



April – Sept 2016 – 2<sup>nd</sup> & 3<sup>rd</sup> Quarters  
SPRING – SUMMER EDITION

# Fourth Day News

Washington Cursillo Movement

*Informing, Enlightening, and Building Community*

## Secretariat Corner



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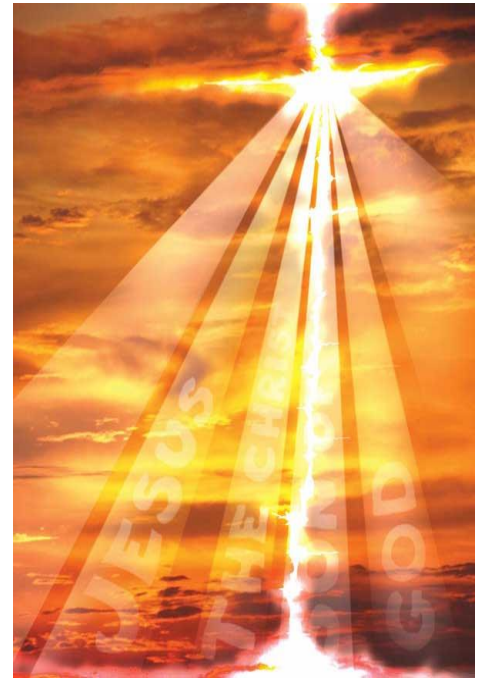
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## "WHY DON'T YOU STAY?"

*"We are companions on the journey, breaking bread and sharing life..."*

Isn't it funny how sometimes familiar old sayings pop into your mind as you go about your day? Or snatches of a song will stick with you and you just can't get rid of it playing in your mind. Well, that is what we found happening to us as we reviewed this year's Ultreya workshop.

Another favorite song bubbled out too. . . "Why don't you stay; don't I give you what you need?" These are the words from the old standard by Sugarland. Why DON'T you stay?



It seems that at some point at every workshop the discussion turns to the question of why don't we have new Cursillistas staying in our movement? And why don't new Cursillistas come to Ultreya? "You keep telling me ... there will come a time..." We probably all know that if we don't engage our new Cursillistas at first, we run a high risk of losing them from the movement. We know we won't keep everyone active, but we could be doing a whole lot better, couldn't we?

It seems that at some point at every workshop the discussion turns to the question of why don't we have new Cursillistas staying in our movement? And why don't new Cursillistas come to Ultreya? "You keep telling me ... there will come a time..." We probably all know that if we don't engage our new Cursillistas at first, we run a high risk of losing them from the movement. We know we won't keep everyone active, but we could be doing a whole lot better, couldn't we?

The 3 Day weekend is just the beginning of the journey; it is the encounter. We are called to "stay"; we are called to be a Christ to our friend—just as Christ walked on the Road to Emmaus, we must walk with our friend and be a true companion on their journey. "Why don't you stay, just a little bit longer" was sung by the 4 Seasons. For Cursillistas, it could be interpreted as the call to ongoing companionship rooted in the encounter we have in Christ.

A big part of the question we need to ask ourselves is that at the Ultreya level are we really paying attention to who comes regularly, who has fallen off, and whether sponsors are doing what they should about getting babe chicks to Ultreya and even small group. One thing is true, if someone who is living the method doesn't care enough to invite and keep inviting the new babe chick to Ultreya, they will likely disappear out of everyone's minds and disappear from the movement all together.

It has become evident that our movement cannot simply rely on sponsors to "stay" with our new Cursillistas. Our teams need to make actual plans, specific plans, to be sure they are walking with them. Our Ultreyas need to do the same. And what do we mean by "walking" really?

Are teams actually given real steps to follow, practical and specific steps and then are they held accountable? Are table leaders checking in with sponsors to see if they need some help in their responsibilities? Are Ultreya Leaders and members paying attention to who's coming to Ultreya, who's not been coming?

By not paying attention as a sponsor, by not paying attention as an Ultreya leader to the babe chicks, we run a high risk of losing new sisters and brothers who will lose interest because no one cared enough to really welcome them into the community that Cursillo is. We know we won't be able to retain everyone, but could we be doing more, could we be doing a lot better at embracing our new brothers and sisters?



