

Fourth Day News

Secretariat Corner

Washington Cursillo Movement



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Ultreya, the Backbone of our Movement

“Dedicated to all the Ultreya Leaders, past and present.”

From the time I attended my first Ultreya shortly after my Weekend in late 2007, I realized that something Spiritual was happening in this place with these people. Upon arrival that Friday evening at the Central Prince George’s County Ultreya, I was warmly greeted by a roomful of strangers who welcomed me and introduced me to the spirit of Cursillo. Through their love, devotion to Christ and each other, and their openly giving witness to how Christ works in them, with them and through them, I knew this was something incredibly special.

Not long after attending that Ultreya, I found my new home NE/SE Ultreya. Not only did this group of strangers take me in, but they allowed me to relive the love and Christ-centered fellowship I had experienced on my Weekend.

All these many years later after serving eight years as Ultreya Leader spread out over two terms, giving a yearly witness, numerous special occasions, and celebrations, I still eagerly await that first Friday of each month. ***“For I am longing to see you so that I may share with you some spiritual gift to strengthen you or rather so that we may be mutually encouraged by each other’s faith, both yours and mine.”*** **Roman 1: 11-12** Even when not feeling my best, I must go to the Ultreya. There is no medicine that works as effectively or instantly as Ultreya. They have mourned with me! They have lifted and supported me! They have advised me, guided me, directed, mentored me! They are the family for one who has no family in the area, they are faithful friends, they love and care for me and all of this comes without cost or condition and done in the name of Christ and friendship.

One of the greatest gifts that came out of this pandemic is the availability to attend a virtual Ultreya. While the personal touch, hugs, and of course, the fiesta is not there, the love pours out through the screen.

As a newly seated Co-Lay Director, it was one of my goals to attend as many of the Ultreyas as possible so that I might get a better sense of what is happening with our Ultreya. But I gained so much more from this fact-finding mission. I now had the same love coming through the screen on a near weekly basis.

I now had the opportunity to hear so many others give witness to how God is working in their lives. I too had an opportunity to give witness to so many others of the same. I had the blessing of sitting in my home and have my brothers and sisters join me as we all are joined with Christ and friendship. ***“For where two or three are gathered in my name, I am there among them.” Matthew 18:20***

Yes, through Ultreya we can be closer with Christ in friendship and fellowship that we cannot even get in church. In church we are given the opportunity to hear what Christ can do in our lives, but in Ultreya we can tell others what Christ is doing in our lives. We get to tell them what we are doing to bring others closer to Christ. In Ultreya we get to talk about our friendship with Christ.

So, to all of those of our Family who serve as Ultreya Leaders I thank you for serving in such a special and valuable position in our Community. The role you play is far greater than the position I carry as a Lay Director. Our Movement would be able to continue without Co-Lay Directors, but it is built on the backs of those Ultreya Leaders.

“We proclaim to you what we have seen and heard, so that you also may have fellowship with us. And our fellowship is with the Father and with his Son, Jesus Christ.” 1 John 1:3 If you have not attended Ultreya lately, I suggest you run, not walk, to one very soon.

**James Brightful, 194th Men’s Weekend
Co-Lay Director
Blessed to be Ultreya Leader with Bernadette
White NE/SE**

50

Years a Cursillista (AND STILL COUNTING)!



To start with, a traditional “Cursillo Introduction”: My name is Ginny Novak. I worship primarily with St. Nicholas Parish in Laurel, MD (where I am a Founding Member). I began my 4th Day (lived my Cursillo Weekend) in May 1971 in Northern Virginia (when Cursillo was temporarily inactive in Washington) and sat (grouped) at the table of Peter’s Mother-in-Law (at that time all table names had to be associated with a male saint). I’m a part of the Laurel Ultreya and attend other Ultreyas when I can. At this point, I am among the longest, continuously-active Cursillistas in the Washington Cursillo Movement – and maybe -- the oldest, too! 50 years?! Why does anyone continue to do anything for 50 years?



