



Fourth Day News

Washington Cursillo Movement

Informing, Enlightening, and Building Community

Secretariat Corner

Pre-Cursillo Walking Forward

Brothers and Sisters in Christ:

Nancy and I are very humbled to be selected and approved to co-chair the Pre-Cursillo Committee for the Archdiocese of Washington Cursillo. It is our hope, with the guidance of the Holy Spirit and our Brother Jesus, to provide to you, brothers and sisters, the tenents of what and how the first of the three stages of the Movement. It is our intent to get to personally know all of the Ultreya Leaders and work with them fully to carry out the mission of the Pre-Cursillo Committee and the mission of the Cursillo Movement – “To Make a Friend, Be a Friend, Bring that Friend to Christ and to Walk with your New Friend on his/her Fourth Day”.

With that being said, then what is the purpose or mission of Pre-Cursillo? A basic description is shown below: The Pre-Cursillo is the first of the three stages of the Cursillo Movement.



In this stage the Cursillo Movement initiates the evangelizing process it must complete in order to accomplish its purpose. The Pre-Cursillo’s purpose, in support of *all Ultreya Leaders*, consists of: *Studying and selecting environments in need of evangelization*

- *searching out, selecting, and preparing candidates, with a view towards maximum evangelical effectiveness*
- *preparing for the Cursillo by coordinating all the spiritual, personal, and material elements involved; and*
- *making plans to accompany the new Cursillistas in the Post Cursillo to help them mature in their faith, deepen their Christian commitment, and take their apostolic place in the world.*



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With any new task, our Committee will be working on bullet one above by studying and selecting environments in need of evangelization. A strong focus to work towards accomplishing this part of our purpose will be working with our Ultreya Leaders to strengthen our movement. We believe this accomplishment can be realized if we are really ready to take a hard look at whom and how we sponsor our wonderful Catholic brothers and sisters to become a part of the Archdiocese of Washington Cursillo. As our Pre-Cursillo committee begins its planning processes of serving you all, it is **important for us to ask you** for your assistance to help us put processes in place to grow our movement through strengthening sponsorship. With the help of, our Ultreyas, our Secretariat, and our National Officers, we know that by our working as a unit, we can and will make our movement as strong as we can make it. The Pre-Cursillo Committee, Nancy and I, wish to thank you in advance for all of the support we know we will receive. ***Merry Christmas and let us together have a very Happy New Year – 2013!!***

De Colores!
Charles & Nancy Smallwood, Co-Chairs

“LORD, YOU LEAVE ME SPEECHLESS”

When I made my weekend, it was absolutely amazing. During those three days all my needs were met and I was certain that they would be. I flung myself fully into the experience of the love that I was being showered with.

Meals were provided, spiritual talks occurred and there were faith building activities, among other events. I had time to reflect, pray, contemplate and to rest. I sang, I laughed, I cried and I celebrated with my sisters. It was amazing.



For a while, the glow of the weekend sustained me. Whenever something occurred, I reflected on the weekend, looked back at my notes, pulled out the palancas that I had received and allowed myself to be spirited back to that time and space where all was well. This worked for a while but slowly the afterglow began to fade. Life showed up. I began to stretch and expand and the spiritual confines that had been sustaining me no longer seemed to quench my thirst.

I was on the wheel, family, friends, work, financial challenges and worship. On paper and in general my life was good. I had a loyal husband who was hard-working and supported his family. My two daughters were healthy and growing nicely. My friends and family were amazing and supportive. I had a business that was growing and thriving. My church family was loving and supportive. Life was basically good. Yet, there was the feeling of a dull hollow space within my soul. There was an emptiness within that no amount of success could fill.

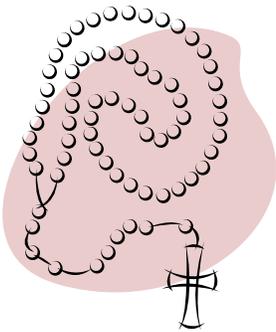
I was confused by the emptiness. I knew it had to do with my relationship with God but I did not know what was missing. All my life I had been steeped in Catholicism. I had served, worshiped, and had the majority of my religious education under the watchful eyes of the Franciscan Sisters and the Jesuit priests. I had application and practice.

I had also studied and learned from spiritual giants from many other faiths. I had explored the intersection of religions and world scriptures focusing on the place where God seemed to exist in all the various religious teachings.

