



Fourth Day News

Washington Cursillo Movement

Informing, Enlightening, and Building Community

Secretariat Corner



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**BE STILL AND
KNOW THAT I AM
GOD**
EVERY ONE IS INVITED TO
JOIN THE
“PSALM 46: 10 COMMITTEE”

It’s been a long break since I **last** served on the Secretariat. If you have been in the military, another government agency, the chancery or the central office, you learn the real why nobody wants to be at headquarters. Headquarters is the check valve, the screen in the garbage disposal, the place where the buck stops. The Secretariat is like headquarters except for one thing, it is an environment group reunion (if does not mean anything to you, it’s time that you revisit the School of Leaders). I don’t do committee reports. I come to the Secretariat meeting and ask the same question at every meeting: “How does your individual action as a Cursillista, and your collective action as a special group reunion help to build God’s community?”

I am on the Psalm 46: 10 Committee. Every time I show up for a meeting, I am charged to ask the communal gathering to “Be still and know that I am God.” Of course I am not God; I am the bald-headed baby deacon at the corner of the table without a committee report to give. The real joy of our Cursillo Movement is that the Secretariat, the special environmental group reunion, does the exercise to be still and be aware of the awesome presence of the Christ who lives and transforms lives. Once aware of God’s presence, and only then, is this group prepared to clean the screen where garbage collects so God’s grace comes more abundantly to those living and learning the Cursillo Method.

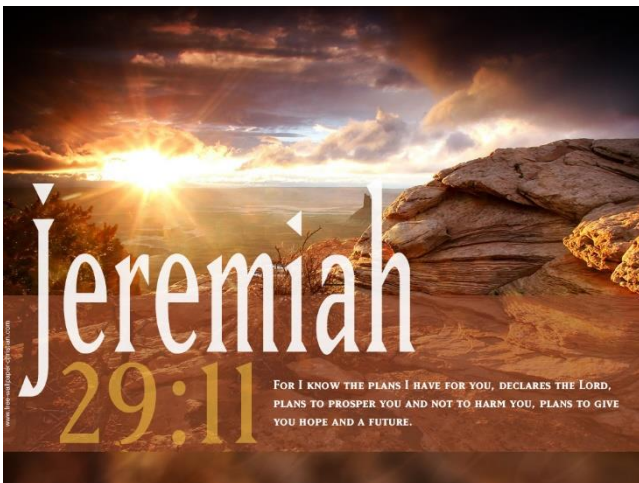


The Secretariat is always focused on creating and sustaining group reunions here because that is the Cursillo Method to assure that there are more saints in heaven. At times, it appears that the **Psalm 46: 10 Committee** is the smallest in the Movement.

The Palanca Committee is working on prayers from the world community; the angels are scrambling to fix the schedule after checking in with all the other committees.

The Liturgy Committee is trying to get the essentials into the schedule along with an AGAPE and MANANITA. Nuts & Bolts is handling nuts and bolts of the weekend. The Core Team is refining the schedule and cleaning the screen in the garbage disposal to assure that the grace flows thru the three Day Weekend.

I could concoct a similar story about the Secretariat, but that is not the point of this story; the point is *“Be still and know that I am God.”*



Everything fits into the schedule except the consistent work of the **Psalm 46: 10 Committee**. There is not enough time, nor is there a high priority given to the work of this committee.

This committee is charged with the often over-looked essential, **QUIET TIME**. What does the quiet time do?

- **Sets the tone for the weekend** after introductions and the first two meditations
- **Gives the babe chick an extra moment reflect on the talk** in order to share how the living God impacted the life of one who is suddenly conscious of Christ's presence in his or her life
- **Makes the meditation real** for the team and the babe chicks
- **Enables babe chicks and the team to experience the depth of God's love thru palanca** and sacrifice given for those on the weekend out of God's boundless love
- **Gives time for the examination of conscience that makes the sacrament of Reconciliation** the best confession ever on the weekend
- **Gets the babe chick a chance to ask to extend time with the Christ** during Eucharistic adoration
- **Provides the moment for the babe chick to ask** one of the presenters or witness from a special table group summary to expound on the witness about the living Christ

The Psalm 46: 10 Committee is responsible for these things every time a group assembles and especially on the Cursillo Weekend.