The simple answer: LOVE! From the very first time I heard Cursillistas singing *De Colores*, and so must all love be of every bright color to make my heart cry, my heart did cry — not out of sadness! There was just something about a joyful community singing this song about God’s love that affected me emotionally...something that awakened the hunger in me to know this love of every bright color. Paradoxically, throughout my 50 years in Cursillo that longing has both continued, and continues to be satisfied, beyond anything I could have imagined!

Frequently at the end of an Ignatian retreat, we take the time to look back at the blessings God has showered upon us on the retreat. We call this a “gathering of the graces.” I’m taking this opportunity to reflect on and gather the graces of my 50 years as a Cursillista. The primary grace for me was meeting Jesus! Yes, I was born a Catholic, but Cursillo really introduced me to Jesus, the person, and to the fact that Jesus/God wanted to encounter me as friend! I learned that I could relate to Jesus in a personal way, as a friend! This was a life-changing realization for both my husband Marty and me! Marty, too, became a life-long dedicated Cursillista when he made the Weekend two weeks before I did.

He is now living his 5th Day in the company of many loved ones. The Weekend though was just an introduction to a lifetime of growing and deepening my relationship, my love for this personal God, who is also my Savior and Lord.

It is a never-ending adventure! I count the graces in the people I’ve met and become friends with so many folks “***of every bright color,***” lay and clergy, the honor of whose company I never would have known except for Cursillo. Folks who may not look like me; folks who worship, sing, pray differently, especially Cursillistas in Hawaii (*where we lived for two years right after we made our Cursillo Weekends*) native Hawaiians, Filipinos, Japanese; and of course, Black Catholic Cursillistas of Washington, D.C. These, and so many other saints who have enriched my life beyond measure by their friendship, by their expressive worship and music, and in the sharing of our hearts.

Reflection leads me to include my gratitude for the wisdom of the founders of the Cursillo Movement who provided the framework to nourish faith...graces through years of living and sharing in various friendship groups/Group Reunions, including study groups, couples’ groups, and women’s groups, each a haven for sharing our lives, growing in relationship to Christ, and living the tripod of Piety, Study and Action. Sharing at this level has been grace upon grace, a stimulant for love of God and love of neighbor, so I look briefly at the graces of sharing each of these inspirational tripod legs.



Piety—Sharing my intention to dedicate my life to knowing, loving, and serving God, (*certainly imperfectly, but with a desire and intention to do that*). This intention has been birthed and animated by the Church and the Sacraments, especially the Eucharist, and it has been fueled and encouraged by the holy men and women I have encountered, especially in Group Reunions and in Ultreyas. Grace upon grace!

Study—Through the years, my eagerness to know how to live my faith through Study. Study of the Environment has led me to pursuing classes and certificates in Scripture, Theology, Spirituality, Ignatian Spirituality, and Spiritual Direction, all with the end, not of Information, but of Formation and of moving toward evangelization. Grace upon grace!

Action—Sharing “action” has led and encouraged me to be evangelically active, e.g., my parish: Initiating RCIA, Leadership in Retreats, Renew, Liturgy, Music, CCD, Women’s Shelter. And beyond my parish, to retreats and spiritual direction, to “doing small things with great love,” and to being a good citizen (civic duties), with hope of building up the Kingdom of God. Belief in the ideals and goals, and love for the Cursillo Movement impelled me to work in the Movement in several capacities.

Belief in the ideals and goals, and love for the Cursillo Movement impelled me to work in the Movement in several capacities. All of this has been grace (even as there were challenges and questions). Graces came from being on the Secretariat as 3-day Co-Chair and later as Co-Lay Director of the Washington Cursillo (both with Marty).

Also, from being a team coordinator (rectora), and from being a team member mostly Music Leader and/or Spiritual Adviser. And being wowed at the wonder-full work of the Holy Spirit in every one of the thirty-seven teams I have served on! And now serving again on the Secretariat, this time as a Spiritual Advisor.