I had survived so much and was thriving in the physical, yet I still felt empty and hollow inside. I would weep because of the loneliness and the confusion that presented itself in my life. Intuitively, I knew that something was missing. It felt as if my spirit was dying.

Piety

I cried out to God and did what I knew to do. I went to the Lord in prayer. I literally cried out, "Spirit of the Living God, please, please, please reveal yourself to me." This few in the face of how I had been taught to approach God but it was the most honest and direct communication that I had had with God in all my life. I sat in stillness and contemplated the Spirit and essence of



God. I opened my heart and asked, "What more is there God?" Somewhere along the way, I began to remember quotes, hear ideas and identify spiritual principles. These thoughts would come to me as soft whispers. "Prayer is asking God and meditation is listening for the answer." Every day I began to get up and ask the question, "What is mine to do God?" and then, I would sit in the silence and listen.

For a while, nothing happened and then one day, I heard the word of God, "Scripture says, "Seek you first the kingdom of God and its righteousness and all these things shall be added unto you"!!" I felt elated. I had heard the word of God in scripture. Then, I thought about it and realized that I did not know what that meant. I could feel the presence of God but how was I supposed to go about this? I was living a spiritual life in a spiritual community. What more was there?

Study

How does one seek the Kingdom of God? In all the lessons about ritual and religion, I could not recall ever being taught how to seek the Kingdom of God. I had been taught how to live now to get to Heaven. I had been given a set of



rules by which to live a good life but none of it was fulfilling. If this was seeking, why was I still feeling this sense of

separation from God? In my quiet times of contemplation, I began to reflect on the word taught and shared during the three day Cursillo experience and I went back into scripture.

I continued to pray and listen. I studied with deep reverence the teachings of Jesus and I continued to pray and contemplate. I studied with my spiritual advisor and teacher and before I knew it, I had developed a spiritual practice that has expanded in all areas of my life. Jesus is my brother. I am one with the presence of God. I am a child of God. The Kingdom of God is at hand. God is closer than my hands and feet and nearer than my breath.

Slowly, I began to lean into a deeper understanding and then, my heart opened up and I knew without a doubt what was missing. I was not living in my purpose.

I continued in my practice to go deeper into contemplation and meditation with the Lord. I began to shed my old way of being and I stepped fully into living a life of Christ consciousness. I started to look at my life as perfect. I began to live my life in and as the very presence of God. I started a new walk seeing all around me as God in expression. I took this consciousness into all places. I released the need to win to be better than or superior to.

I stepped fully into being an expression of God as my life. It was a conscious decision then and it is a conscious decision now.

Action

Initially, I took it into the court room where I did some of the most challenging work that I had ever done, removing children from their families — some permanent and some temporary. The



court system did not know what hit it but everything there was forever altered in the glory of God. I took it into my family and into all of my affairs. Everywhere I looked I consciously looked for the image and

the likeness of God in each and every person for that is what we are. I started to look beyond ideas, race, and circumstances. I stepped fully into the truth. Where I am God is and when I see me or you, I see God. Therefore, I must live my life from this place.

Then one day I looked up and I no longer felt that something was missing. I had actually turned within, only to realize that the healing of my soul was in the healing of my consciousness. God is everywhere — present in all things and all experiences. I had always been perfect, whole and complete. There is nothing in me that was missing. I had healed my soul through the glory of God in and as my life. I basked in it. It was amazing. I was happy — deep within my soul I was happy. Then, it happened again. The beckoning of God began to pull me from deep within and the Spirit said, “There is more for you to do my child; what you know must be shared.” I knew intuitively that all that I had done, lived, and experienced had a purpose that was more than a story of survival. It was a story of experience and a journey that was to be shared with others to help them along the way.

My Small Group

I began by sharing the tools that I had developed with my small group. I developed a study for lent that they graciously agreed to participate in. In my group, I developed a bond and a love that sustains me even as I live on the other side of the country from the other members of my group. We pray together, study together and share together.

My Fourth Day walk is about stepping fully into living in the Christ-consciousness and living as God would have me live. It does not look



anything like I had planned or designed for myself. I am teaching spiritual practices, travelling around the country as a motivational speaker and I am a spiritual counselor

walking with individuals as they weather storms and discover who they were created to be and the work that they were born to do.