"The proof is in the pudding," is an old saying we gray hairs used to hear from our parents when they were trying to call us to pay attention to what was really happening. If you made a promise and you didn't keep it, well, the proof wasn't in the pudding! We want our new Cursillistas to stay with us in the movement, which means we must make an effort to really be a friend and stay with them to be sure that they learn what they need to about the method and they truly experience the love of a vibrant Christian community rooted in the love of Jesus. The proof is in the pudding and our pudding is the Fourth Day!

Personal contact is the key at the sponsor's level, at the team level, and at the Ultreya level. We ALL need to "step up to the plate" and take our responsibilities as companions on the journey seriously. No one can do everything, but each of us can do something.

**LET'S SHARE THE LOAD, LET'S  
TRULY BE COMPANIONS!**

**ULTREYA!**

*Ginger Caldwell & Nancy Smallwood  
4th Day Co-Chairs*



Greetings Community:

On behalf of the Secretariat of the Archdiocese of Washington English Speaking Cursillo Movement, we are pleased and excited to announce the election of **Cheryl Kerwin (Calvert County Ultreya) and Shelia Vallot (NE/SE Ultreya) to serve as Co-Lay Directors of our Movement.** Join us as we commend their commitment to serve. We appreciate your nominations and thank you for your prayers and support during this process. Their terms in office will begin on December 1, 2016.

*De Colores,*

*LaVerne Atiba & Paul Washington  
Co-Lay Directors*

## **THE GUIDE TO LIVING THE CURSILLO METHOD**

Our life story is depicted in the Exodus. We spend our time in three places: bondage, the wilderness and in route to the Promised Land. We cannot know whether or not we arrived until we move into the hereafter, but it is good to ask the big question: *"Where am I now – in bondage, the wilderness or in route to the Promised Land?"* Look at the brothers on the road to Emmaus; remember the immortal words of Mac Martin: "Even if you are on the right track, you will get run over if you just sit there." Recall that the brothers on the road to Emmaus were going the wrong way until they encountered Jesus.

Some of us are on the right track, but we are just sitting there. I am just telling the truth here. We show up for every group reunion (that includes Ultreya, Friends, CSOL and maybe even Team Formation). It is good to be there, but it sometimes appears that we are standing still – no new members, no new ideas about mission and apparent accountability (if I show up and do nothing else, I have fulfilled the Cursillo call to mission).

Ultreya (Onward!) is a good song to sing, but maybe you are struggling with your Spanish so let's try a different song to keep us focused on the method of the Movement, *"On the Road Again."* Our life, our Movement is a journey in faith. When you live the method of our Movement, every day is Ash Wednesday, and we bring these words to life: "Repent; turn away from sin and believe in the Gospel." The brothers on the road to Emmaus turned around when their hearts were on fire as they delved into Scripture and fully engaged in celebrating the breaking of the bread.

The folk on the journey are called pilgrims looking to stay on the road with the ultimate destination being eternal life. The largest group to which we belong is Christ's Pilgrim Church on Earth. The Bible is the complete guide, but sometimes we get caught up and miss stuff in the big book. Christ shared something with the leaders of our Movement to help folk stay on the road when pilgrims and folk who got stuck in a dark place or made a wrong turn on the road to Emmaus. We have this little book, "The Pilgrim's Guide."

If you have been living your 4<sup>th</sup> day for more than 3 years, the "Pilgrim's Guide" is the book buried with that first load of Palanca, the book in the bottom of the junk drawer. In the not too distant past, I suggested to a group of Cursillo Leaders that they bring their Pilgrim's Guides to every meeting that we had and was called names other than "little deacon" and "child of God." Folk had a different experience when they showed up to meet with a team from Cursillo National that said the same thing. Folk came to a Clausura, and marveled at the beauty and simplicity of the ceremony. It was outlined in the Pilgrim's Guide. You have your GPS in the car and positioning information programmed in your cell phone.

If you want to "Turn away from sin and believe in the Gospel," I have something that you should keep in your hip pocket, "The Pilgrim's Guide." When you want to prepare for a sacrament, cannot find a prayer for the occasion, forgot the reunion format, what to recall the practices to stay grounded in the faith from the Sunday talks or pray the rosary, stop shooting from the hip. Put your Pilgrim's Guide in your hip pocket. When you cannot carry the big book, go to the "Pilgrim's Guide" so you can stay connected to the Pilgrim Church on earth and join the saints when you depart from the earth.



The last two pieces of advice for you: When it's time to practice, pick up and use your Pilgrim's Guide, and don't go by yourself; make personal contact and invite a brother or sister to walk with you and sing "I Want Jesus to Walk with Me." After making the practice of relying on the Pilgrim's Guide to live the Method, remember and live this last word. ULTREYA!