Another expression of my love for the Movement, and certainly to be counted as a grace, came when, after much prodding from Cursillistas to make a music tape/CD, a Cursillista friend (Dee Carroll, now in her 5th Day) encouraged me to do this for Cursillo by putting up the seed money. The album, *Jesus Is Changing Me*, was a labor of love on both my part and Dee’s. That CD eventually led to my making two more, with all the proceeds totaling many thousands of dollars going to the Cursillo of Washington, (I wish I could remember exactly how much). In all these ventures, the holy friends I have made and worked with have been graces on my spiritual journey.

Spiritual Direction has been another lifechanging grace in my life as a disciple of Christ. I learned about it first from hearing of it on my weekend in 1971; through most of the 50 years since, I have taken advantage of spiritual direction, first by Fr. Jim Downs, and subsequently by other diocesan and Jesuit priests and lay women. For the past thirty years or so, after years of mentoring, classes, and training, I have had the privilege of serving as a Spiritual Director myself, doing one-on-one “direction,” and serving on retreats. Again, grace upon grace! Reflecting on all this, makes me realize how **“full of grace”** my life has been. I have come to appreciate **Mary**, as **THE ONE** who is full of grace, and devotion to her has been inspired and nurtured by the faith of many other Cursillistas.

The fifty years of showers of grace have included going to other parishes-even in other localities, and meeting and being welcomed by folks with the common lived experience that Cursillo provides; to have loved and been loved by folks I would never have met otherwise; to know so many folks who love the Lord, and don't mind saying so; to have been able to exercise and share the gifts that I'm most grateful for: music and spiritual direction. Cursillo isn't everything. God is, and God's grace abounds! My most important role, my most graced role in life, has been as a wife and mother. Then for many years, as a grandparent, and now it includes being a great grandmother! Whether they know it or not, the lives of these offspring have been richer, more full of grace because of the blessing of Cursillo in mine and Marty's life, beginning when our three children who were ages 6, 9 and 11 when we made our weekends. Cursillo changed us, including who we were as parents, who, with God's grace, were able to love them better because of what we learned through Cursillo.

Some Giants of the Cursillo Family who have had a profound effect on me are in their 5th Day joining the heavenly host. I know I can't name them all, and that it's dangerous to name some and not all, but some who come to mind: *Norman Bankins, Jeanne Skelly, Fr. Bob Lewis, Joan Penn, Margaret DePompa, Marge Abendshein, Arrie Horton, Fr. Jerry Hargrove, Bob Baczynski, Dee Carroll, Tom Kelley, Joe Koles, Robbie Robinson, LaVerne Atiba, Pete Abresch, and of course, Marty Novak.* Please forgive any names I haven't mentioned. God knows their names! They all have enriched my life with their dedication, their humor, their faith, hope and love.

Some Giants who are still alive, but not active in Washington: *Fr. Downs, MaryLou and Ralph Pieranunzi, Fr. Bill Waters.* Those still alive and still active: *Msgr. Ray East, Brother Richard McCann,* and way too many more to mention.

