



APRIL- MAY 2011

# Fourth Day News

Washington Cursillo Movement

*Informing, Enlightening, and Building Community*

## Secretariat Corner

### 2011 Pentecost Celebration

Alleluia! He is Risen!  
We are alive in His Spirit!!

Please join us for our **Cursillo Pentecost Mass** celebrating our wonderful cultural movements on **Sunday, June 12<sup>th</sup> at 3:00 pm** at **St. Ambrose Catholic Church**, located at 3107 63<sup>rd</sup> Avenue, Cheverly, MD 20785.

Following Mass, we will fellowship in the church hall and share our native dishes with one another. Please mark your calendars to come and join in the festivities. And don't forget to wear your native attire and bring your favorite dishes to share!

### A Coordinator's Witness

I want to thank God and the Washington Cursillo community for the opportunity to serve as the Men's 205<sup>th</sup> Cursillo Weekend coordinator. Since I started my 4<sup>th</sup> day in November of 2004, it has been a blessing to be a part of this movement. The movement, the community, and my small group have seen my through many life changing accomplishments and tragedies.

Living the method has been the 2<sup>nd</sup> best spiritual encounter of my life with the 1<sup>st</sup> being accepting Jesus Christ as my Lord and Savior. I learned long ago that leaders surround themselves with great people; and God came through and sent an incredible group of guys who made my experience an amazing one. I was but a small part of making this weekend happen. Accept my sincere thanks with God's love.

~ Darren Barnes, Coordinator  
Men's 205<sup>th</sup> Cursillo

### From Ash Wednesday to Easter Sunday – an Easter Reflection

*By Deacon Ira Chase, Sr. Spiritual Director*

When we started our Lenten journey to Jerusalem on Ash Wednesday, there were some things that we as Christians should have done to prepare ourselves for the Resurrection of Christ.

For forty days we were given the opportunity to take advantage of the sacraments and special services made available for us at this very spiritual time of the year. We had the opportunity to experience the sacrament of Reconciliation, the Stations of the Cross, saying the Rosary more often, and going to Mass on more days than just Sundays.

Doing these spiritual exercises hopefully helped us to be better prepared as we looked forward to the Resurrection of Jesus Christ, our Savior, on Easter Sunday.

During the fifty days following Easter Sunday and leading us to Pentecost, let us all rejoice and take time to thank and praise God for all He has done for us!

**CHRIST HAS DIED.  
CHRIST IS RISEN.  
CHRIST WILL COME AGAIN.  
ALLELUIA!!**

Have a Blessed Easter!



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## St. Martin's Group Reunion Celebrates Its First Anniversary

"St. Martin's is in the house!" has become a familiar phrase heard recently around Cursillo events and we are offering many of you the opportunity to join us in our House, to help us celebrate our first anniversary.

St Martin's Group Reunion celebrates one year of grouping this coming April and we have grown in number, in spirit and in friendship with each other and in Christ. Our once a month Reunions have become richly rewarding and spiritually enlightening for all of those in attendance.

We usually meet on the 3<sup>rd</sup> Sunday of each month, with few exceptions. We meet at approximately 10:45 a.m., between the 9:00 a.m. and 12:15 p.m. services. On average we number 12 and there is always an open chair for you to join us in group prayer, scripture reading, and witness.

***We proclaim to you what we have seen and heard, so that you also may have fellowship with us. And our fellowship is with the Father and with his Son, Jesus Christ. 1 John 1:3***

As we are planning our anniversary celebration we extend a special invitation to all of you to join us on **Sunday, May 22, 2011** at the **9:00 a.m. Mass**. We plan to have a reception immediately following the service in our Pioneer Room in the lower church building. Our address is 1908 North Capitol Street NW, Washington DC 20001. Unfortunately, there is limited on street parking, so as I jokingly say, "bring your own as we have none." Hopefully, this will not prevent you from joining us. It would truly be our pleasure to host you in our Church Home and have you join us as we celebrate one year of making friends, being friends and bringing some friends closer to Christ.

Please feel free to contact me for further details: James Brightful, 202-269-4606 home/443-226-8420 cell. DeColores!

~ James Brightful, NE/SE Ultreya



Back row left to right: Cyndy Taylor-Wolfe, Darwin Kemp, Shakila Bland, James Brightful, Christina Wilson, Myrna Rivers, Sidique Rivers, Mark Wolfe, Angele White; Seated left to right: Lizette Rouson- Benefield, Cheryl Reynolds, Gilbert Feniwick; Missing: Florence Turner, Carrie Diggs

### A Special Sharing

De Colores !!!