©Deacon Timothy E. Tilghman, March 2016  
Cursillo Spiritual Advisor

## **"Open the Eyes of My Heart, Lord"** **219<sup>th</sup> Women's Weekend**

*Open the eyes of my heart, Lord.* Words uttered in my mind as I stood on the cusp of the breaking sky high up in a cloud forest in Costa Rica. The dawn peering through in the fullness of its gilded light as if heaven's curtain was being pulled aside revealing a glimpse into His radiant splendor, 'Shining in the light of your glory.' Returning from that mountaintop experience, wisps of our awesome God can be found everywhere. 'I want to see you'. I see Him in the faces of such spirit-filled Cursillistas who make up the 219<sup>th</sup> Women's Cursillo team October 27-30, 2016: our theme, 'Open The Eyes of My Heart. Lord'.



God is continually pulling back the curtain and revealing himself through our sisters and brothers as we form Christian community.

*‘Pour out your power and love... we sing Holy, Holy, Holy’*



Pouring out their love is Jacquelyn DeMesme Gray, Assistant Rectora, our National Cursillo liaison- what a blessing; Co-Lay director, Laverne Atiba as Head Angel who will surely keep bells ringing throughout the weekend. She is assisted by two first timers, Michele Gilbert and Nina Martin both known for their compassionate hearts to serve. Because of the new venue, Sheronne Wilson, 3-day Co-Chair, will act as our liaison for smooth transition with our venue and caterer. Our spiritual advisors are headed by spirit led Monsignor Raymond East along with other Cursillista veterans, Brother Richard McCann and Ginny Novak who is also our head Musician. What a blessing! Previous rectora, Sandra Allison Harris and School of Leaders, Leanne Stivers will lead the table *‘Loving Through the Eyes... of God’s Caring Embrace’*; Angel veteran, Tanya Hankton and previous rectora, Beth Silcox will lead the table, *‘Walking Through the Eyes... of God’s Brilliant Light’*.

Beth will also aid Ginny with music. 3-day Co-Chair Jennifer Ferguson and our dynamic upcoming Co-Lay director, Cheryl Kerwin will partner at the table of *‘Seeing Through the Eyes... of God’s Perfect Sight’*; and spirit-filled veterans, Glenette Fitzmyer and Stefanie Miles make our team complete as they lead at the table of *‘Feeling Through the Eyes... of God’s Tender Touch.’* Like the clouds entwined in the beautiful tapestry of forest, we are called to be filled and to pour ourselves out... so He Can Reign!

De Colores!

*Eduardo Bonin, pray for us!  
St. Paul, our patron, pray for us!  
Cursillo family, pray for us!*

*Pam Lawson  
Coordinator*

***“Jesus, remember me  
when you come into  
your Kingdom”***

**Men’s 220th Cursillo Weekend  
November 17-20, 2016**

The theme of God’s weekend is **“JESUS, REMEMBER ME WHEN YOU COME INTO YOUR KINGDOM”**.

This theme came to me from that weekend’s Gospel and was one that really struck home for me. I took a class with my past parish priest Father Mark Ervin. He taught us the chant of “Jesus, remember me when you come into your Kingdom” in one of our meetings. I would often find myself singing this when I was alone and needed inspiration, guidance or help.



I recently found out that Father Mark has the same thing inscribed on his tombstone, *Rest in Peace Father Mark*. Father Mark passed away in January of 2016.

I am blessed and I have been blessed with such a wonderful team. As many before myself, I went through the process of asking and getting some yes's and some no's. I went through 2 no's before getting my assistant Dave Ranaghan. He is enduring knee pain to make it through the weekend before having it replaced. Dave will be giving the Ideal Rollo.

My Spiritual Leader is a kind and gentle man, Father William Foley. Father Foley will be giving the Sacraments Rollo.

I have 2 great Spiritual Advisors. Deacon Jim Caldwell. And the other is Sue Numrich. Sue is also my musician with some help from Charles Smallwood. I am so blessed.

My head Shepherd is Wayne Nostro. His Assistant is Michael Davenport. Mike will be giving the Study Rollo.

Charles Smallwood will be a table leader with Michael Downey and Anthony Colbert. Charles will be giving the Sunday meditation.

Michael Downey will be giving the Christianity in Action Rollo. Anthony Colbert will be giving the Saturday meditation.