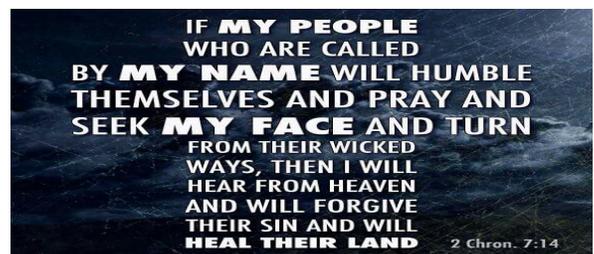


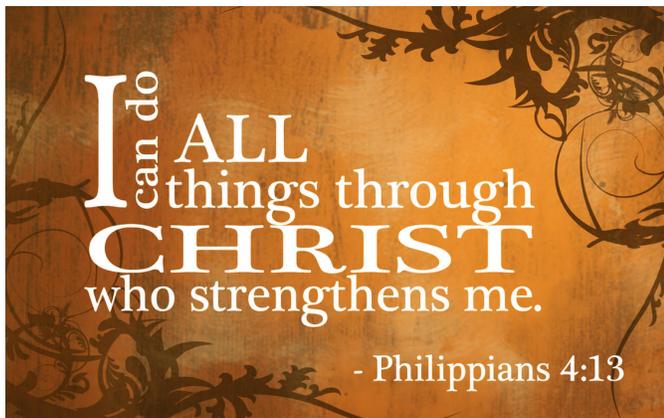
What more can I say? Anything really is inadequate to express my gratitude to our loving God for the last fifty years! I can only say a humble thanks... Thank you God, for the companions on this journey; thank you, Cursillo folks, for *"the honor of your company."* Indeed, **"Love"** must be of every bright color to make my heart cry! Cry! And laugh! And dance! And rejoice! And sing! And give thanks! This song might say it all:

My Tribute (Andre Crouch)

How can I say thanks for all the things You
have done for me?
Things so undeserved, yet You gave to prove
Your love for me.
The voices of a million angels could not
express my gratitude.
All that I am and ever hope to be, I owe it all to
Thee.
To God be the glory, to God be the glory, to
God be the glory for the things He has done.
With His blood He has saved me, with His
power He has raised me.
To God be the glory for the things He has
done.

____ ***Ginny Novak, Laurel Ultreya***





CONTEMPLATION AFTER READING THE COLLECT BEFORE MASS ON JUNE 17, 2021

O God, strength of those who hope in You. Graciously hear our plea, and since without Your mortal frailty can do nothing, grant us always the help of Your Grace, that in following Your commands, we may please You by our resolve and our deeds.

Today for a moment, I understand this. God the Father has always been and has no need to change. Jesus embodies in human form that eternal God to allow us to access Him through our human senses. God had to enter human history so there would be a record of how God as a human could experience what we experience when we are loved and when we are hated, accepted, and rejected, cared for and lonely, praying to an invisible Father for light in darkness, suffering excruciating pain at human hands and still love.

We are assured in Scripture, God's Word, that God loves each one of us as though there were only one of us, but until we love back, there is a lack. When we love back a new entity is created through the presence of the Holy Spirit who is the power source between the Lover and the beloved in a reflection of God's Love for His Son.

The Spirit is the aspect of God that grows whenever one of us responds to God's love and seeks the connection through this unique power source.

Reflect on what is happening on a Cursillo weekend which is a gathering of strangers convening to find a way to grow closer to understanding who God is, wanting to grow into a relationship as those connections are being forged, one can feel the power growing as the Holy Spirit is building the community.

Human spirits can unite to reach the goal of creating a new product or reaching a new goal, but that enthusiasm wanes as the project is completed and the search begins for another endeavor. But when the Spirit builds a community of connections between each of us to the Living Creator, we become agents of change. There is no completed project, no end to the endeavor. It just grows and expands. God invites us to assist His children to find their own connections to God through the Holy Spirit's power source.

It's not like God couldn't do all this connecting alone. Really, He can do whatever He wills. He could demand that we do His will. He could say, **"You owe me. I sent My only Son to save you,"** but no, instead He asks. He invites us to join Him in seeking out His lost ones to help bring them to Him. Doesn't that just leave you breathless with wonder? So, loving heavenly Father, as it says in the Collect, may we please You by our resolve and our deeds, always with the help of Your Grace. Amen.

Dorie Ranaghan, Laurel Ultreya

Fifth Day Corner



As Cursillistas, we live our Fourth Day, preparing to live our Fifth Day when the Lord calls us home. At this writing we say so long to Cursillistas and family members who began their Fifth Day this past quarter.