When I surrendered, said yes, and began to tithe my time, treasure, and my talents. I did not understand fully the scripture that says, “Prove me now in this saith the Lord of Hosts, if I will not open for you the windows of heaven and pour you out a blessing that there shall not be room enough for you to receive it”.

My life is fulfilled and full of God’s presence, I live in an overflow and am so grateful for the journey and the opportunity to share it. Words cannot express the beauty of living in my yes.

Diane Stewart-Hamlin
193rd Women’s Weekend
Now living in Los Angeles, CA

Wonderfully Made Praise In Progress



The **210th Women's Team** is being wonderfully made by the Holy Spirit. We give praise for the support of our community. God's love is all pervasive. We are shot through with it and it is pouring out of us as we continue progressing in praise and developing our Rollos.

Talk Day, as always, was an eye opening outpouring of the Holy Spirit. **Carol Paul**, working her first team, will give the Three Glances of Christ Meditation. As she serves as a table leader, God is speaking special things through this fine sister, and she is singing with an angelic spirit.

The Holy Spirit has given our community a great sister of praise and the team wouldn't be the same without good Carol. **Marnea Shamblen** will be serving as a first time angel. She will quiet herself long enough to give the Figure of Christ Meditation. She may learn to praise God while "in flight" this weekend.

Jamie Prestel, a true saint in the making, and a great angel of long experience, will continue to give praise as our two first-time angels "earn their wings". We have been graced with a true sister of the Christian Vision, **Karen Moore**, who will begin the "One Talk", firing the canons of praise giving the Ideal Rollo. She is no stranger to singing God's praises having previously served as a coordinator and working many teams.

Two walking holy spirits, **Fr. Joseph McCloskey** and **Deacon Bobby White** will divide the spiritual talks and will set the table of praise veiled in sacramental conversion. **Janet Sherbert** is most excited about doing her first lay talk. She has worked many weekends as a spiritual guide, and she is taking a spin of praise as a first time table leader and will be praising God in the Layperson in the Church Rollo.

There is so much holy excitement flowing out of her — little fires are being lit wherever she goes. Praise God for her willing spirit and generous nature. **Tawana Wiley**, God's shout from the mountain top, will debut with the Piety talk shaking her tambourine of praise. Well, maybe she won't have a tambourine, but she will begin to assemble the tower of praise, the tripod, for our new sisters. She will also serve as a new table leader.

Theresa Szkromiuk has thrown herself in front of the Grace Train that is the Holy Spirit and will be doing the Study Rollo.

Her sweet notes on the flute and her sweet praise in the Study Rollo on Saturday morning will place the second leg on the tower of praise that is the tripod. She will also serve as a table leader. **Gwen Haigwood**, a living conductor of praise, will serve as an angel, but will pause long enough from her duties to give the Action talk. She will place the third leg on the tower of praise that is our tripod of Piety, Study, and Action.

Phyllis Winston is so wonderfully made that she has been singing God's praises at the top of her lungs. We are trying to get her to tone it down a little for when she gives the Leaders Rollo. In typical **Bobby Whiteian** fashion, she will probably end with "Can I hear an Amen?"

Peggy Braham is our musician. She combines an angelic voice with the talent of Brahms the composer and arranger of melodious praise. She will also be presenting Christ's Message to the Cursillistas Meditation on Sunday morning.

Nancy Smallwood, God's gift of praise, would like to dance her way in full Holy Spirit mode through the Study of the Environments Rollo, but she knows this might not be the best time to try to master a new skill. As God's instrument of sanity, she will serve as the Assistant Coordinator and the Keeper of praise and of Ginger. Ms. Praise herself, **Pat Wells**, is so wonderfully made that she will be spinning the Holy Spirit's web of grace when giving the Christianity in Action Rollo. She is a veteran table leader and Rollista extraordinaire firing grace shots over everyone's bow.

Theresa Bowser, our "Assistant Coordinator in Training" will be bringing the new sisters to the feet of Christ when she delivers the Cursillista beyond the Cursillo Rollo. She is a walking shot of praise and her whole being says wonderfully made to the heavens. And finally, I am graced to be the Coordinator of the Woman's 210th, and to be giving the final talk of the "One Talk" wrapping up things on Sunday with the Total Security Rollo.

Hot sizzling grace on a plate, served steaming with praise, and garnished with little spicy bits of conversion, the weekend promises to be a font of joyous praise because..... We are indeed wonderfully made!