Steve Reeves will put aside, for most of the weekend, his Deacon collar and be a table leader with Ronnie Bennett. Steve Reeves will be giving Piety Rollo. Ronnie Bennett, who is a first timer, will give the Study of the Environments Rollo.

Darren Barnes will be a table leader along with another first timer Carlos Victoria. Darren will be giving the Action Rollo and Carlos will be giving the Leaders Rollo. Robert Prestel will be a table leader along with John Richards and another first timer Demetrius Gleaton. Bob will be giving the Cursillista Beyond Cursillo Rollo, John will be giving the Friday meditation and Demetrius will be giving the Laity Rollo.

As we started formation, we ran into lots of obstacles. I knew God had a sense of humor as I worked through this. I prayed for strength which is why I think I had to deal with what I did. We had a change of venues, which in turn changed the weekend. This was helpful because it made my theme much easier to come up with. Then I had 2 of my team members drop out for very good reasons, almost lost a 3rd for most of formation, but Dave will work through the pain for me. Then I had a hard time finding replacements, but eventually did.

I will be giving the Total Security Rollo. I remember the day and the place I received the phone call to be the coordinator for the 220th Men's Cursillo weekend. It was a Saturday eve hanging around the camp fire, camping. A couple of days later I answered with a YES! Before the weekend was changed, I prayed and meditated over the Gospel for the weekend, I could not come up with a theme. It was kind of a gloomy Gospel.

I was reading a meditation one morning and this reoccurring theme came up over and over. God is enough! So I sat and talked with God and this is the conversation that we had.

*God is enough*

*God called to me,  
He asked me to follow His plan,  
I answered "I will",  
but said "I am only a man".*

*Then I continued by saying  
"this may be tough",  
And God said to me,  
"rest assured, I am enough".*

*God said to me,  
"I will make you a fisher of men",  
I explained that I don't know how,  
and then asked Him when?*

*God said that He wanted me,  
to coordinate the 220th Cursillo weekend,  
He continued to say  
"A great team I will assemble,  
for you, I will send".*

*I said to God,  
"I am not qualified, are you sure you want me"?*  
*God replied,  
"of course I do, and how wonderful it will be"*

*"I cannot do this" I said,  
"I have no experience", or so it seems.  
God said "It doesn't matter.  
See, I have already sent 219 great teams".*

*I said,  
"They were great leaders, that's a different  
story".  
God replied,  
"and you, like them, will bring me great Glory".*

*God said" I have for you candidates,*

*and will send them your way,  
And my Glory will shine,  
through their witnessing on that Sunday".*

*I will go then, Lord,  
and I need to start planning today,  
I will need your help and guidance,  
for this I will pray.*

*"You will do fine my son,  
you don't need any stuff",  
"For I am YOUR God,  
and I am enough".*

Since this conversation with God, He has changed the weekend and I feel it was for a very specific reason. It was my complaining, and more so, it was His plan for it to work this way. De Colores!

**YBIC,  
Marc Abresch, Coordinator  
220 Men's Cursillo Weekend**

**2016 PRODUCTION  
SCHEDULE  
4th. QUARTER ISSUE  
Oct. – Dec. 2016  
Submission Deadline  
Dec. 5, 2016**

**Publish Date – Dec. 15, 2016**

## **Mary Anne Upright--- Prayer Warrior**

*Please pray for healing of  
my mother.*

*Please pray that my son  
will find employment  
soon.*

*Please pray for the  
repose of the soul of ....*

---

These are the types of petitions that gave impetus to the prayer hotline which Mary Anne Upright began for the Washington Cursillo community nearly 25 years ago.



Actually, it started with a request from a co-worker for prayer for a deceased loved one. Mary Anne Upright sent the request to her email contacts which included her Ultreya in Clinton.

As requests grew and others wanted to be included, the list grew longer and longer. She had no idea that one request would blossom to possibly over 1,000 email contacts.

Mary Ann humbly says, "It was all the work of the Holy Spirit."

From Mary Anne's original list, she joined forces with others, namely, Cursillistas Sandy Barnes and Warren Newton. Also, Sue Brown from St. Margaret Catholic Church in Baltimore sends requests for her nearly 3, 000 parishioners. Requests for the Cursillo prayer line extend outside the Archdiocese as far south as Central Virginia and as far to the west to Kansas. There even have been occasions when the requests have had international origins and destinations. During the 25-year tenure, there has only been one inappropriate request which Mary Anne refused to honor (after consulting with the Lay Director) only after the requester refused to revise the wording.