Peter Abresch

41st Men's Cursillo Weekend

LaVerne Atiba

*152nd Women's Cursillo Weekend
Co-Lay Director 2012 -2015*

Earl Day

108th Men's Cursillo Weekend

Jacqueline Rikard

207th Women's Cursillo Weekend

Phyllis Toliver

109th Women's Cursillo Weekend

Marguerite Wade

13th Women's Cursillo Weekend

They were pilgrims on this journey of life. Now they rest in the arms of our savior. They have made their way to this Highway to Heaven. We will miss you dearly, but we know that you go before us, and we will see you again someday soon.

5th Day Remembrance of my Friend and Sister



LaVerne Atiba

Sweet friendships refresh the soul and awaken our hearts with joy, for good friends are like the anointing oil that yields the fragrant incense of God's presence. ____ Proverbs 27:9

I first came to know LaVerne over twenty years ago when we were both serving on the Secretariat. I liked her from the very beginning because we had similar temperaments. LaVerne had been serving as Secretary on the Secretariat for many years. She was a person who could be, "crazy like me," and enjoyed having fun. I was first impressed by her dedication to the Cursillo movement. Whatever she was asked to do, she would willingly and dutifully set to the task.

You could see from her dedication that the movement was in her heart and a major part of her life. She was just as dedicated to her family, friends, faith, and church. While working as team member for the weekend she coordinated, I could see that "**she was a natural born leader,**" and she knew how to, not only work with each of the team members, but how to inspire them to be the best that they could be.

I recall how excited she was to be a part of the National Encounter that was scheduled to take place in Washington in 2008.



I watched her rise through the ranks until she and Paul Washington became the Co-Lay Directors of the movement here. I was honored to serve on the Secretariat during her term in office. She truly encouraged me to head a committee I was not knowledgeable or skilled enough to carry out. But she made me believe that I could do it. So, my term as Co-Chair of Communications was dedicated to her and her belief in me. She made me believe that I could put together the Cursillo directory and with her support and encouragement, I was able to accomplish that task. Yes, she could bring out the best in me.

As a friend she proved herself during the time of my hospitalization and recovery from open heart surgery. Her phone calls while I was in the hospital were words of concern and encouragement, which were helpful in my healing process. While in rehab she and her best friend Gwen went shopping to buy me a new wardrobe so I could be the best dressed patient in rehab. She began a custom of calling and checking in with me at least one day a week. She carried this kind act of friendship on for years, up until she was no longer able to do so because of the illness that took her from us. She also shared her prayer life with me.

She would pray the Divine Chaplet with me weekly. After her death, her sister Diann chose to continue this beautiful act of kindness and take on that commitment her sister made so many years.

She was truly family to me as well, she continued a family tradition her mother had passed on to her, that tradition, which was to open her home to others on holidays who had no family to share the day. So, for years she would have me to her home as well as anyone who needed a loving home cooked meal and some family. I was blessed to become part of that family celebration as I have no family to be with on holidays. She would always begin each meal with prayer and each guest giving witness to what they were thankful for.

Yes, LaVerne was a friend, she was family, she was an inspiration, and she was a true child of God. She lived and loved as she had been taught but more importantly, she put those virtues into practice. LaVerne was a friend, she made friends, and she lived to bring those friends closer to Christ through her words and actions. De Colores!

**“Bubs” Shelia Vallot
Women’s 32nd Weekend
Former Co-Lay Director Washington Cursillo
Movement**



***Farewell our faithful friend,
we’ll see you on the other
side.***



GEORGE PAUL DUGUE', Jr. "Papa's Fifth Day"



George Paul Dugue', Jr., known to most in this neighborhood as "**Papa**," began his 5th Day in the early morning of June 29, 2021. Papa was the last one of his family to celebrate the 4th Day officially when he made his weekend in November 2001.

On occasion when asked why he did not make a weekend in New Orleans like his wife and five of his six children, he would respond that, "I say my prayers and my rosary." Married for 66 years, **Meme (Jocelyn) and Papa (George) were a praying pair** – rosaries with the Rosa Mystica devotions, regular mailings of daily devotionals to all their grandchildren and regardless of circumstances, a powerful display of faith.