These are the *“Magnificent Seven”* experiences that are not in the Manuals but are integral parts of our Cursillo Method.

I am inviting you to join the Secretariat in accomplishing the work of the **Psalm 46: 10 Committee**. You need to do only two things – be disciplined about the use of time in presenting the essentials of the Cursillo Weekend and fight to include the quiet time in the schedule because that is when the living Christ is most vividly present to the communal gathering that is the Church.

ULTREYA! DECOLORES!

*Deacon Timothy E. Tilghman
Spiritual Advisor to the Secretariat*

“Let’s Go To The Hop”



**Calling All Cursillistas Babe chicks,
Cluck hens and Roosters**

If your Ultreya wants to be a “**Hop Host**”, please contact Paul Washington or LaVerne Atiba: at LayDirector@washdc-cursillo.org or Paul Washington on 202-302-3518; LaVerne Atiba on 202-494-0060.



213th Women’s Cursillo Weekend “Living In The Joy of the Gospel”

*Let us build the City of God
May our tears be turned into dancing!
For the Lord our Light and our Love
Has turned the night into day!*

Sound the trumpet! Play on glad tambourines, dance madly for the Lord! A new day is dawning. Out there in our communities there are many women desiring an encounter with the Lord Jesus. Waiting to meet these women and to share the joy of the Gospel is a new Spirit- filled troupe of dancers that the Lord has gathered to build a community for the October 9th-12th weekend. What a joyful time, a time to come together to prepare for the new sisters whom the Lord is inviting to come and be with Him.

Pope Francis reminds us in his apostolic exhortation, *Joy of the Gospel*, that the Gospel, ‘radiant with the glory of Christ’s cross, always invites us to rejoice.’ In the New Testament Scriptures, Jesus calls us to live His peace and joy and go out with fervor and a joyful spirit to bring others to Him. **Put the word out!** We are going to celebrate the Good News - for the 213th Team is gathering under the banner of ‘Living in the Joy of the Gospel’.

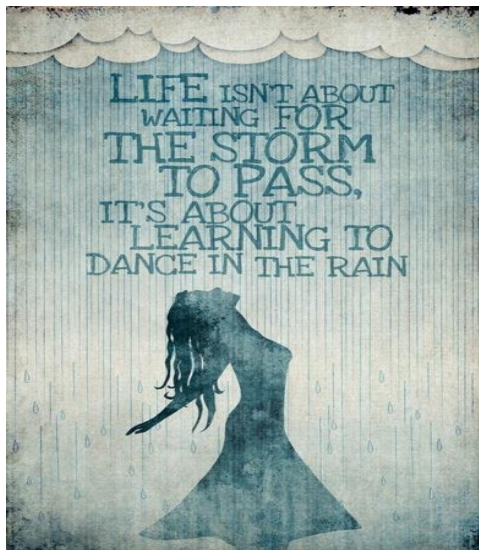
This is the theme which was inspired by the Holy Spirit and taken from Pope Francis' Joy of the Gospel, a joy whose foundation is found in God's Word.

In formation and ready to meet our new sisters in the dance is the 213th Women's Cursillo Team. Msgr. Ray East, Brother Richard McCann and Ginny Novak are the team's joyful and inspiring Spiritual Advisors, with Ginny also serving as our Lead Musician.

Energetic, loving and trustworthy bell-bearing dancers are the Angels, Ginger Caldwell, Glenette Fitzmyer, and Nicole Commissiong.

Waiting in the front of the dance floor to welcome the new sisters are our prayerful and compassionate Table Leaders, Mary Anastasio, Jackie DeMesme-Gray, Mimi Nostro, Kathy Schmitt, Barbara Shaw, Trudy Mihaicik, Denise Washington and Sheila Williams.

With humility and gratitude, Judy Kelly, Coordinator, looks on with her caring and gifted Assistant, Sandi Allison-Harris, and marvels at the beautiful, faith-filled team the Holy Spirit as put together.



Jesus Christ, creator of the dance and lead choreographer, invites you to fill the stage with more dancers!

Won't you help us with your prayers, your loving support and your sponsorship of a new babe chick! We're calling all Cursillistas to start now!

Dancing madly in the Spirit works best if we have lots of folks on the dance floor. So let's get dancing and praying together, living in the joy of the Gospel. Let's make a friend, be a friend, and bring that friend to Christ. Then together we can continue to build the City of God. The Lord of all kindness has called us to be a light for his people to set their hearts free.