Cursillistas are very familiar with [maupright@aol.com](mailto:maupright@aol.com), the connection to the prayer request line. How many of us really know the lady behind the email identity? I wanted to find out, especially since Mary Anne announced that she would be relinquishing her position as prayer line coordinator so that she could become involved in other ventures. So, on a rather warm noon day, I walked into Ruby Tuesdays in Clinton to be greeted with my name being called and a warm hug. That was the beginning of what had all the appearances of two old friends who had known each other for years. Mary Anne Upright is just that sort of lady, a constant exuberance of warmth and friendliness. Mary Anne Upright, a native Washingtonian, began her Fourth Day in 1987. Since then she has consistently been active in the movement.

She has served on several weekend teams; she was the *rectora* for the Women's Weekend 179 at Camp Letts.



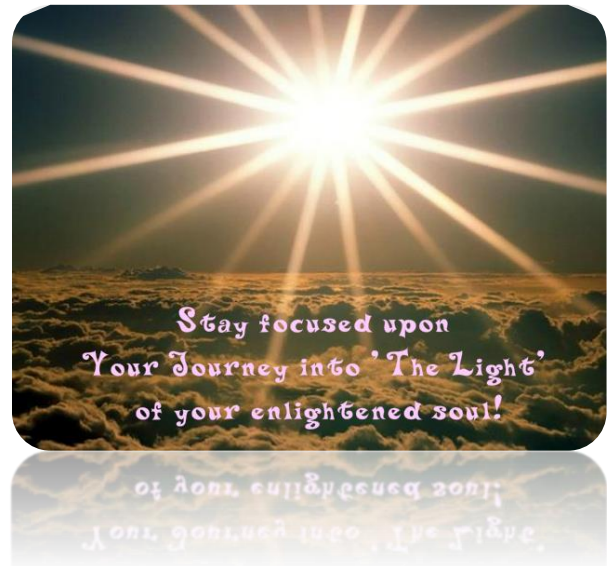
She is currently the leader for the Clinton Ultreya. She is married to Jerry, also an active Cursillista.



Mary Anne has found an abundance of spiritual satisfaction in her role with the prayer line. The prayer line has brought her through several personal crises.

In 1987 when her son John died at the early age of fourteen, Mary Ann experienced difficulty in praying. Later, when she could focus on the prayer line, she found a sense of peace and comfort for her bereavement. She told herself, "If you're having a bad day, focus on your prayer requests." That kept her problems in perspective, seeing that some other people were far worse than she was.

Mary Anne believes that praying is walking this earthly journey together. In 2007 her life changed as she was diagnosed with cancer. When she experienced several surgeries, chemotherapy, radiation, the emotional toils, she took a hiatus from Cursillo activities, but she never gave up on the prayer line. Again, it brought her a sense of strength for herself and deepened her compassion for others. It was also a therapeutic regimen.



On August 23rd, Mary Anne and Jerry Upright will fulfill a longtime passion when they leave for travel to Germany, Austria, Hungary, Switzerland and Liechtenstein.

The highlight of the trip will be a visit to the Diegelmann family farmhouse in Kerzell, Germany, which was the homestead for Mary Anne's father's family, which emigrated from there. Relatives still reside in the house. Her mother's family (Krautwurst) emigrated to Hungary from Germany before coming to the United States.

The Uprights are well-prepared and full of expectations for the trip. They have been taking German lessons to converse with their relatives. She has done genealogy studies of the Diegelmann and Mann (paternal grandmother) families as far back as the 1850's. Adding to their trove of information, a cousin here gave her their grandparents' passports, birth certificates and the family Bible.

Mary Anne and Jerry will travel to Des Moines, Iowa in the fall. This time the highlight of the trip will be August, a busy 15-month old toddler. (I saw Grandma's impressive photo gallery on her phone!)

When Grandma and Grandpop are not enjoying August, they will have time to visit with their son Adam and his wife.

As Mary Anne Upright takes leave of her duties as our prayer line coordinator, we send her off with our deepest gratitude for the love, compassion and commitment she has shown to the Washington Cursillo movement for nearly 25 years. In turn, Mary Anne extends her gratitude to the Cursillo community and friends for the faith and support shown over the years. Mary Anne gives a special shout out to Cursillista Ann Fisher, who rescued the prayer line whenever Mary Anne's computer crashed.

