



Fourth Day News

Washington Cursillo Movement

Informing, Enlightening, and Building Community

Secretariat Corner



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"You Can't Beat God's Giving"

SHARING YOUR GIFTS

Sharing our gifts must come from our hearts. In obedience to God, we must focus on giving to those in need.

God made the ultimate sacrifice and gave his only Son for us to live abundantly. In life today, a tremendous emphasis is often placed on financial gain. We must realize that there are numerous ways to give. Yes, we must share our treasure, gifts, time, and talents with one another. Perhaps you were blessed with a tax refund, give a little more to your parish or organization, step up to the plate and chair a committee or offer your assistance for a project, whatever your profession, volunteer those skills, shop or visit a homebound brother or sister in the organization, parish, community or family, or assist a veteran with his or her family. These are just a few suggestions. God knows our hearts, mind, body and soul.



In 2Corinthians 9:7-8, it states, "Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver, and God is able to make all grace abound to you, so that in all things, at all times, having all that you need, you will abound in every good work".

We are called to evangelize and serve abundantly, so please share your gifts of time, talent and treasure. What better way than through the Cursillo movement. Peace be with you all, De Colores!

Vincent Jordan
Finance/ Fundraising

To donate to the Washington Cursillo Movement, please make your checks payable to "Washington Cursillo Movement" (WCM) and send it to:

**Vincent Jordan
5600 Vernon Way
Camp Springs, Md. 20746
Donations are tax deductible.**

In the Spirit

“Spiritual Direction’s Big Question: How Does My Action Build God’s Community?”

Christ, conveying his message from 2 Corinthians. And, we are the Body of Christ! I said “Yes” (after talking with Jennifer) to serving as a Spiritual Director for the **CURSILLO** Movement in the Archdiocese of Washington. Even with the multiple demands I have with teaching middle school religion, working with local pastors and my diaconal ministry commitments at the parish, I said “Yes.” Why would someone say “Yes” to such a commitment?

With the myriad of challenges we face in our daily lives, it is important to remember



“the one thing.” Our **CURSILLO** Movement is about ***“the one thing:”*** God is alive! The living Christ is fully present in our world. He has a body – eyes, ears, legs, feet, head, and most important of all, a heart. The living Christ is animated. For me, the most vivid picture of the living Christ in the world during my lifetime was the March on Washington on August 28, 1963. Christians, Jews, Muslims, Atheists, Black and White, rich and poor, northerners and southerners all came together focused on the truth, and our nation and the world were transformed.

Jesus said, ***“I am the way, the truth and the life (John 14: 6)!”*** The Absolute Truth, which is the living Christ, is powerful. It converted sons of the south and unified people from across the nation to act on The Absolute Truth.

The March on Washington, for those of us who remember, was the biggest group reunion in action that we have witnessed.

Dismiss those negative things in your mind; think about the Christ who sustained you. Vince Jordan introduced me to **CURSILLO** in the spring of 1993 and has walked with me ever since. It has been a long, slow walk. He was with me at a low point when I left my Coast Guard command early. His words then: ***“God has something in mind for you.”*** Since my ordination, he listens to every homily and encourages me in every ministry. I could weave a similar story about the Marty and Ginny Novak, Mike and Nancy Vawter, George and Helga Bibbins, the faith community at St Teresa of Avila and at St John Vianney. When Pope Benedict XVI came to celebrate Mass at National’s Stadium, I walked to most every communion station in the park with two of my deacon classmates. They were amazed that at every station on every level, people called me out by name. Who greeted me as we walked? Cursillistas from St. Mary’s in Rockville to St John Francis Regis in Hollywood. More important – It was the living Christ in our **CURSILLO** community; this is the same Christ who walked to the Mall in Washington, DC in 1963. You know this Christ who walked with me.

“How is my action building God’s community?” We saw the Body of Christ in action 50 years ago on the Mall. We see the same Body of Christ in our Group Reunions and Ultreyas around Washington, DC. When we tap the power that transforms, we can change the world just as those who marched did in August 1963. We have the community;

I saw it at the Papal Mass at National’s Stadium, and it is among the most vibrant in the nation. We have yet to take the big action that transforms.

Reconnect with those who sustained you in our Movement and commit to walk with them.

When doubt and trouble comes, simply remember:
“My grace is sufficient for you; for my power is made perfect in weakness... the power of Christ may rest upon me (2 Cor 12: 9)!” I signed on as spiritual director to walk with Christ. As Spiritual Director, I am an instrument of the living

HARAMBEE! We can do more than was done at the March on Washington if we faithfully respond to the question: ***“How is my action building God’s community?”*** Our response to the question:
ULTREYA! DECOLORES!