Judy Kelly
Coordinator of 213th Women's Cursillo



If you have prayer requests or want to be added to the mailing list to receive prayer requests, please submit your e-mail information to MaryAnne Upright at MAUpright@aol.com.

A Call to all Sponsors and Ultreya Leaders!!!

We are calling on you to let you know that the upcoming weekends are fast approaching. As of this time, we only have one application for the women and the potential of a couple for the men. Cursillistas, our role is to be the evangelizers for Christ and bring our friends to share in Christ through Cursillo. The way to do this is to talk with your friends who are not Cursillistas and share with them the joy you have by being that ambassador for Christ and sharing Christ within your environments. It is through this sharing that we rely on you to bring candidates into the Cursillo.

What then is being asked of you? In order for our brothers and sister to enjoy in the fruits of Cursillo, you the leaders of our Archdiocese are asked to really begin work NOW to seek and prepare new Cursillistas to ready themselves for the upcoming weekends. The upcoming weekends are as follows:

Women's Cursillo 213th Weekend October 9 - 1, 2014	Men's Cursillo 214th Weekend November 6 - 9, 2014
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Please help grow the Cursillo Movement by following the mission of a Cursillo Leader:

“Make a friend, Be a Friend, and Bring your Friend to Christ!”

Sponsorship Guidelines

“Make a friend. Be a friend. Bring your friend to Christ.”

For candidates to attend a Cursillo weekend, they MUST have at least one sponsor. To be a sponsor is a privilege as well as a serious Christian responsibility. Sponsoring someone for a Cursillo in Christianity is not a haphazard circumstance. It should be a deliberate act, the result of making Jesus Christ part of our daily life. Therefore, you must know your candidates very well. Before sponsoring, consider the following...

How to be a “good sponsor”?

- A good sponsor is a witness
- You are actively attending Group Reunion, Ultreyas, and Cursillo activities (such as Closings) to grow in Christ with the community
- You are expressing the gospel messages through actions and words within your environments
- You prayerfully select candidates who will lead in the transformation of their environments to Christ

I. Whom to sponsor – the candidate

- Cursillo is a movement of the Catholic Church, for Catholics only
- Candidates should be those who will lead in the transformation of their environments to Christ
- Candidates are willing to make a commitment to the Cursillo Movement’s Fourth Day of life, i.e., Group Reunion and Ultreyas to help them persevere in their efforts to live as Christians in the best possible way

- II. What the Cursillo is NOT:
- It is NOT just a weekend experience
 - It is not for someone who is looking for a retreat
 - It is not group therapy for emotional problems **
 - It is not a cure-all for personal problems **
- ** Out of love for and fairness to those having problems, they should be referred to people with the proper training. Who to sponsor should always be a result of discerning prayer.

- III. How to Sponsor? What Should Potential Candidates Be Told?
- Prior to giving your candidate an application:
 - Explain the Cursillo method of Piety, Study, and Action
 - Stress the beauty and importance of living the Fourth Day
 - Take them to Ultreya gatherings before you give them an application
 - Invite them to join your Group Reunion
 - Explain the 3-day Weekend:
 - Several talks and meditations by lay people and spiritual directors,
 - Discussions and sharing after each talk,
 - Daily Mass
 - Reconciliation
 - Time with the Blessed Sacrament

Important: The Cursillo is not a secret!

- IV. How do I support my candidate BEFORE the Weekend?
- Ensure that your candidate is a Catholic
 - Accompany your candidate to Group Reunion
 - Bring your Candidate to Ultreya
 - Offer prayer and sacrifice for your candidate
 - If necessary, help the candidate shoulder the cost of the Weekend experience

- V. How do I support my candidate DURING the Weekend?
- Ensure your candidate has had dinner before arrival at the Weekend center
 - Transport your candidate to the Cursillo site and introduce your candidate to a weekend team leader or member. At this point, your candidate becomes a Cursillista
 - Send Palanca so they know you are supporting them through prayer and sacrifice offered for their Cursillo
 - Attend the Cursillo Closing on Sunday evening
 - Provide transportation home for your Cursillista

- VI. How do I support my candidate AFTER the Weekend?
- Accompany your Cursillista to Group Reunion
 - Accompany your Cursillista to Ultreya
 - Offer prayer and sacrifice for your Cursillista

- Accompany your Cursillista to the next Diocesan Ultreya, and local Ultreya
- Actively support your Cursillista in the Fourth Day for at least 6 months, through prayer, frequent contact, encouragement to attend Cursillo activities, etc.