I'm Cyndy Taylor from St. Martin's. Being able to share with you is both a blessing and an honor. I actually attended Episcopal Cursillo in the early 1990's here in the D.C. area. (Yes, the Episcopal Church received permission to conduct Cursillo.) But, as you are aware, the main things about Cursillo are the spiritual enrichment and the 4<sup>th</sup> Day journey.....not the denomination.

Many of you may know that the St. Martin's Cursillistas began grouping about one year ago. It has been absolutely wonderful. As a middle school teacher, my day-to-day life tends to be quite busy and stressful. I find that our group reunions bring me peace, and help me focus on our Lord, and scripture. We keep each other in prayer, and reach out in love. Our concern for each other is genuine, and the love is unconditional. Some days their telephone calls are what hold me together. What a blessing!

May God continue to enable our Washington D.C. Cursillo community to reach out to all those in need of spiritual, emotional, and physical healing.

God Bless all of you. I look forward to meeting you in person soon.

~ Cyndy Taylor, St. Martin's Group Reunion  
Psalm 149:3

## The Colors of the Rainbow

The colors of the rainbow, representing the many blessings and gifts of God, brought to life through the people that have been steered into my life, to fulfill each purpose.

The most powerful force in existence...love! With its blood **RED** heart, beating with the pulse of every son and every daughter of our Father, clinging to each other and connecting with each other like the branches of so many arteries and veins that give strength to the body. Feeding the world and bringing forth life in all forms, yet at the same time humbled in the shadow of the scarlet drops that fall from my Savior's pierced side.

Let the **ORANGE** embers of the fire burn bright with the passion for Christ...incredible because of the Passion of Christ, which is our deliverance. Ignite within my Spirit the flames of faith, searing me with the most precious brand, claiming me as one of His children. And watch as it spreads like wildfire to every person I meet, because I accept the challenge of carrying the flaming torch for my Lord, and passing it on to the next person in line to run this race with me.

**YELLOW** is the blinding light of Christ, a beacon that will draw every lost soul to its safety, piercing the darkness and driving it away. Who will guide me, if I choose not to follow the light? What purpose would I serve in this world, if I did not promise to become that light to someone else? When did I last shine a light into my own inner darkness, seeking to find answers that I have hidden from myself out of fear? Where should one go, except towards the light? How can one be afraid, when surrounded by the light? Why walk anywhere but in the light?

Breathe life into this world, just as our Father did when he created the **GREEN** plants of the Earth. There is no greater joy than to watch that which has been dead, be brought to life! And so it is with my Spirit, which lived for so long in a deep slumber, waiting for the moment to awaken. The planted seed received the Living Water, and broke free from the depths of my earthly spirit, to sprout and grow and flourish...until more seeds can be planted, more life given, more faith grown.

And what of this Living Water? Crystal clear before my eyes, and yet a rich, deep **BLUE** on any canvas painted, attempting to portray the

beauty of God's cleansing creation to our flawed human eyes. There is such power in the Water that can never truly be understood without letting it into your soul. Yes, I can see my Savior on the cross and read that He died for me, so that the blood and water that rushed from His side could save me. But, how can water quench our thirst, if we never drink it? And how can we be cleansed and healed, if we never immerse ourselves fully into the water? Drown me in the waters, so that I can be given new life from the ever-flowing fountain.

Who truly knows how **PURPLE** came to be? Could it really be as simple as the joining of blue and red, as any child could explain? I say that when the red of the Blood and the blue of the Water come together, I see the King of Kings, and the Lord of Lords. And He is crowned and robed in the majesty of purple and He will reign forever! To Him be all glory, honor, and power and He who sits upon the throne is to be praised from the highest heights!

And what of this beautiful **RAINBOW** and all of its colors? What does it all mean for me? It means that my life would be NOTHING, if I didn't embrace the colors that God has placed in my life, and find a way to paint my story with His hand guiding my every brush stroke. The world around me, the people around me, everything has been created with vivid colors, infused with the gifts and fruits of the Holy Spirit, who is always with me.

I will carry the Lord with me and let Him be revealed to every eye, even in the midst of my storms. I will trust that in that storm, I will find Jesus in every drop of living water...healing me, cleansing me, reviving me, and setting my feet upon the path again. I will stand under the protection of the Holy Spirit and know that my storm and I are part of God's perfect plan for this world.

I will walk this path as a rainbow, shimmering across the skies of everyone I meet.

I will live my life in colors.

De Colores!