Deacon Timothy



A SPECIAL MESSAGE FROM THE LORD -- ENTRUST YOUR LOVED ONES TO ME.

Release them into My protective care. They are much safer with me than in your clinging hands. If you let a loved one become an idol in your heart, you endanger that one—as well as yourself.

Remember the extreme measures I used with Abraham and Isaac. I took Isaac to the very point of death to free Abraham from son worship.

Both Abraham and Isaac suffered terribly because of the father’s undisciplined emotions. I detest idolatry, even in the form of parental love.

When you release loved ones to Me, you are free to cling to My hand. As you entrust others into My care, I am free to shower blessings on them.

My Presence will go with them wherever they go, and I will give them rest. This same Presence stays with you, as you relax and place your trust in Me. Watch to see what I will do.

When they reached the place God had told him about, Abraham built an altar there and arranged the wood on it. He bound his son Isaac and laid him on the altar, on top of the wood. Then he reached out his hand and took the knife to slay his son. But the angel of the LORD called out to him from heaven, “Abraham! Abraham!” “Here I am,” he replied. “Do not lay a hand on the boy,” he said. “Do not do anything to him. Now I know that you fear God, because you have not withheld from me your son, your only son.”

—GENESIS 22:9–12

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us...

—EPHESIANS 3:20

The LORD replied, “My Presence will go with you, and I will give you rest.”

—EXODUS 33:14



Meet Women's Team #208 "Faith Within"

October 10-13, 2013

Thursday – The First Night: Spiritual Retreat
Monica Barnes our Assistant Angel will present the Know Yourself Meditation. This will be followed by the Meditation-The Prodigal Son offered by Barbara Shaw, Assistant Spiritual Advisor.

Friday – The First Day: What One Has To Be Today begins with the The Three Glances Meditation given by Monica Barnes, Tayloria Jordan, Head Angel and Nancy Mattingly, Coordinator. LaVerne Atiba, Assistant Coordinator will follow with the Ideal Rollo. The Habitual Grace Rollo will be presented by Janet Sherbert, Assistant Spiritual Advisor. First-time Table Leader, Christine Abresch will give the The Layperson in the Church Rollo. Barbara Shaw presents us with the Actual Grace Rollo and the day closes with first-time Table Leader, Jennifer Ferguson offering the Piety Rollo.

Saturday – The Second Day: What One Must Do Tayloria Jordan introduces The Figure of Christ Meditation followed by Table Leader, Rita Leclerc with the Study Rollo. Next our Head Spiritual Advisor, Father Bill Foley presents the Sacraments Rollo. First-time Table Leader, Christina Speaks follows with the Action Rollo, Janet Sherbert presents the Obstacles to a Life of Grace Rollo and first-time Table Leader, and Angele White closes Saturday talks with the Leaders Rollo.

Sunday – The Third Day: The Method of the Cursillo and Its Approach to the Apostolate Our Musician, Toni Abresch begins the day with Christ's Message to the Cursillista Meditation. She will be followed by Table Leader Denise Wilson giving the Study of the Environment Rollo. Father Foley presents Life in Grace – Christian Life Rollo, next Table Leader, Gisela Victoria offers us the Christianity in Action Rollo. Table Leader Burma Hill presents The Cursillista Beyond the Cursillo Rollo and Nancy Mattingly presents the final Rollo Total Security.

De Colores, Ultreya
Nancy Mattingly
Coordinator, Women's 208th Weekend





“2013 - A Summer to Remember”

Your Fourth Day News took a well-deserved rest over the summer months and now we are back to give you more sharing and stimulating reflections as you walk in your Cursillo 4th Day.

For many, the summer months meant vacations, much needed rest from the normal daily grind, and picnics and socials with family and friends. For others, it was difficult as we weighed through family illness and even death. Think it not strange that we go through these highs and lows as life progresses because it is in these times that God is doing his best work. Sadness is not meant to make us weak but as Jesus has told us, it is meant to strengthen us in Him. “In your weakness I am made strong” saith the Lord. We all know how to be joyful in Christ when times are good, but it is a lifelong lesson to be joyful in Him when life is hard and times are bad.

It is during these difficult times that God can bless us abundantly and grow us. My dear sister Michelle Seabrook has had to endure at least two surgeries at this writing, suffering from the ravages of Cancer.

Every time we have seen her over the past months when she could come to church, you could see the strength that she carries from the Lord. She is a shining example of what I see in the rays of summer, that light that comes from knowing whose you are, no matter what comes your way.