**As we say adieu to Mary Anne, we warmly welcome a well-known powerful prayer warrior, James (St. Martin's in The House) Brightful.** More details to be announced.

**AND PRAY IN THE SPIRIT ON ALL OCCASIONS WITH ALL KINDS OF PRAYERS AND REQUESTS. WITH THIS IN MIND, BE ALERT AND ALWAYS KEEP ON PRAYING FOR THE LORD'S PEOPLE. EPHESIANS 1:18**

*Burma S. Hill  
Women's 189th Cursillo  
Central Prince George's Ulteya*



*If you need prayer or know someone who does, please send your request to James Brightful at [jamesb.vacation@gmail.com](mailto:jamesb.vacation@gmail.com). The Lord calls each of us to pray unceasingly. Our community is strongest when we are in prayer for one another and all those who so desperately need our prayers throughout the world. **Please pray with me.***

## ***Fifth Day Corner I Feel Like Going On...***

**Mary Erma Proctor**  
*199<sup>th</sup> Women's' Cursillo Weekend*  
*Church of the Incarnation*  
**Sunrise: December 8, 1946**  
**Sunset: August 9, 2016**



In each issue of the Fourth Day News, we remember a Cursillista who has gone into their 5<sup>th</sup> Day. It is our way of keeping in touch of what we all are working towards. This issue, we remember Mary Erma Proctor.

At the beginning of our last East of the River Revival committee meeting, our chairperson started as usual, with prayer and a meditational song. This time, for me it was different. The meditational song was in memory of a lost committee member, my friend and fellow Cursillista, Miss Mary "Erma" Proctor, committee representative from Church of the Incarnation. The song playing was "***I Feel Like Going On***" ...and as I listened to it I couldn't help this feeling washing over me, being in awe of Erma's life and how **perfect** this song was in tribute to her.

Erma, as she was known to everyone, had been battling cancer for a long time, going in and out of remission. You, however, would never have known it unless she told you (she did not share this with a lot of people nor did she talk about it) because she felt like going on, she never stopped living her life, doing the things she enjoyed in spite of. She was a woman who loved to serve her family, her church, her community and was determined to keep doing it. Those who knew Erma I'm sure wondered a lot of times where she got the energy to serve in so many organizations- Sodality, St. Vincent De Paul, Red Circle Club, Liturgy Committee, Fellowship Choir, Knights of Peter Claver Ladies Auxiliary, Sisters in the Spirit, Archdiocese Mass Choir, National Council of Negro Women, Delta Sigma Theta Sorority (just to name a few - smile) but it was easy for her because God gave her a heart of love and a heart of service to her fellow man.

Erma left a powerful legacy through joys and sorrows, trials and triumphs, health and sickness. "Keep your eye on the prize" and "keep going on, if God puts you to it, He'll see you through it!"

This last year and particularly the last couple of months the Fellowship Choir could sense a change in Erma and we quietly speculated that she was no longer in remission. Her body started slowing down but her spirit and determination never wavered. She'd be tired, moving more slowly but she'd never miss a rehearsal, never miss an organization meeting, still showed up at the Tuesday Crochet Club gathering, still worked the church bingo, still packed food bags for the St. Vincent De Paul food distribution, still baked her famous cakes, still loved to get together with friends to go out to eat. She fought and kept going, with a smile on her face.

She felt like going on with life and then one day, August 9, 2016 ...she felt like going... home... to be with her Lord...

De Colores my sister. Rest now!

*Denise Wilson  
195th Women's Weekend*

## **AND the WINNER IS! News from School of Leaders**

During this past year of Leaders School there has been a fast and furious competition to win the coveted Cursillo Chicken. The Ultreya, that has the best attendance at Leaders School during the school year not only wins the chicken, but also is the winner of a scholarship to send any one person on a Cursillo Weekend. This year it was neck and neck between the Laurel Ultreya and North East / South East Ultreya, but in the end Laurel was the winner.

## **Congratulations Laurel!**

Now we are focusing on a new school year and we have a new chicken ready to be won by some lucky Ultreya. Leaders School is a good way to keep your faith study going and reconnect with fellow Cursillistas, there are wonderful speakers lined up so come join us this fall. Who knows, your Ultreya could walk away with the coveted Cursillo chicken, but if not you will enrich your life and be glad you came.