~ Erin Wiley, STA Ultreya

**204<sup>th</sup> Women's Cursillo Weekend**  
**May 12-15, 2011**

**“Enter the Gate for Abundant Life”**

Our formation period was graced throughout with the presence of the Holy Spirit, who we know will be with us as we host our weekend at the Washington Retreat House.

Thursday night's silent, spiritual retreat will begin with Spiritual Director **Barbara Shaw**, who will lead our new sisters on the path to inner reflection with the *Know Yourself* meditation. **Marla-Jo Bonuccelli**, table leader will follow with *The Prodigal* meditation.

Friday morning will begin with Head Angel, **Tayloria Jordan**, along with Assistant Angels, **Sandy Sullivan** and **Gwen Sutton** giving the *Three Glances of Christ* meditation. Table leader **Burma Hill** will present the *Ideal* Rollo, followed by our Musician/Spiritual Director, **Ginny Novak**, with *Habitual Grace*, and first timer/table leader **Sharon Robinson** with the *Layperson in the Church*. **Father Bill Norvel**, Head Spiritual Director, will deliver the *Actual Grace* Rollo, followed by **Theresa Szkromiuk**, first-timer/table leader who will end our day with the *Piety* Rollo.

Angel **Sandy Sullivan** opens Saturday morning with *The Figure of Christ* meditation. After breakfast, table leader **LaVerne Atiba**, will present the *Study* Rollo, followed by **Father Bill** with *Sacraments*. Presenting *Action* is table leader **Bernadette White**. Spiritual Director **Barbara Shaw** then challenges us with the *Obstacles to a Life in Grace* Rollo, and first timer/table leader **Eva Galloway** presents *Leaders*, the last Rollo of the day.

Sunday morning Head Angel **Tayloria Jordan** sets the tone when she delivers the *Christ's Message to the Cursillista* meditation. **Marla-Jo Bonuccelli**, table leader, opens the day with *Study of the Environment*, followed by **Father Bill**, who will share with our new sisters about living their *Life in Grace*. **Sally King**, table leader, will present *Christianity in Action*, followed by Assistant Coordinator, **Joyce Davis**, delivering *The Cusillista Beyond the Cursillo*. The final Rollo of our weekend, *Total Security* will be given by me, **Phyllis Winston**, Coordinator.

We were doubly blessed with two liaisons, **Shelia Vallot** and **Maury Mattingly**.

Team 204 appreciates the ongoing prayers and continued support from our Cursillo community for the team and our new sisters as we “Enter the Gate for Abundant Life.” De Colores!

~ Phyllis Winston, Coordinator

**205<sup>th</sup> Men's Cursillo Weekend**  
**June 2-5, 2011**

**“Use Me Lord”**

The team of the 205<sup>th</sup> has been wonderful in putting the weekend together; and I was but a small part of making this weekend happen. Following is the list of guys that God sent to welcome and usher in the new brothers of the 205<sup>th</sup> weekend:

**Darren Barnes** - Coordinator  
~ *Total Security/Know Yourself*  
**Lamont Baxter** - Assistant Coordinator  
~ *Ideal/The Loving Father*  
**Fr. Patrick Smith** - Spiritual Director  
~ *Sacraments/ Faith*  
**Deacon Ralph Cyrus** - Asst. Spiritual Director  
~ *Grace/Obstacles*  
**Paul Washington** - Head Shepherd  
~ *The Cursillista Beyond Cursillo*  
**Patrick Ballou** – Shepherd  
~ *Three Glances of Christ*  
**Chuck Gray** - Shepherd  
**Charles Smallwood** - Head Musician  
~ *Environments*  
**Arnie Rausch** - Musician/Table Leader  
~ *Study*  
**Vince Jordan** - Table Leader  
~ *Action*  
**Marvin Hankton** - Table Leader  
~ *Leaders*  
**Maury Mattingly** - Table Leader  
~ *Christianity in Action*  
**Darwin Kemp** - Table Leader  
~ *Laity*

God bless the Washington Cursillo community for your prayers and well wishes. We say “Amen” and “thank you” for your continued support. Please continue to pray that God will bless each of these dedicated men and use them as a blessing to the new brothers. And in keeping with our theme, we each pray **“USE ME LORD”!**

~ Darren Barnes, Coordinator  
Men's 205<sup>th</sup> Cursillo Weekend

## Focus Article

### Your 3-Day Committee

We wanted to thank all of those who helped with the move from the Josephite House to the Washington Retreat House at 4000 Harewood Rd NE Washington, DC. It went very well.