As my own family has grveled with the end time of my father who is 92 years old, and diagnosed with terminal cancer, the Lord reminded me of what it really means to know that our jobs have been done well and to be a “good and faithful” servant.

My pain for a few fleeting weeks, overshadowed all that he accomplished in his life and with his family.

It took a moment but I finally came to understand that in Christ, every situation is a time for celebration, yes, even sickness and death. So, my brothers and sisters, as we move ahead in the fall, let this summer be a reminder that the sun always shines in the morning. No matter how dark the night, or dim the circumstances, Jesus has promised that our weeping would only last for the night and joy would come in the morning.

Join me in celebrating this year, and looking forward to the work that we as Cursillo must do in the coming weeks and months ahead. De Colores!

LARSK

CURSILLO IN ACTION
Annual Cursillo Picnic
Thank You Calvert County Ultreya!



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Annual Cursillo Picnic
Thank You Calvert County Ultreya!



CURSILLO IN ACTION
Annual Cursillo Picnic
Thank You Calvert County Ultreya!



CURSILLO IN ACTION

Your Secretariat

National Encounter



Region 2 Spring Encounter

Ultreya Hopping!

Bowie Ultreya

At The Hop!



Cursillo Awareness
Sunday - St. Mary's Ultreya



Pre-Cursillo Team Is calling all Sponsors and Ultreya Leaders To a Sponsorship session!!!

As of this date, we have almost a full slate of ladies that have applied for the upcoming 208th Women's Cursillo scheduled for October 10-13, 2013.



Brothers and sisters, there are a few spaces opened to fill out this weekend. We have one man for the November 7-10th Men's Cursillo, Therefore, we are again renewing our plea to ALL Cursillistas to remember

that it is incumbent upon all of us to assist with bringing candidates into Cursillo.

Remember, as a part of our mission, we are charged with:

- Studying and selecting environments in need of evangelization. This is done both collectively as a movement, as well as individually.
- Searching out, selecting, and preparing candidates to have maximum evangelical effectiveness.

- Preparing for the Cursillo by preparing and processing applications for a Cursillo, keeping the team and Secretariat informed about the candidate applications, and support sponsors by helping them understand their role and connecting them to that information.
- Making plans with the sponsors to accompany new Cursillistas into the Post-Cursillo and to help them mature in their faith, deepen their Christian commitment, and take their apostolic place in the world.

To ensure this becomes a reality, **the Pre-Cursillo team provided a short sponsorship activity at the beginning of the first session of the Cursillo School of Leaders on September 18, 2013, St. Joseph Catholic Church, 2020 St Joseph's Drive, Largo, and MD. 20774-3702.** We used this time to prepare ourselves for new candidates for the upcoming weekends. There will be other opportunities to expand your knowledge about Sponsorship. Stay tuned! In order for our brothers and sisters to enjoy in the fruits of Cursillo, you the Ultreya leaders and Sponsors are asked to really begin work NOW to seek and prepare new Cursillistas to ready themselves for the upcoming weekends. Please go to our Cursillo Website at <http://www.washdc-cursillo.org>. and download the application. Help the Cursillo Movement grow by wanting to learn more about sponsoring our friends and carry out the mission of a Cursillo Leader to:

“Make a friend, Be a Friend, and Bring your Friend to Christ!”

Charles and Nancy Smallwood, Co-Chairs
Pre-Cursillo Committee



Cursillo® Corner

If you have prayer requests or want to be added to the mailing list to receive prayer requests, please submit your e-mail information to MaryAnne Upright at MAUpright@aol.com.



“Let’s Go To The Hop”

**Calling All Cursillistas Babe chicks,
Cluck hens and Roosters**

If your Ultreya wants to be a **“Hop Host”**, please contact Paul Washington or LaVerne Atiba: at LayDirector@washdc-cursillo.org or Paul Washington on 202-302-3518; LaVerne Atiba on 202-494-0060.



Pictorial Directories?

Pictorial Directories are still on sale for \$10/each. Please send your request to communication@washdc-cursillo.org or Telephone Lethia Kelly at 202-425-7034 or Denise Wilson at 301-523-2818. **Copies will also be available at all Cursillo events.**

Fifth Day Corner



Our fifth day corner is to honor all of our Cursillistas who go on to their heavenly rest, living out their fifth day with our Brother Jesus.

*“Rejoice in the Lord always. I say it again: Rejoice!”
Philippians 4: 4*

Our Tribute to Mark Annee

It is a pleasure to share some thoughts about Mark Annee. The first thing that I noticed when I met Mark was his warm smile, and his meek and humble nature that was laced with humor. I met Mark through his wife Pat who was a hospice volunteer. When my late husband was under hospice care for terminal cancer, Pat came to sit with him while I ran some errands. Unfortunately, the day after Pat’s first visit, my husband died. However, that didn’t stop Pat and Mark from taking me under their wings, and helping me during the worst time of my life.