Ginger Caldwell, Coordinator
210 Women's Weekend



Fifth Day Corner

In Memoriam

Dee Carroll- April 21, 1933 - December 7, 2012

Early in December Dee Carroll died quietly at home, of natural causes. She had not been ill. The words of Psalm 27:13 that Dee found deep meaning in were used on the prayer card for her Memorial Service: "I believe that I shall see the good things of the Lord in the land of the living".

When anyone loves God they see so much of the *Good Things of the Lord* in the land of the living...Dee Carroll loved God... and she saw those Good Things in life, in people, in a lot of things...

What Good Things did Dee see in the land of the living? Well, everyone who reads this- who knew Dee- we were all some of those Good Things she saw.... (And if you didn't know her, the fact that you loved God and Cursillo would be enough.)

We who knew her, knew her as a spunky, faithful, faith-filled, enthusiastic, funny, adventuresome, energetic, generous, loving, believer in Jesus Christ. Dee saw the Good Things in the work she did: She loved teaching and the kids she taught... She taught physical education at Ballou High School and Spingarn High School in DC, and after getting a Masters Degree in Counseling, she served as a guidance counselor at Hine Junior High School for many years.

She saw the kids as people to have relationships with, and not just teacher to pupil. She wanted to know more about their lives, and was respected and loved by them, as they often looked her up to tell them about their lives long after they graduated. She couldn't mention God publicly in the schools, but she evangelized by the way she lived and loved. She worked with young folks also as she taught religious education— mostly Confirmation — at St. Nicholas parish for several years.

Cursillo was among the Good Things Dee knew.... It didn't start out that way.... She loved to tell the story (embellished more each time she told it) of how Jeanne Skelley invited her to a Cursillo Weekend soon after she came back from serving as a missionary to Africa where she taught "health" to teen-aged girls. She had loved being there and came back home only because she was sick. Anyway, Dee went on the Cursillo without a clue as to what it was about (there wasn't much said in those days – 1969). She got through it, feeling awkward and with many reservations, but before long she was working on a team.

I met her in 1971 when I made my Weekend in Northern Virginia and Dee was on that team. (Marty and I made our Weekends there because it was during the short period of time that the Washington Movement was inactive in DC. Dee continued involvement in Cursillo, and after I returned from living in Hawaii for a couple of years, we re-met while working on a team in Spring of 1975.

What wasn't there for her to love about Cursillo and the see the Good Things of the Lord! She loved the people, the movement, the organization, everything about the Weekend and the on-going ways to live out God's love— the piety, study and action— that she embraced for the rest of her life. She served on various committees, as Lay Director of the Movement, and as a weekend coordinator at least twice.

She worked hard as a Redskins usher when Cursillo was doing fund-raisers there, and was a critiquer-at-large. Besides her work with students and Cursillo, Dee saw the Good Things at St. Nicholas parish where her service included being a Director of RCIA, parish council member, CCD teacher, Social Committee member, and critiquer-at-large.

She also saw the Good Things in her family: She had an older brother, a twin sister and two younger sisters.... Also, three nieces and three nephews (one of whom lived with her when he went to college in the area. She especially loved making arrangements to go to the Beach in the summers with as many of her sisters and their families as could go. For many recent years, she looked forward to the Race for the Cure every June when her sisters, their husbands, and nieces and nephews would come (one sister is a cancer survivor), and they'd all participate in the race.

She saw the Good Things in her community of Pheasant Run (Laurel) where she served on the board, where she walked daily and picked up trash as she went, and was again a critiquer-at-large. She also served on the Women's Auxiliary of the Laurel Volunteer Firemen and as a volunteer at LARS (Laurel Advocacy and Referral Services).

There were many facets to Dee: she saw Good Things as she worked seasonally at a Zoo Petting Farm, and as a volunteer usher at the Hippodrome in Baltimore and she graciously and with no fanfare befriended many, including women at a Laurel shelter. She liked to go out to the wallflowers.

She loved learning, and after earning two Masters Degrees (in Health/ P.E. and in Counseling), she went to school for certificates in Gerontology, Education for Parish Service and Legal Aid.

Dee had a healthy spirituality... She believed that the Holy Spirit accompanied her on her journey. She knew she wasn't perfect... and she knew she was forgiven. Her favorite line from a song sung at her Memorial Service was (Jesus saying): "I didn't come to call the perfect; I'll meet you right where you are."

