



The Mobile Health Center travels to under-served areas in the community to bring essential primary care services, dental, prevention and wellness programs to residents who may not have easy access to traditional health care.

DECEMBER 2018 - STRESS AWARENESS

DATE	PLACE	ADDRESS	TIME
Saturday, Dec. 1 Christmas Parade	Chesapeake Beach North Beach	Chesapeake Avenue Chesapeake Beach, MD	TBD
Monday, Dec. 3 Lusby	Southern Pines Senior Center	20 Appeal Lane Lusby, MD	10 a.m. - 12 p.m.
Tuesday, Dec. 4 Prince Frederick	College of Southern Maryland Health Fair	115 JW Williams Road Prince Frederick	1 p.m. - 3 p.m.
Thursday, Dec. 6 Prince Frederick	Project Echo Safe Nights	484 Main Street Prince Frederick, MD	9 a.m. - 12 p.m.
Monday, Dec. 10 North Beach	North Beach Senior Center	9010 Chesapeake Avenue North Beach, MD	10 a.m. - 12 p.m.
Tuesday, Dec. 11 North Beach	St. Anthony's Church Food Pantry	8823 Dayton Avenue North Beach, MD	12 p.m. - 2 p.m.
Wednesday, Dec. 12 Lusby	Community Life Center/SMILE Food Pantry	10210 HG Trueman Road Lusby, MD	10 a.m. - 2 p.m.
Monday, Dec. 17 Prince Frederick	Calvert Pines Senior Center	405 West Dares Beach Rd. Prince Frederick, MD	10 a.m. - 12 p.m.
Tuesday, Dec. 18 Prince Frederick	Project Echo ? Dental Screenings	484 Main Street Prince Frederick, MD	4 p.m. - 6 p.m. am if no dental
Wednesday, Dec. 19 Prince Frederick	St. John Vianney Food Pantry	105 Vianney Lane Prince Frederick, MD	3 p.m. - 6 p.m.
Thursday, Dec. 27 Huntingtown	Chesapeake Cares Church Food Pantry	6045 Solomons Island Road Huntingtown, MD	9:30a.m.-12p.m.



CalvertHealthMedicine.org/MobileHealthCenter