As I asked family about the most indelible memory of Papa, I discovered that he was a master of the Cursillo method long before most of the family went on a weekend. Children and grands alike talked about the fear that came with "**no spanking, just go sit in the room with Papa.**"

His six children and seventeen grands have vivid memories of what personal contact was like, and no one came into the room that did not leave with a word of wisdom that left an indelible mark. He was the initiator of several environmental group reunions at home as a founding member of the Vikings Krewe, a regular gathering of married couples called "**The Twosomes**," and Friday night socials at the Autocrat Club; these were among the most prominent of his group reunions. Three elements of Papa's groups were food, fellowship, and faith in the Cursillo tradition nearly 50 years before his weekend. So, in November 2001, when Papa made his weekend, there were new friends but the same method. He was already near perfection in personal contact, a master at initiating environmental group reunions, and the friend who found time to help the least of his brothers and sisters. The love of our heavenly Father radiated from Papa Dugue' and touched many lives. His last informal group reunion came together in his room at Sunrise Assisting Living at the breakfast hour on June 29th only to find that he went home in the early morning. They wept at the loss of their Papa and friend who had been with them for less than a month. He lit them up with the fire of the Father's love.

Papa's life is like John's Gospel; we did not tell all, just enough to know that Papa was the image of the Son transforming lives – in and beyond his church. What can we do to celebrate his life? Live the method as he did and love as he loved. Meme and Papa were powerful prayer warriors and the picture of the church transforming the neighborhood. So, we are confident that Papa heard the "welcome my good and faithful servant" on June 29th. Let's follow in his footsteps and climb the stairway to heaven. Ultreya!

Deacon Timothy Tilghman, – this is it!





Therefore, thus says the Lord God, see, I am laying in Zion a foundation stone, a tested stone, a precious cornerstone, a sure foundation: "One who trusts will not panic."

Isaiah 28:16

If you need prayer or know someone who does, please send your request to James Brightful at Pray911amen@gmail.com.

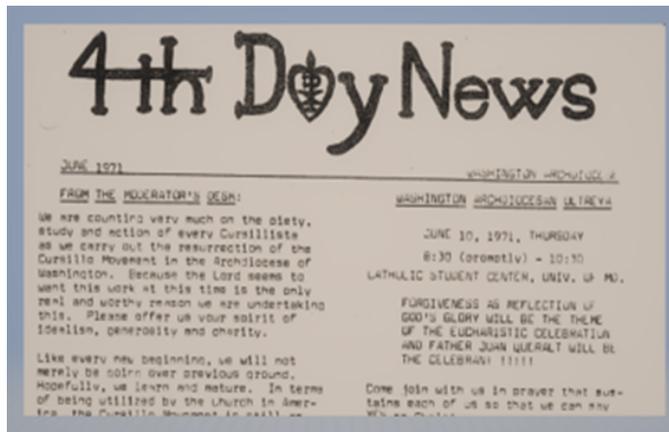
SPOTLIGHTS ON CURSILLO SERVICE

Call to Serve

From the day I entered my Fourth Day in 1976, I have looked forward to receiving the Fourth Day News. There was always something in that little publication for me and each time I opened it I felt more connected to the rest of my Cursillo community. The Fourth Day News has been serving our Cursillo movement for more than fifty years during which generations of Cursillistas have been informed and fed by its contents.

There were times when the Fourth Day News was a lifeline for me as I had to take a break from being very active to care for aging parents who chose to spend their last years in my home. I could share the joy of my brothers and sisters as they served on teams and brought new members into our community.

Articles by our spiritual directors gave me inspiration I may not have found in my own parish community. This was my community, my spiritual home, and no matter where I was or what was happening in my life, I could count on it to bring me home if only for a few moments.



The face of the Fourth Day News has changed through the years as you can see from the snippet of the edition from June 1971. In those days it consisted of simple, typed pages with an occasional drawing, like the header you see in the snippet, but it always had exhortations from the spiritual directors and news of the committees.