*Rich & Marion Gould  
Pre-Cursillo Committee*



## **“LONELY BUT NOT ALONE”**

As Cursillistas we are taught to be leaders, to *make a friend, be a friend and bring that friend to Christ*. But how many of us minister in places where no one wants to walk? In Hospice, Prisons, Nursing Homes and places of loneliness and hopelessness.

Recently, I had my third spinal surgery. I knew from past experience that it wasn't going to be easy, but I could do it with the love and prayers of my family, my faith community and you Cursillistas. When the diagnosis came, it seemed that God wasn't giving me any options, I had to go to surgery, again. I remember asking him, “why Lord, why” and I didn't get an answer. I began to search my heart for what God wanted me to learn because I truly believe that in every situation where he is allowing you to go through a difficult time, he is drawing you nearer to him, to point out some weakness that he needs to fix in you. You see, it never made sense to me that He would take me out of the battle field, lay me flat on my back, without the ability to do anything for yourself, unless He had a good reason.

In the quiet hours following the surgery and throughout the healing process, I cried and felt lonelier than I've ever experienced in my entire life. This post-surgery time was different, not difficult, but different. There were lots of people around, taking care of my every need, but I was lonely. I didn't understand it because it hurt so bad, and then it came to me, God wanted two things from me, “patience” and “an understanding of how it felt to be lonely”. It feels like you are forgotten, even when people are there. It feels like you are useless and worthless. Sounds familiar?



It's my view of what it must feel like to be locked away in prison, in a nursing home with visitors, or in transition, on that journey alone.

I've come through this period of loneliness with a lesson in patience and a deeper understanding of why God stopped me, and called me to spend some uninterrupted time with Him.

Each day I pray, but not like I used to. I remember the hurting and hopeless people of the world first and ask God to let them know they are not alone, that He is there with them. I spend time with Him, but not like I used to. It's like this, with every move we make towards God, He pulls us closer to Himself. So for the time I'm spending mending, with Christ, I'm not alone and never lonely! Ultreya! (LARSK)

Lethia Amelia Robinson Smith Kelly  
103rd Women's Cursillo Weekend  
St. Teresa of Avila Ultreya



# CALENDAR OF EVENTS

## UPCOMING WEEKENDS

**Holy Family Seminary**  
401 Randolph Road  
Silver Spring, MD 20904

**October 27 -30, 2016**

**219<sup>th</sup> Women's Cursillo Weekend**  
Coordinator, Pamela Lawson  
Liaisons, Bernadette White/Jennifer  
Tilghman

**November 17 - 20, 2016**

**220<sup>th</sup> Men's Cursillo Weekend**  
Coordinator, Marc Abresch  
Liaison, Stefan Abresch



## **CURSILLO SCHOOL OF LEADERS (CSOL)**

**St. Joseph's Church**

**2020 Saint Joseph's Dr., Largo, MD 20774**

**7:00pm – 8:50pm**

## **2016 Workshop Schedule**

**Wednesday, October 19, 2016**

**7:00-8:50pm**

**Wednesday, November 16, 2016**

**7:00-8:50pm**

**Region II Fall Encounter**

**October 21-23, 2016**

**Pope John Paul II Retreat Center**

**414 S. 8<sup>th</sup> Street, Vineland, NJ 08360**

## **Advent Day of Reflection**

**December 11, 2016, 2-4pm**

**Our Lady Queen of Peace**  
3800 Ely Place SE,  
Washington DC 20019

**Speaker: Cheryl Pilkington**  
**Spiritual Advisor**

**St. John Vianney, Calvert Ultreya**

*Prior to the start of our Advent Day of Reflection we will have installation of the new Co-Lay Directors, Cheryl Kerwin and Shelia Vallot along with new members of the Secretariat. Please join us!*

## **CURSILLO 2016 PICTORIAL**



## **Member DIRECTORY**

Just to keep everyone updated. The directory is in for production. Thanks to the many people who were able to come out and take part in this update of our Washington Cursillo Directory, it will be a beautiful publication. We expect to have the directories sometime in late November. We will distribute directories to the Ultreya Leaders. If you purchased photos, your directory will come directly to you from LifeTouch. All others can be picked up at your Ultreya Meetings. REMEMBER, only those who took pictures will have a Directory. If you wish to buy one, please contact Shelia "Bubbles" Vallot at [svallot@verizon.net](mailto:svallot@verizon.net). Each Ultreya Leader will get a Directory for the Ultreya! Stay tuned for more information! De Colores.