There are 3 weekends scheduled for this year (2011) at the Washington Retreat House:

Women's 204 <sup>th</sup>	May 12-15 <sup>th</sup>
Phyllis Winston Coordinator	
Men's 205 <sup>th</sup>	June 2-5 <sup>th</sup>
Darren Barnes Coordinator	
Women's 206 <sup>th</sup>	September 22-25 <sup>th</sup>
Rose Thurston Coordinator	

The Secretariat also selected 3 weekends for next year (2012):

Womens's 207 <sup>th</sup>	February 2-5 <sup>th</sup>
Women's 208 <sup>th</sup>	October 4-7 <sup>th</sup>
Men's 209 <sup>th</sup>	November 15-18 <sup>th</sup>

The coordinators for the 2012 weekends will be announced later.

As listed on the Cursillo website, the duties of the 3-Day committee follow:

- \* Designate the leadership team for the Cursillo weekends.
- \* Education Serving Committee in preparing the weekend team leadership for weekend planning and team formation.
- \* Arrange where and when the weekends will be held.
- \* Maintain and manage the inventory lists of supplies for the weekends.
- \* Be on call during each weekend in case the team has emergency needs.
- \* Disseminate information regarding the Weekends and the Cursillo movement.

The 3-Day Committee ideally should be comprised of folks from every Ultreya. Currently represented are Calvert County, NE/SE, Montgomery County, Laurel, and Bowie/Lanham. We would love to have representatives from the other Ultreyas, so please let us know if you would like to serve with us!!

So, how are coordinators chosen for the weekends? Here is the process:

To be eligible to be a weekend coordinator you must 1<sup>st</sup> and foremost be practicing the method (being active in group reunion and Ultreya). Then you must have worked at least 4 teams, giving at least 3 talks and one meditation or 4 talks. Hopefully the talks have been spread over the 3 days of the weekend. You must also have served on the core team (i.e., as assistant coordinator, shepherd/angel, or musician). Being active in the School of Leaders and other Cursillo events is also taken into account.

The persons that meet the criteria, are then listed by male and female candidates, in order of their longevity in the movement. Once finalized, the two lists of names are submitted to the Secretariat for approval. Once approved, the candidates are called in the order they appear on the list. The first one that says yes will be the coordinator.

This process is followed each time coordinators are chosen. And there is a new list developed each time.

We hope this information has been helpful. We also hope to have a regular spot in the 4<sup>th</sup> Day News to keep you updated in our role in the Movement.

~ Nancy & Maury Mattingly, 3-Day Co-Chairs

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### Cursillo Prayer List

**If you have prayer requests  
or want to be added to the  
mailing list to receive prayer  
requests, please submit your  
e-mail information to  
MaryAnn Upright at  
[MAUpright@aol.com](mailto:MAUpright@aol.com)**





## CALENDAR OF EVENTS

### Mark Your Calendars!

Don't forget Leaders' School  
Third Wednesday of every month  
Last two this season 18 May &  
15 June (Open Forum)  
7:00 pm to 9:00 pm  
St. Joseph's, Largo, MD

204<sup>th</sup> Women's Weekend  
12-15 May 2011  
Washington Retreat House

205<sup>th</sup> Men's Weekend  
2-5 June 2011  
Washington Retreat House

206<sup>th</sup> Women's Weekend  
22-25 September 2011  
Washington Retreat

Pentecost Mass and Celebration  
12 June 2011  
3:00 pm  
St. Ambrose Catholic Church  
Cheverly, MD

21<sup>st</sup> National Cursillo Encounter  
28-31 July 2011  
St. Mary's University  
San Antonio, TX

Relax and Reflect Retreat  
26-28 August 2011  
Holy Trinity Retreat Center  
Baltimore, MD

Annual Washington Cursillo Picnic  
September 2011  
Actual Date TBD  
St. John Vianney  
Calvert County, MD



## EDITOR'S CORNER

### Calling All Articles!!

Are you a writer?

Do you have thoughts, poems, prayers, or reflections to share? The Washington Cursillo Community wants to hear from you!! Articles should be submitted in **Arial** Font, **12** Font Size no later than the submission date below for the following issue.

Submit articles **at any time** to [mjbfuzz@verizon.net](mailto:mjbfuzz@verizon.net)  
**AND** [annbatiste@hotmail.com](mailto:annbatiste@hotmail.com)

**June/July Issue** submissions  
are due **by 20 May 2011.**

### Website News!!

Our Website is up and running; **but** continues to be an ongoing work in progress! So please be patient with us as we continue to develop and build it into the best it can be!