Today's full color pages allow for the creativity of the writers and editors to shine forth as we include, not only the news of our movement, but the Fifth Day column through which we can rejoice in the lives of Cursillistas who have entered their fifth day as we share the sorrow of those loved ones left behind.

It is a compilation of the reflections of the Lay Directors as they look back on what happened during their tenure. These historical reflections are accompanied by lists of where weekends were held and how many served as team members on the weekends. Our documentation of our history ended in 2004, not by some agreement, but simply by not having someone to assume the role of contacting the former Co-Lay Directors and appending their reflections to those we have.

We need an Historian. We can pull all kinds of information from the database, but the reflections of the Lay Directors are invaluable as a personal witness to the presence of the Spirit in the Washington Cursillo.

Can you be an Historian for a year or two?

It doesn't require travel. It can be done at your own pace. Just interview and document. Help us to maintain an understanding of ourselves as a part of the Catholic community in this diocese, a unique and valuable part that needs to be remembered.

Contact Sue Numrich (snumrich@ida.org) or Ginny Novak (ginnynovak1@gmail.com) if you feel you can respond to this need.

PRESERVE THE MEMORIES



Cursillo School of Leaders (CSOL)

Meets the third Wednesday of the month at 7:00 pm on Zoom.

On Wednesday, November 17, we will discuss the chapter 4 of Fratelli Tutti (no meeting in December for CSOL).

Join Zoom Meeting

Time: This is a recurring meeting
7:00 – 8:50 pm

<https://us02web.zoom.us/j/81552163918?pwd=a2FIWXJDS2MybDhuUVpVL3k2MythUT09>

Meeting ID: 815 5216 3918

Passcode: 750344

One tap mobile

+16465588656,,81552163918#,,,,,0#,,750344#

US (New York)

+13017158592,,81552163918#,,,,,0#,,750344#

US (Washington D.C)

Dial by your location

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington D.C)

+1 312 626 6799 US (Chicago)

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+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 815 5216 3918

Passcode: 750344

Find your local number:

<https://us02web.zoom.us/j/81552163918?pwd=a2FIWXJDS2MybDhuUVpVL3k2MythUT09>

Please access the complete Fratelli Tutti documents by clicking on the link:
Fratelli tutti (3 October 2020) (vatican.va)

Below is the full text of the document in an easy to read pdf format.
Fratelli tutti (3 October 2020) | Francis (vatican.va)

**Kathy Schmitt, Co-Chair, CSOL
66th Women's Cursillo Weekend
Diocese of Richmond
Laurel Ultreya**

Fourth Day News

2021 ~ ~ 2022

PRODUCTION SCHEDULE

2021

4th QUARTER SPECIAL ISSUE

October – December

Submission Deadline – December 10th

Publish Date-December 20th

2022

1st QUARTER ISSUE

January – March

Submission Deadline – April 2nd

Publish Date – April 16th

2nd QUARTER ISSUE

April – June

Submission Deadline – July 2nd

Publish Date – July 16th

3rd QUARTER ISSUE

July – September

Submission Deadline – October 1st

Publish Date – October 22nd

4th QUARTER SPECIAL ISSUE

October – December

Submission Deadline - December 10th

Publish Date-December 20th

LAUREL

Third Friday of the month, 7:30PM-9:30PM

Join Zoom Meeting:

<https://us02web.zoom.us/j/88116319819?pwd=Qzh5aS9DMTdCTHhDZFZZVjd6dXR0Zz09>

One tap mobile

Meeting ID: 881 1631 9819

Passcode: 116357

+13017158592,,88116319819#,,,,,0#,,116357#

US (Washington D.C)

+19292056099,,88116319819#,,,,,0#,,116357#

US (New York)

CENTRAL PG

Fourth Monday of the month, 7:00PM – 8:00PM

Join Zoom Meeting:

<https://zoom.us/j/96280454591>

One tap mobile

Meeting ID: 962 8045 4591

Dial-in: 312 626 6799,,96280454591#

SOUTHERN MARYLAND

Fourth Wednesday of the month, 7:00PM - 8:30PM

Join GoToMeeting:

<https://global.gotomeeting.com/join/709099293>

You can also dial in using your phone.

