John Hasson will be handling the music. Please come out and give our Cursillo brothers and sisters a boost since there has not been a new member of the Cursillo movement at the Lady of Victory Parish for over 50 years. We have this dream that if we have a good showing and provide a stimulating Mass that some of our parishioners will be interested enough to inquire about our movement and be encouraged to "make a weekend" and revive the parish. Seats will be reserved at the front of the church for our Cursillo community.

Following the mass, we will be having a pot luck dinner in the Hess Hall which is immediately adjacent to the church.

As you all know, Theresa Thomas has been very ill and will not be coordinating the food items as originally planned. Please keep her in your prayers. I will be the contact for those of you making food or drink contributions to the event. You can contact me, Joe O'Leary, by email at inishlyn@verizon.net or by phone at 301-229-2026. Please let me know what you are contributing by March 17, 2012, Main Dish, Salad, Appetizer, Dessert or Drinks.

Following the Pot luck Dinner two very imaginative individuals, Rosemary Reeves and Mike Davenport will be providing the entertainment. It should be the making of a very enjoyable evening.



If you have any questions or recommendations feel free to contact me.

Thanks and De Colores, Joe O'Leary, Montgomery County Ultreya





Wednesday, March 21, 2012 Wednesday, April 18, 2012 Wednesday, May 16, 2012 Wednesday, June 20, 2012

Venue:

St. Joseph Catholic Church 2020 St. Joseph Drive, Largo, MD 20774 7:00 p.m. - 9:00 p.m. Co-chairs: Shelia Vallot and Phyllis Winston (202) 723-6756 or pbwinston1@verizon.net



Cursillo Prayer List

If you have prayer requests or want to be added to the mailing list to receive prayer requests, please submit your e-mail information to MaryAnn Upright at MAUpright@aol.com



CALENDAR OF EVENTS

Spring Quarterly Grand Ultreya

Celebration
March 24, 2012
Our Lady of Victory Church
4835 MacArthur Boulevard, NW
Washington D.C.

<u>Ultreya Leaders Workshop</u>

April 21, 2012 9am – 2pm Bro. Richard's House 1733 Metzerott Road Adelphi, MD 20907

Cursillo FUNdraising Event

137th Preakness Pimlico Race Course, Baltimore, MD Saturday, May 19, 2012 7:00am - 7:00pm

Sponsorship Workshop

August 18, 2012 9:00 am – 12:00 Noon Location: TBD

206th Women's Weekend October 4 – 6, 2012 Josephite Center, Washington, DC

208th Men's Weekend November 8 – 11, 2012 Josephite Center, Washington, DC

Relax and Reflect Retreat
Date and Location: TBD

LIST OF ULTREYAS

Assumption 12:30 pm, 2nd Sunday **Assumption Church** **TBD**

Bowie-Lanham 8:00pm, 2nd Friday St. Edward's, Bowie Judy Kelly 301-249-7197 Marguerite Dobrosielski

Calvert County 7:30pm, 2nd Monday St. John Vianney Church Basement Rita Leclerc 410-326-2078 Gisela Victoria Linda Pixton Toni Abresch

Central PG County 7:30 – 3rd Friday St. Joseph's, Largo

TBD

East of the River 7:30pm, 4th Friday OLPH 1st Portable Bldg Jennifer Tilghman 301-982-0641 Pearl Baylor 301-894-8405 Rita Robinson 301-297-7769 Jocelyn Dugue 301-982-0641

St. John the Evangelist 7:00pm, 2nd Sunday St. John's Church Hall Clinton, MD TBD

Laurel 7:30pm, 3rd Friday St. Nicholas Church Arnie Rauch 301-498-8806 Theresa Szkromiuk 267-205-4739

Montgomery County 7:30pm, 1st Saturday Metzerott Road Adelphi MD Sonia Melendez pfcjai@msn.com

NE/SE 7:30pm, 1st Friday St. Anthony's Cafeteria James Brightful 202-269-4606 Bernadette White 202-269-0710 Our Lady Queen of Peace

After 10:30 am Mass, 3rd Sunday Room 1 Our Lady Queen of Peace

St. Teresa of Avila 7:30pm, 2nd Monday St. Teresa's Church Undercroft Erin & Charles Wiley 301-996-6082

TBD



Calling All Articles!!

Are you a writer? Do you have thoughts, poems, prayers, or reflections to share? The Washington Cursillo Community wants to hear from you!! Ultreya Leaders, please send us your sharing, it would be great to hear from each leader at least once a year! Articles should be submitted in Arial Font, 11 Font Size no later than the submission date below for the following issue. Remember to sign your articles with your name, weekend, and Ultreya,

Submit articles <u>at any time</u> to Lethia Kelly at larsk196@msn.com or Denise Wilson at w5wilsons@verizon.net

May/June 2012 Issue submissions Are due by Saturday, April 14, 2012

Website News!!

Jack McFadden and Tom Arnold (Web managers)

The Washington Cursillo Movement website is http://www.washdc-cursillo.org/ **WASHINGTON CURSILLO 3509 10th Street NE** Washington, DC 20017-1749

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