I was blessed to know Dee, and I believe I was one of the Good Things in her life... She certainly was/is in mine. She was a friend whom I could count on for anything she could possibly do.

She was a friend and admirer of Marty, and was Aunt Dee to our children as they were growing up (including Confirmation Sponsor for 2 of them)... The years went by and she became Aunt Dee to our grandchildren... All of them loved her, and her sometimes zany ways... she was the "fun aunt" who would get down on the floor with the kids, who would run with them, and who would listen to their gripes. She was part of our family for so many years— and that included my sisters and their families and my mother when she was alive... She was one of the few people who with her silliness could really get my mother to laugh. We will/ do all miss her.

What Good Things is Dee seeing now in the Land of the Living? Best of all, I believe she has met face-to-face the Lord whom she loves. I believe in the Communion of Saints and I imagine that she is enjoying the people she loved who went before her (including her mom and dad and Jeanne Skelley, and so many others)... and at the same time I believe she is aware and appreciative of her family and friends here who grieve her. A favorite song of Dee's (sung at her Memorial Service) was: "All I ask of you is forever to remember me as loving you."

Dee was ever the "Cursillo angel", and I can see her trying to and get everyone organized while exercising, singing, dancing, and telling tall tales with gusto and much teasing and laughter.

I believe that the Good Things of the Lord that Dee saw in the land of the living here on earth continue to be more clearly seen from the perspective of eternal life.

*Ginny Novak
Laurel Ultreya*



School of Leaders Mark Your Calendars

*January 23, 2013
Religious Freedom*

As we strive to be leaders in our communities (home, neighborhood, work, church) we must be able to understand and talk about the critical issues confronting our community of faith. This past year we, as the Catholic Church of the Archdiocese of Washington, were called to participate in a novena of prayer culminating with a rally at the Shrine for the intention of protecting religious freedom. The crisis emerged with the enactment of some provisions of the new health care bill designed to fill gaps in health care particular for the disadvantaged – something sorely needed.

At the same time, requirements placed on all employers to contribute to insurance that includes support for birth control and abortion have created a moral dilemma for Catholic institutions that serve the public (hospitals, schools, programs for the poor). What are the issues behind the dilemma?

Fr. Bill Foley will lead us in exposing the issues, looking at Catholic doctrine and attempting to understand these complex issues in practical terms. Our communities are in conflict. How can we respond? Come join us for an informative fact-finding and lively discussion of our faith in action in our lives.

*February 20, 2013
Looking at Piety as we enter
Lent.*

Piety is the first leg of our tripod of practices to help us become more effective bearers of the Good News. We naturally turn to shaping up our prayer lives during the season of Lent, but is there something else we should think about in addition to intensifying our prayers, making daily Mass attendance an objective and spending more time in God's presence? Fresh off the Men's Weekend where he presented the Piety Rollo, Charles Smallwood will help us take another look at piety – just in time to make it part of our Lenten observance.

Upcoming Topics

April:

Practical Pointers on Group Reunion
Group: Action Lessons from veterans

May:

Saying "yes" to being a team member
Group: Piety

June:

Open Forum on the Three Phases of
Cursillo
Group: Study
Pre-Cursillo, 3-Days, Post-Cursillo
Breakouts

Co –chairs: Shelia Vallot (301) 928-4701
svallot@verizon.net
Sue Numrich Snumrich@ida.org

CURSILLISTAS WHO WILL NEVER BE

*In memory of the 20 children and 6 adults who
died in the Newtown Elementary School
shooting.*

*Excerpts from a father's testimony before
Congress after the 1999 Columbine High School
massacre:*



*Your laws ignore our deepest needs,
Your words are empty air.
You've stripped away our heritage,
You've outlawed simple prayer.
Now gunshots fill our classrooms,
And precious children die.
You seek for answers everywhere,
And ask the question "Why?"
You regulate restrictive laws,
Through legislative creed.
And yet you fail to understand,
That God is what we need!*

*Stop for a moment and say a simple prayer for
our country.*

Darrell Scott
Father of slain Columbine student
Rachel Joy Scott



Cursillo® Prayer List

If you have prayer requests or want to be added to the mailing list to receive prayer requests, please submit your e-mail information to MaryAnne Upright at MAUpright@aol.com

Where are those Pictorial Directories?

Coming soon, they are in production. It took a lot longer than we originally anticipated getting the copy through the proofing process and into final production. Distribution will be through the Ultreyas. Contact Denise Wilson, 301-523-2818 or Lethia Kelly 202-425-7034 if you have questions.