Darah Means (formatter/designer)  
Jack McFadden and Tom Arnold (web managers)

The Washington Cursillo Movement website is –  
<http://www.washdc-cursillo.org/>

**Check It Out!!**

**Give us your feedback!!**

# LIST OF ULTREYAS

**Assumption**  
12:30 pm, 2nd Sunday  
Assumption Church

TBD

**NE/SE**  
7:30pm, 1st Friday  
St. Anthony's Cafeteria

**Phyllis Winston**  
202-723-6756  
**James Brightful**  
202-269-4606  
**Joe Bowser**  
202-635-3733  
**Bernadette White**  
202-269-0710

**Bowie-Lanham**  
8:00pm, 2nd Friday  
St. Edward's, Bowie

**Al Dwyer**  
301-341-5076

**Calvert County**  
7:30pm, 2nd Monday  
St. John Vianney  
Church Basement

**Trudy & Joe Mihalcik**  
410-586-1674

**Our Lady Queen of  
Peace**  
After 10:30 am Mass,  
3rd Sunday  
Room 1 Our Lady  
Queen of Peace

**Liz Blake**  
301-853-3029

**Central PG County**  
7:30 – 3<sup>rd</sup> Friday  
St. Joseph's, Largo

**Theresa Bowser**  
301-390-1310

**St. Teresa of Avila**  
7:30pm, 2nd Monday  
St. Teresa's Church  
Undercroft

**Kelly/Lamont Baxter**  
301-780 8815

**East of the River**  
7:30pm, 4th Friday  
OLPH  
1st Portable Bldg

**Jennifer Tilghman**  
301-982-0641  
**Pearl Baylor**  
301-894-8405  
**Rita Robinson**  
301-297-7769  
**Jocelyn Dugue**  
301-982-0641



**St. John the Evangelist**  
7:00pm, 2nd Sunday  
St. John's Church Hall  
Clinton, MD

**John Geron**  
301-449-6654

**Laurel**  
7:30pm, 3rd Friday  
St. Nicholas Church

**Brinda Albert**  
301-490-9786  
**Dee Carroll**  
301-776-4056  
**Jean Hannagan**  
301-776-7496  
**Oliver Wilford, Jr.**  
340-294-4278

**Montgomery County**  
7:30pm, 1st Saturday  
1733 Metzert Road  
Adelphi MD

**Joe O'Leary**  
301-229-2026

**Behold the Lamb  
of God!  
Behold the  
Savior of the  
World!**

## Still Loved

When I stumble

help me accept that I am  
imperfect... in a world that demands perfection.

I am

judgmental... in a world that needs charity.  
sorrowful... in a world that needs joy.  
hateful... in a world that needs peace.  
impatient... in a world that needs patience.  
hurtful... in a world that needs kindness.  
sinful... in a world that needs goodness.  
selfish... in a world that needs generosity.  
angry... in a world that needs gentleness.  
unfaithful... in a world that needs faithfulness.  
bold... in a world that needs modesty.  
self-indulgent... in a world that needs self control.  
immoral... in a world that needs chastity.

And yet, I am

still loved by

God,

who grants

mercy to the sinful.  
compassion on the brokenhearted.  
justice for the poor.

In Your image,

help me to be

understanding when others stumble.  
forgiving when others hurt me.  
compassionate when others are in need.  
loving when others are hateful.  
humble when the world is proud.

I am

ever faithful

and though I stumble  
I give my life

to

You.

©Toni Abresch  
Dedicated to the 202<sup>nd</sup> Women's Cursillo  
October 6, 2010





## 2010 - 2011 Upcoming Events

Study Book: "Friendship: The Art of Happiness"  
by John Cuddeback

### CSOL Meeting Venue:

St. Joseph Catholic Church  
2020 St. Joseph Drive, Largo, MD 20774  
7:00 p.m. - 9:00 p.m.

### CSOL Meeting Dates:

Wednesday, April 20, 2011 – **No CSOL: Holy Week**

**Wednesday, May 18, 2011**

Chapter 7: Charity: Friendship with God and Neighbor

**Wednesday, June 15, 2011**

Open Forum

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### Relax and Reflect Retreat

August 26-28, 2011

*Holy Trinity Spiritual Center*

8400 Park Heights Ave, Baltimore, MD 21208

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### **21<sup>st</sup> National Cursillo Encounter**

Thursday, July 28 – Sunday, July 31, 2011

St. Mary's University, San Antonio, TX

[www.natl-cursillo.org](http://www.natl-cursillo.org)

Co-chairs: Joyce Davis, [jmdavjan98@aol.com](mailto:jmdavjan98@aol.com)  
Phyllis Winston (202) 723-6756