On the second anniversary of my husband's death, I wrote a letter to my late husband detailing the events of the preceding year. In the letter, I wrote, "I continue to be amazed at how many wonderful friends I have. Pat and Mark continue to treat me like one of the family. On Mother's Day, they invited me out to share a Mother's Day dinner with them, and it was just what I needed to feel a little bit normal. On Thanksgiving, they invited me to their house for dinner with them and Mark's dad who was visiting from California. Mark also worked for hours wiring the house and installing a security light to shine on the driveway, because they wanted me to be safe when I came home late. I tell you, they treat me like a sister." Mark was always ready to help whenever needed. He had a deep faith, and was happiest singing in the choir.

Mary Ann Zaversnik
St. John Vianney

Ruth Lauderbaugh remembers Mark in this way:

I don't remember when I first met Mark, but I do remember when I first got to know him, when he made his Cursillo weekend and joined our small group. Mark was a shy, quiet, sincere kind of guy who loved to sing. During the months and years that Mark spent as a part of our small group, he just seemed to blossom. I watched this shy guy develop friendships and relationships that lasted until his death.

I saw his love of music take on new dimensions as Mark would sing anything, anytime, anywhere -- at the drop of a hat,! Mark liked to have fun and music was a big part of that fun.

I had the opportunity to travel to and from Washington with Mark when his wife was hospitalized there and the Mark that I got to know during this worrisome, stressful time was the same Mark that I had known before -- what you saw publicly was the same Mark that I talked with privately. He was a good decent man who loved God, his family and friends; who served his Church and fellow human beings without stint, and who loved, loved, loved to sing -- and now he sings without ceasing. Thank you God for the gift of Mark.

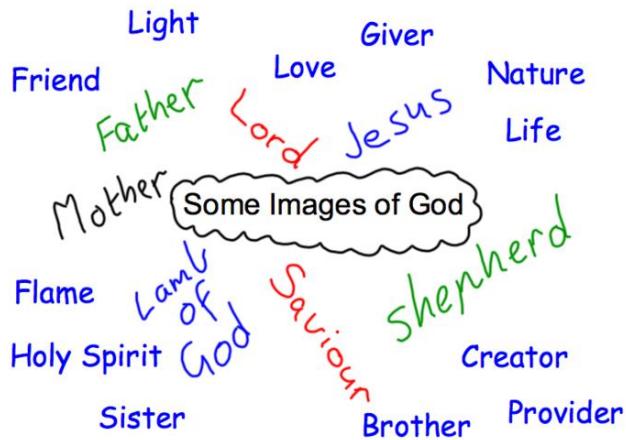
Dickie & Diane remember the same singing Mark as Ruth wrote about but they also remember a very talented carpenter and mechanic. They wrote:

Seeing Mark struggle with his cancer, but never giving up, never questioning his faith, never asking "why", never feeling sorry for himself, accepting this as part of God's plan was so inspirational. What a gift to be able to share this time with him and his family.

I will always remember his smile, his laugh and his wonderful sense of humor. I thank God for sharing Mark with us

Members of the Calvert County Ultreya,
St. John Vianney
De Colores Mark

CSOL Corner



New Perspectives

The School of Leaders Team (Sue, Shelia, Theresa) met on July 6 to determine the content and flow of the CSOL events for the coming year. Comments received to date voiced appreciation for the changes initiated last year; therefore, the format of the meetings and the development of content continued along those lines. The agenda seeks to accomplish several things:

- Provide the opportunity for newer Cursillistas to more fully integrate the ideas and practices of Cursillo into their lives;
- Respond to needs of the local community as a whole by offering opportunities to grow both in the Cursillo method and in their spiritual lives; and
- Set the stage for and/or offer workshops in topics assessed to be needed/useful to the community.

As a member of this wonderful community, you ought to “mark your calendars” today and plan to attend at least three sessions this coming year. Why? Because you will enhance your 4th Day journey and your Ultreya has a chance to take the CURSILLO CHICKEN home! For those of you who don’t know what that is, the Chicken may not be glamorous but she is “amorous”! It has long been the Cursillo’s award for “excellence”.

Come out on October 16, 2013, 7:00pm; the topic will be Ultreya: Rationale and Mechanics. Join us in this important opportunity to “study” and share your 4th Day with your sisters and brothers. The Ultreya with the most members attending will take home the coveted Cursillo Chicken for a month, returning it at the next CSOL. At the end of the year, the Ultreya who wins the chicken the most times will receive a coveted prize!