Co-Sponsors Are Encouraged

The Fundamental Ideas of the Cursillo Movement, the basic book of the worldwide Cursillo Movement, says:

“It really should be a group or a community that sponsors and supports the candidate, because the living witness of community life adds so much to the effectiveness of the preparation.

- The ideal would be for the candidate to be already a part of a community conducive to his or her union with other Cursillistas in the post-Cursillo.”
- If you plan to sponsor a candidate who is not from within your parish or Ultreya community, a co-sponsor from the candidate’s local community will help with the necessary Fourth day contacts after the weekend.
- New Cursillistas should be active in Group Reunion and Ultreya for at least 1 year after your Cursillo weekend before taking on this responsibility as an individual. It is highly recommended that you co-sponsor with a Cursillista who has been following the Fourth Day life for a number of years.

Cost of the weekend

A Cursillo costs \$190.00 which includes meals, lodging, and all materials. A fifteen \$15.00 deposit should accompany the application. The remainder is due at the time of the weekend. Payment made by check should be made payable to Washington Cursillo Movement.

Applications

The application is in two parts:

- Your candidate completes (page 1) his or her part of the application,
- You, the Sponsor, a religious and the Ultreya Leader MUST complete page 2 of the Application

When both sides are complete, forward the application with the deposit to:

**Charles and Nancy Smallwood
Co-Chairs
Archdiocese of Washington
Precursillo Team
90 Turnabout Lane
Huntingtown, MD 20639-3709
(410) 535-2154
(443) 994-5553 (Mobile)**

FIRST ANNUAL NOT-FOR-ULTREYA LEADERS ONLY WORKSHOP

On May 17th, 20 Cursillistas gathered at St. John Vianney to work towards making our Ultreyas even better than they already are! There was representation from nearly all currently active Ultreyas in our movement. We’re hoping Forestville and East of the River will be able to make it next year.

Also, there were eight individuals in attendance who aren't Ultreya Leaders—now that's Cursillo leadership in action!

Our morning began in God's garden with a spiritual reflection and exercise led by our newest Spiritual Advisor, Cheryl Pilkington. If this is what we can look forward to from Cheryl, then we're in good hands for our future spiritually!

The theme of the workshop was 'Keep Bringing those Friends to Christ' stressing the importance of personal contact. To highlight this theme was a short skit performed by yours truly, the 4th Day Committee Chairs with able assistance from committee member Duane Clark. The morning continued with several breakout sessions and lively group discussions. We ended, as always, with fellowship and food!

Attendees came away with ideas and suggestions for ways to improve our efforts at personal contact at the Ultreya level and the 4th Day Chairs came away with pointers to share with the Secretariat that will assist us in making our Ultreyas stronger and more viable.

Many in attendance thought a second workshop in the fall would be a good idea. However, due to the fact that there are already two workshops on the calendar (September 20 on Sponsorship and November 15 on Music—which all are encouraged to attend) and a men's and women's weekend scheduled, we'll plan our next workshop for next year. Keep an eye out for the date!

Ginger Caldwell and Judy Kelly
4th Day Committee Co-Chairs



MY Cursillo Family

Thank you so much for the outpouring of love during the passing of my mother Florence Jones. The supportive phone calls, letters, cards, and Masses were the source of my strength. Also, I was in awe at the large representation from the community at the home going on Saturday.

My prayer is that God will bless each of you in a special way as you have blessed me

DeColores
Rose Thurston



MY CLOSEST MOMENT

Let me share my closest moment. Talk about full circle! April 27th I got up at 2:30 am and went to the John Paul 2 Center to view the Canonization live from Rome as it was happening. This Pope has meant so much to me for so many reasons.

Too many to go into (besides which you all know them). My closest moment occurred when at the exact moment Pope Francis decreed John Paul 2 a saint in Rome; his blood relic was walked into the room where we all were and I had the chance to venerate it (crying pretty much like a baby).