# ULTREYA

## **Assumption**

1:30pm, 2<sup>nd</sup> Saturday  
Undercroft  
Assumption Church

**Gwendolyn Jarmon**

[gwendolyn.jarman@rcn.com](mailto:gwendolyn.jarman@rcn.com)  
**Richard Sylvester**

## **Bowie-Lanham**

7:00pm, 2nd Friday  
St. Edward's, Bowie

**Judy Kelly**

301-249-7197  
[Marme1999@gmail.com](mailto:Marme1999@gmail.com)  
**Jim Carrier**  
[jamescarrier@comcast.net](mailto:jamescarrier@comcast.net)

## **Calvert County**

7:30pm, 2nd Monday  
St. John Vianney  
Church Basement

**Rita Leclerc**

410-326-2078  
[leclercrita@hotmail.com](mailto:leclercrita@hotmail.com)  
**Gisela Victoria**  
[gizelstix@comcast.net](mailto:gizelstix@comcast.net)  
**Linda Pixton**  
410-610-9193  
[lindapixton@gmail.com](mailto:lindapixton@gmail.com)  
**Leanne Stivers**  
443-468-2048  
[lcstivers87@gmail.com](mailto:lcstivers87@gmail.com)

## **Central PG County**

7pm, 4<sup>th</sup> Monday  
Rosemont Room  
St. Joseph's in Largo

**Burma Hill**

[burmahill57@aol.com](mailto:burmahill57@aol.com)  
**Thelma Adams**  
[thelmaadams1@verizon.net](mailto:thelmaadams1@verizon.net)  
**Valetta Wallace**  
[nettasnest@verizon.net](mailto:nettasnest@verizon.net)

## **East of the River**

7:30pm, 4th Friday  
OLPH  
1st Portable Bldg.

**Pearl Baylor**

301-894-8405  
[pearlbaylor@yahoo.com](mailto:pearlbaylor@yahoo.com)  
**Rita Robinson**  
301-297-7769  
[equityassurance@hotmail.com](mailto:equityassurance@hotmail.com)

## **Forestville**

**St. John the Evangelist**  
7:00pm, 2nd Sunday

**MaryAnne Upright**

[MAUpright@aol.com](mailto:MAUpright@aol.com)  
301-868-5774

## **Laurel**

7:30pm, 3rd Friday  
St. Nicholas Church  
8603 Contee Road  
Laurel, MD 20708

**Dave Ranaghan**

[ranaghan@verizon.net](mailto:ranaghan@verizon.net)  
**Dorie Ranaghan**  
[doralisj@verizon.net](mailto:doralisj@verizon.net)  
**Tom Arnold**  
[Tkkcm1@yahoo.com](mailto:Tkkcm1@yahoo.com)  
**Debbie Rausch**  
[rauschda@gmail.com](mailto:rauschda@gmail.com)

## **Montgomery County**

7:30pm, 1st Saturday  
**Missionaries of the  
Most Holy Trinity Home**  
1733 Metzert Road  
Adelphi MD

**Sue Numrich**

[SNumrich@ida.org](mailto:SNumrich@ida.org)  
**Fay McAneny**  
301-806-0960

## **North Montgomery County**

7:15 pm 3rd Friday  
**St. Paul's Church Hall**  
9240 Damascus Rd., Damascus, MD 20872

**Steve & Rosemary  
Reeves**

301-391-6580  
[deacon.steve.reeves@outlook.com](mailto:deacon.steve.reeves@outlook.com)

## **NE/SE**

7:30pm, 1st Friday  
St. Anthony's Cafeteria

**Carrie Clark**

[Carrie\\_johnsonclark@yahoo.com](mailto:Carrie_johnsonclark@yahoo.com)  
**Duane Clark**  
[Trekkieful957@yahoo.com](mailto:Trekkieful957@yahoo.com)

## **St. Teresa of Avila**

7:30pm, 2nd Monday  
St. Teresa's Church  
Parish Life Center (PLC)  
14<sup>th</sup> & V Streets, SE, Washington, DC

**Paul Washington**

[pmwashi@hotmail.com](mailto:pmwashi@hotmail.com)  
[staUltreya@gmail.com](mailto:staUltreya@gmail.com)

## **So. Maryland**

7pm, 4th Wednesday  
St. Mary's Church  
Newport

**Marc Abresch**

[tipmanrules@hotmail.com](mailto:tipmanrules@hotmail.com)  
**Christine Abresch**  
[chrisabresch@hotmail.com](mailto:chrisabresch@hotmail.com)

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