The CSOL is looking for new committee members to assist with the program content and team leadership. If you are interested in joining our Leader’s School Team, please contact either of the Co-Chairpersons, Sue Numrich at 301-946-0312 or Sheilia Vallot at 202-583-0271. De Colores!



Editors Corner

Are you a writer? Do you have thoughts, poems, prayers, or reflections to share? The Washington Cursillo® Community wants to hear from you!! Ultreya Leaders, please send us your sharing — it would be great to hear from each leader at least once a year! Articles should be submitted in Arial Font, 11 Font Size no later than the submission date below for the following issue. Remember to sign your articles with your name, weekend, and Ultreya.

Submit articles at any time to Lethia Kelly or Denise Wilson at communication@washdc-cursillo.org

October - November 2013 Issue
Submissions are due by:
October 9, 2013
Theme: "PALANCA"

Website News!!
Jack McFadden and Tom Arnold
(Web managers)
The Washington Cursillo®
Movement website is

<http://www.washdc-cursillo.org>

2013-2014

CALENDAR OF EVENTS

Upcoming Weekends

JOSEPHITE CENTER
WASHINGTON, DC

OCTOBER 10 – 13, 2013

208th Women's Weekend
Nancy Mattingly, Coordinator

NOVEMBER 7-10, 2013

211th Men's Weekend
Tom Arnold, Coordinator

Upcoming Events

October 25 – 27, 2013

Region 2 Fall Encounter
Pope John Paul III Center
Vineland, NJ

December 8, 2013

2:00 – 5:00pm
Advent Day of Reflection

"Living the Incarnation"

Brother Richard's Place
Presenter: Deacon James Caldwell



ST. JOSEPH’S, LARGO

2020 Saint Joseph’s Drive
Upper Marlboro, MD

10/16/2013	Ultreya: Rationale and Mechanics
11/20/2013	Group Reunion
12/8/2013	Advent Recollection
1/15/2014	Leaders
2/19/2014	Study of Environments
3/22/2014	What it Means to Work a Weekend
4/23/2014	How to Plan and Deliver a Meditation
6/12-13/2014	Relax and Reflect
6/18/2014	Open Forum

The first CSOL Ultreya to win the “Cursillo Chicken” for September 2013 is:

**CSOL Ultreya of
the Month**

NE/SE, Washington, DC

LIST OF ULTREYAS

Assumption
12:30 pm, 2nd Sunday
Assumption Church

TBD

Bowie-Lanham
7:00pm, 2nd Friday
St. Edward's, Bowie

Judy Kelly
301-249-7197
Marguerite
Dobrosielski

Calvert County
7:30pm, 2nd Monday
St. John Vianney
Church Basement

Rita Leclerc
410-326-2078
Gisela Victoria
Linda Pixton
Toni Abresch

Central PG County
7:30 – 3rd Friday
St. Joseph’s, Largo

TBD

East of the River
7:30pm, 4th Friday
OLPH
1st Portable Bldg.

Pearl Baylor
301-894-8405
Rita Robinson
301-297-7769

St. John the Evangelist
7:00pm, 2nd Sunday
St. John's Church Hall
Forestville, MD
MAUpright@aol.com

MaryAnne Upright
Acting Ultreya
Leader

Laurel
7:30pm, 3rd Friday
St. Nicholas Church

Arnie Rauch
301-498-8806
Theresa Szkromiuk
267-205-4739
Wayne Nostro
nostro@gmail.com
Kathy Schmitt

kschmitt123@yahoo.com

Montgomery County
7:30pm, 1st Saturday
Missionaries of the
Most Holy Trinity Home
1733 Metzert Road
Adelphi MD

Sonia Melendez
inishlyn@verizon.net
pfcjai@msn.com

NE/SE
7:30pm, 1st Friday
St. Anthony's Cafeteria

James Brightful
202-269-4606
Bernadette White
202-269-0710

And...

7:30 pm 3rd Friday
St. Paul's Church Hall
Damascus Rd.
Damascus, MD 20872

Steve & Rosemary Reeves
301-391-65809240
[Cursillo st.paul@verizon.net](mailto:Cursillo_st.paul@verizon.net)

Our Lady Queen of
Peace
After 10:30 am Mass,
3rd Sunday
Room 1 Our Lady
Queen of Peace

TBD

St. Teresa of Avila
7:30pm, 2nd Monday
St. Teresa's Church
Msgr. Clark Hall (MCH)

Erin & Charles Wiley
301-996-6082

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