FULL CIRCLE... my original article written in ...November 1995. Please visit our website at www.wash-dc@cursillo.org. Check it out. THANKS FOR LETTING ME SHARE.

DeColores
Pat Wells

“For they did not yet understand the Scripture that he had to rise from the dead.” (Jn. 20:1-9)

When one reflects on the text above, one must recall those moments when the scriptures appeared in a language that was enigmatic to them. I know for myself that there are passages in the Holy Bible that still forces me to wonder like Marvin Gaye, “What’s going on?” For instance, the mystery of Jesus’ death and resurrection told in the scriptures is hard to understand. It’s no wonder the priest always ask the community to recall the mystery of Christ and we respond “Christ has died, Christ has risen, he will come again.” Think about what must have been going through Peter’s mind when he arrived at the tomb and the body of Jesus was taken. If I was there, I think that because of the “unknowing” I would do like the disciples and lock myself up in the Upper Room as well.

Here are some thoughts for today! When was the last time you read a scripture verse and was puzzled?

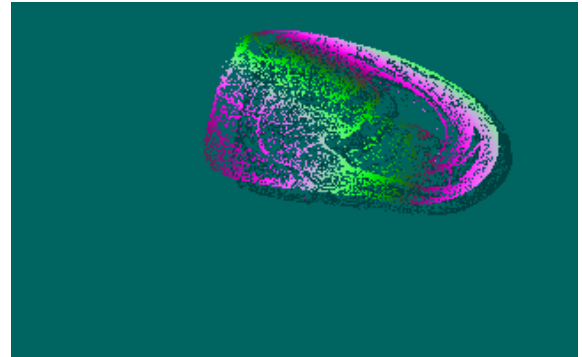
Have the Holy Spirit visited you recently causing you to ponder on the mystery of our faith that Christ has died, Christ is risen? Maybe there is a critical question that lives in you that you need answers, where will you go to have a dialogue about your personal journey and discover spiritual direction? Or maybe when you encounter those difficult passages, do you use a black marker to cover the passage that calls you to repent?

Before we go any further, let’s reflect on the disciples in the Upper Room; remember here that Jesus sent them to the Upper Room so that they could wait for the Holy Spirit. Jesus said “I have told you this while I am with you. The Advocate, the holy Spirit that the Father will send in my name—he will teach you everything and remind you of all that [I] told you” (Jn. 14:26). Here we notice that if we don’t have the Holy Spirit understanding the scriptures will be mission impossible. I think you really want to understand this point here. If one does not allow the Holy Spirit to work in their lives, they will not be able to discern the mystery of the scriptures. The scriptures are not like a good read of “Gone with the Wind” or “Romeo and Juliet.” No, the scriptures are the inspired Word of God, “all scripture is inspired by God and is useful for teaching, for refutation, for correction, and for training in righteousness” (2 Tim. 3:16). Now I ask you, “When was the last time a book like “Gone with the Wind” or “Romeo and Juliet” was used for training in righteousness? Hmm! Exactly, no book has been and will never be printed that is more Holy and Sacred as the Bible.

Therefore, as you live the Easter joy in your life, as you walk by faith and not by sight with the Holy Spirit, trust in the Lord with all your might, your soul and your heart, for the Holy Spirit is there to open the door for your understanding.

St. Paul said, "the Spirit too comes to the aid of our weakness..." (Rom. 8:26). Wow! In my weakness: when I don't understand God's word or direction in my life, the Holy Spirit will come to my aid. God is Good, for God did not leave us as an orphan, "I will not leave you orphans; I will come to you" (Jn. 14:18).

Evangelist Michael Howard
Eat the Scroll Ministry
57 Men's Cursillo Weekend



CURSILLO SCHOOL OF LEADERS

2014 – 2015 CSOL Schedule

ST. JOSEPH'S, LARGO

2020 Saint Joseph's Drive
Upper Marlboro, MD
7:00pm – 8:50pm

Wednesday, September 17, 2014
Wednesday, October 15, 2014
Wednesday, November 19, 2014
Wednesday, January 21, 2015
Wednesday, February 25, 2015
Wednesday, March 18, 2015
Wednesday, April 15, 2015
Wednesday, May 20, 2015
Wednesday, June 17, 2015