United States: +1 (646) 749-3122

Access Code: 709-099-293

New to GoToMeeting? Get the app now and be ready when your first meeting starts:

<https://global.gotomeeting.com/install/709099293>

Join us on Social Media



Facebook:

<https://www.facebook.com/CursilloDC>

Instagram:

[@CursilloDC](https://www.instagram.com/CursilloDC)

Cursillo Website:

<https://www.washdc-cursillo.org>

Region 2 Website:

[region2cursillo.com](https://www.region2cursillo.com)

Editor's Corner

Do you have thoughts, poems, prayers, or reflections to share? The Washington Cursillo® Community wants to hear from you!!

If you know someone who has gone on to their 5th Day, we need your sharing and memories. Please send them before the submission deadlines!!!!

Articles should be submitted no later than the "submission deadline" listed on the Production Schedule, using Arial 12 Font Size, and be no longer than 600 words.

Remember to sign your articles with your name, weekend, and Ultreya.

Submit articles by email to Cursillo Communications Committee Co-Chair:

**John M. Conroy
at**

communications@washdc-cursillo.org

**The Washington Cursillo® Movement
Website**

<http://www.washdc-cursillo.org>

For information, on Social Media, please contact:

**Stefani Miles, Coordinator
Communications Committee**

communications@washdc-cursillo.org

ULTREYA

Assumption

1:30pm, 2nd Saturday
Undercroft
Assumption Church

Gwendolyn Jarman

gwendolyn.jarman@rcn.com

Richard Sylvester

Bowie-Lanham

7:00pm, 2nd Friday
St. Edward's, Bowie

Tony Colbert

acolbert10@gmail.com

Calvert County

7:30pm, 2nd Monday
St. John Vianney
Church Basement

Ginger Caldwell

goingsouth@olg.com

Cathy Martinoli

auntcathy20736@yahoo.com

Central PG County

7pm, 4th Monday
Rosemont Room
St. Joseph's in Largo

Harold Sims

Harold.sims@yahoo.com

240-701-2415

East of the River

7:30pm, 4th Friday
OLPH
1st Portable Bldg.

Pearl Baylor

301-894-8405

pearlbaylor@yahoo.com

Laurel

7:30pm, 3rd Friday
St. Nicholas Church
8603 Contee Road
Laurel, MD 20708

Emmeline Thomas-Suah

Kathy Schmitt

kschmitt123@yahoo.com

Bob Jacobs

Bobjac11@hotmail.com

Montgomery County

7:30pm, 1st Saturday
**Missionaries of the
Most Holy Trinity Home**
1733 Metzerott Road
Adelphi MD

Sue Numrich

SNumrich@ida.org

Faye McAneny

301-806-0960

North Montgomery County **Sharon Casey**

7:00pm, 3rd Sunday
St. Paul's Church Hall
9240 Damascus Rd.
Damascus, MD 20872

Cn1sc1@verizon.net

301-325-7209

Dora Pleasant

dorapleasant@aol.com

240-246-6045

NE/SE

7:30pm, 1st Friday
St. Anthony's Cafeteria

Bernadette White

bcw3056@yahoo.com

James Brightful

Jamesb.vacation@gmail.com

St. Teresa of Avila

7:30pm, 2nd Monday
St. Teresa's Church
Parish Life Center (PLC)
14th & V Streets, SE
Washington, DC

Joyce & Willie McNeill

jmdavjan98@aol.com

staultreya@gmail.com

So. Maryland

7pm, 4th Wednesday
St. Mary's Church
Newport

Marc Abresch

tipmanrules@hotmail.com

Christine Abresch

chrisabresch@hotmail.com