EDITOR'S CORNER

Calling All Articles!!

Are you a writer? Do you have thoughts, poems, prayers, or reflections to share? The Washington Cursillo® Community wants to hear from you!! **Ultreya Leaders, please send us your sharing – it would be great to hear from each leader at least once a year!** Articles should be submitted in **Arial Font, 11 Font Size** no later than the submission date below for the following issue. **Remember to sign your articles with your name, weekend, and Ultreya,**

Submit articles **at any time** to Lethia Kelly at larsk196@msn.com or Denise Wilson at w5wilsons@verizon.net

March-April 2013 Issue
Submissions are due by:
February 15, 2012

Theme: *“Lord Change Me, Not My Family”*

Website News!!

Jack McFadden and Tom Arnold
(Web managers)
The Washington Cursillo® Movement website is



CALENDAR OF EVENTS

Upcoming Cursillo® Weekends

Josephite Center, Washington, DC

210th Women's Weekend
Ginger Caldwell, Coordinator
February 14 – 17, 2013

Preakness FundRaiser
May 2013 (to be confirmed)

208th Women's Weekend
Nancy Mattingly, Coordinator
October 10 – 13, 2013

211th Men's Weekend
Tom Arnold, Coordinator
November 7-10, 2013

Region II Upcoming Events

Pope John Paul Retreat Center, Vineland, NJ

April 12-14, 2013
Region II Spring Encounter
October 25-27, 2013
Region II Fall Encounter

DATABASE UPDATES

The Communications Committee is in the process of updating the way in which we disseminate information to the community. We need your help. If you receive the 4th Day News by mail, please take a moment and let us know if you still need to. We are attempting to cut down on the amount of return mail we receive after each newsletter mailing. You can confirm your preference for receiving the newsletter by visiting our website at <http://www.washdc-cursillo.org> . Follow the directions for signing up to receive the newsletter by mail or email. If you do not have access to a computer, and receive your newsletter by mail, please contact either of our Communications Co-chairs, Lethia Kelly at 202-425-7034 or Denise Wilson at 301-523-2818 to confirm your choice. If you have a change in address, email or telephone number please notify us at:

Lethia A. Kelly, CMP
larsk196@msn.com.

or

Denise Wilson
w5wilsons@verizon.net

The deadline for newsletter distribution updates/changes is March 30, 2013 after which time, we will email and mail to those of record with valid addresses. If you have any questions, don't hesitate to contact Lethia or Denise.

LIST OF ULTREYAS

Assumption
12:30 pm, 2nd Sunday
Assumption Church

TBD

NE/SE
7:30pm, 1st Friday
St. Anthony's Cafeteria

James Brightful
202-269-4606
Bernadette White
202-269-0710

Bowie-Lanham
7:00pm, 2nd Friday
St. Edward's, Bowie

Judy Kelly
301-249-7197
Marguerite
Dobrosielski

Our Lady Queen of Peace

TBD

After 10:30 am Mass,
3rd Sunday
Room 1 Our Lady
Queen of Peace

Calvert County
7:30pm, 2nd Monday
St. John Vianney
Church Basement

Rita Leclerc
410-326-2078
Gisela Victoria
Linda Pixton
Toni Abresch

St. Teresa of Avila
7:30pm, 2nd Monday
St. Teresa's Church
Msgr. Clark Hall (MCH)

Erin & Charles Wiley
301-996-6082

Central PG County
7:30 – 3rd Friday
St. Joseph's, Largo

TBD

East of the River
7:30pm, 4th Friday
OLPH
1st Portable Bldg.

Pearl Baylor
301-894-8405
Rita Robinson
301-297-7769

St. John the Evangelist
7:00pm, 2nd Sunday
St. John's Church Hall
Forestville, MD
MAUpright@aol.com

MaryAnne Upright
Acting Ultreya
Leader

Laurel
7:30pm, 3rd Friday
St. Nicholas Church

Arnie Rauch
301-498-8806
Theresa
Szkromiuk
267-205-4739
Wayne Nostro
wnostro@gmail.com
Kathy Schmitt
kschmitt123@yahoo.com

Montgomery County
7:30pm, 1st Saturday
1733 Metzertott Road
Adelphi MD

Sonia Melendez
inishlyn@verizon.net

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Mitchellville, MD 20721

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