CSOL

UPCOMING EVENTS

Sponsor's Workshop
St. Edwards The Confessor
September 20, 2014-9:00-12:00

Music Workshop
November 15, 2014

Advent Day of Reflection
Deacon Thomas Molineaux
December 7, 2014-2:00-5:00
Brother's Richard Place

CALENDAR OF EVENTS



UPCOMING WEEKENDS

JOSEPHITE CENTER **WASHINGTON, DC**

OCTOBER 9-12, 2014
213th Women's Cursillo Weekend
July Kelly, Coordinator

NOVEMBER 6-9, 2014
214th Men's Cursillo Weekend
Joe O'Leary, Coordinator

4TH DAY NEWS

2014 - PRODUCTION SCHEDULE



3RD QUARTER ISSUE

July – Sept., 2014

Submission Deadline

Sept. 1, 2014

4TH QUARTER ISSUE

Oct. – Dec. 2014

Submission Deadline

Dec. 1, 2014



Editors Corner

Are you a writer? Do you have thoughts, poems, prayers, or reflections to share? The Washington Cursillo® Community wants to hear from you!! Ultreya Leaders, please send us your sharing — it would be great to hear from each leader at least once a year! Babe Chics your articles are the most important ones. Let us hear from you. **Articles should be submitted in Arial 11 Font Size no later than November 1st for the 4th quarter issue.** Remember to sign your articles with your name, weekend, and Ultreya.

Submit articles at any time to Lethia Kelly or Denise Wilson at communication@washdc-cursillo.org

Website News!!

Jack McFadden and Tom Arnold
(Web managers)

**The Washington Cursillo®
Movement website is
<http://www.washdc-cursillo.org>**

LIST OF ULTREYAS

Assumption
Not Currently
Meeting

Gwendolyn Jarman
gwendolyn.jarman@rcn.com

Bowie-Lanham
7:00pm, 2nd Friday
St. Edward's, Bowie

Judy Kelly
301-249-7197
Marme1999@gmail.com

Calvert County
7:30pm, 2nd Monday
St. John Vianney
Church Basement

Rita Leclerc
410-326-2078
leclercrita@hotmail.com

Gisela Victoria
gizelstix@comcast.net

Linda Pixton
410-610-9193
lindapixton@gmail.com

Toni Abresch
tabresch@comcast.net

Leanne Stivers
lcstivers87@gmail.com

Central PG County
Not Currently
Meeting

Burma Hill
burmahill57@aol.com

East of the River
7:30pm, 4th Friday
OLPH
1st Portable Bldg.

Pearl Baylor
301-894-8405
pearlbaylor@yahoo.com

Rita Robinson
301-297-7769
equityassurance@hotmail.com

Forestville
St. John the Evangelist
7:00pm, 2nd Sunday

MaryAnne Upright
MAUpright@aol.com

Laurel
7:30pm, 3rd Friday
St. Nicholas Church

Arnie Rauch
301-498-8806
adarausc@earthlink.net

Wayne Nostro
nostro@gmail.com
Kathy Schmitt
kschmitt123@yahoo.com

Katie Schall
301-906-9435
amydom21@aol.com

Montgomery County
7:30pm, 1st Saturday
Missionaries of the
Most Holy Trinity Home
1733 Metzert Road
Adelphi MD

Sonia Melendez
pfcjai@msn.com

And...

7:30 pm 3rd Friday
St. Paul's Church Hall
9240 Damascus Rd.
Damascus, MD 20872

Steve & Rosemary Reeves
301-391-6580
Cursillo_st.paul@verizon.net

NE/SE
7:30pm, 1st Friday
St. Anthony's Cafeteria

James Brightful
202-269-4606
James@amphitriion.com

Bernadette White
202-269-0710
bcw3056@yahoo.com

Our Lady Queen of Peace
Not Currently Meeting
St. John's Church Hall.

Shelia Vallot
202-583-0271
svallot@verizon.net

St. Teresa of Avila
7:30pm, 2nd Monday
St. Teresa's Church
Parish Life Center (PLC)
14th & V Streets, SE

Jennifer Ferguson
301-996-6082
calypsofergie@gmail.com

So. Maryland
7pm, 4th Wednesday
St. Mary's Church
Newport

Marc Abresch
tipmanrules@hotmail.com
Christine Abresch
chrisabresch@hotmail.com

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